

# Summary of Working Lunch

Prevention of Bullying Abuse and  
School Violence

# Challenges you face with respect to prevention

- Lack of time and resources
- Need for buy-in from and communication between key players:
  - teachers, parents, administration, students
- Media/technology promotes violence
- Diversity/cultural differences
  - Both between and within schools
- Need for effective programs
  - training for parents and teachers
  - giving them something that works

# Challenges you face with respect to intervention

- Many of the challenges listed for prevention exist for intervention too
- Coping with the effects of being bullied
  - resilience
- Identification:
  - who is being bullied by whom
  - who are the by-standers
- Breaking down the code of silence, fear, secrecy
- Enabling attitudes by parents, teachers, administration, students (school culture)
- Need for buy-in of administration

# **Your unmet needs with respect to prevention**

- Consistency in identification of bullies
- Consistency and continuity of effective programs
- Time, money, materials, other resources
- Proactive or preventative approach
- Parental connection
- Skill building/training
- Classroom management strategies for teachers
- How does one create change in culture?
- Volunteers, finding people committed to it
- More school counselors and social workers
- More leadership opportunities for the ringleaders  
(make them prosocial)

# **Your unmet needs with respect to intervention**

- Many of the challenges listed for prevention exist for intervention too
- Proactive interventions
- Outside resources
- More funding/school counselors
- Teacher involvement and ownership – follow through
- Reaching parents and providing training – changing the home environment

# Creative ways to address these problems

- Mentoring programs and team building
- More elementary school counselors and social workers
- PBIS
- Big Brother/Sister programs
- Corporate, community partnerships
- Increasing the importance and resources devoted to promoting prosocial behavior (relative to academics)
- Integrating social-emotional skill training into academics
- Parental involvement and parenting classes
- Using technology and media e.g., anti-bullying video game

# Creative ways to address these problems

- Peer tutoring
- Rachael's Challenge
- Therapeutic interventions in ISS
- Student created assemblies
- Clear procedures for what to do and awareness training
- Use humor
- Incentive programs for good behavior
- More positive leadership opportunities for the ringleaders