

Tory Glenn Watnick

917-703-7614 | torywatn@buffalo.edu

Education:

University at Buffalo, State University of New York (Buffalo, NY), Ph.D., Combined Program in Counseling and School Psychology (Concentration: School Psychology, APA accredited). Advisor: Dr. Cook-Cottone, Ph.D. August 2025-present

Hunter College, School of Education, CUNY, New York, NY. Master of Science in Education, Special/General Childhood Education (Grades 1-6), June 2025, **4.0/4.0 GPA.**

Cornell University, Ithaca, NY. Psychology BA, *magna cum laude* (awarded to **four** students in graduating class of 145), May 2023, **3.91 GPA.**

Macaulay Honors College, Baruch College, CUNY, New York, NY. Full Merit Scholarship, August 2019-20, **4.0/4.0 GPA.**

Publication:

Watnick, T., Zitek, E., Trautmann, C. (2024). *Eating Disorders for Female College Athletes in Subjective vs. Objective Scoring Sports*. Manuscript to be submitted.

Honors & Awards:

Honors Program, Department of Psychology, Cornell University.

Dean's List, Cornell University, 2020-23.

Research Presenter, Cornell University Undergraduate Psychology Conference, 2023.

Poster Session Presenter, Cornell University Undergraduate Psychology Conference, 2022.

Dean's List, Macaulay Honors College, Baruch College, CUNY, 2019-20.

Research Experience:

Ongoing Post-Undergraduate Research Project, May 2023-Present: Develop honors thesis research and paper, *Eating Disorders for Female College Athletes in Subjective vs. Objective Scoring Sports*; collected new sample from students in different college sports than original sample; analyzed new data using SPSS and ATLAS.ti; formatted manuscript to prepare and submit for publication. Collaborators: Charles Trautmann Ph.D. and Emily Zitek Ph.D., Department of Psychology, Cornell University.

Senior Honors Thesis, Cornell University, August 2022-May 2023: Accepted to complete senior year honors thesis, *Assessing the Risk Factors of Eating Disorders for Female College Athletes in Subjective Scoring Sports Compared to Objective Scoring Sports*; conducted empirical study considering eating disorders in college athletes; proposed and conducted original research project; received Institutional Review Board (IRB) approval; analyzed data using SPSS, ATLAS.ti; presented and passed oral defense. Thesis Committee: Charles Trautmann Ph.D. and Emily Zitek Ph.D., Department of Psychology.

Research Assistant, Environment and Community Relations Lab, Cornell University, August 2021-May 2022: Conducted two-semester-long empirical studies on environmental behavior; completed literature review; created Qualtrics survey; coded and analyzed data. Supervisor: Charles Trautmann Ph.D., Department of Psychology.

Nutrition Research Member, Cornell University, January-May 2022: Critiqued and assessed experimental studies. Supervisor: David Levitsky Ph.D., Department of Psychology.

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Clinical and Professional Experience:

Learning & Development Graduate Assistant, University at Buffalo Bulls Athletics, Office of Student-Athlete Success, Buffalo, NY, August 2025-present: Serve as an Academic Support Specialist to support student-athletes' academic success; distribute and analyze academic screenings; provide students with learning evaluation services and consultation.

Special/General Education Middle School Teacher, WHIN Music Community Charter School, New York, NY, August 2023-August 2025: Special/general education teacher for sixth through eighth grade English language arts and social studies; plan social-emotional advisory activities; write Individual Education Programs (IEPs) and attend IEP meetings; plan lessons; utilize classroom management strategies for four sections of 25+ students; write progress reports and report cards.

Teach For America Corps Member, New York, NY, June 2023-June 2025: Selected from approximately 12,000 applicants nationwide to join a teacher corps of college graduates and professionals who commit two years to teach in historically low-income public schools.

Intern, Skaneateles Psychology Associates, Skaneateles, NY, February 2022-April 2023: Worked closely with director of practice to research and create mental health media content.

Crisis Counselor, Crisis Text Line, September 2022-May 2023: Engaged in a six-week training course; provided support, resources, and empathy to those experiencing distress.

Figure Skating Coach and Counselor, New York, NY, Hackensack, NJ, Elmsford, NY, 2017-2024: Teach skaters between the ages of five to adult basic skating skills; wrote progress reports; organized "off-ice" activities during summer season.

Teaching Assistant, Perspectives in Teaching (EDUC 4050), Cornell University, Ithaca, NY, 2022-23: Taught classes, prepared lesson plans; attended weekly meetings; and graded written assignments.

Professional & Honor Societies:

Psi Chi, International Honors Society in Psychology, Cornell University, 2021-2023.

Activities & Leadership:

Cornell University Figure Skating Team, Co-President (2022/23), Social Chair (2021/22).

Competitive Figure Skater, 2010-2023. Achievements include United States Figure Skating Double Gold Medalist; United States 2023 National Intercollegiate Figure Skating Bronze Medalist; United States 2023 Eastern Sectional Senior Ladies Competitor (top 54 nationally plus byes); United States Figure Skating 2020 North Atlantic Regional Junior Ladies Silver Medalist; United States 2020 Eastern Sectional Junior Ladies Competitor (top 36 nationally plus byes).

Mentor for Ballet & Books, Ithaca, NY, 2020-2023: Mentored local elementary students

AmsterDog Rescue & Pound Hounds ResQ, Dog Fosterer/ Rescuer, New York, NY, 2016-2019.

Certifications:

Transitional B Teaching Certification, New York State Education Department, October 2023.

Professional Figure Skating Coach, United States Figure Skating Association, January 2020.

Skills: Proficient in: SPSS | ATLAS.ti | R Programming Language | Qualtrics