

REZA NAHID SAHLAN, M.Sc.

Curriculum Vitae

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EDUCATION

- 2023-present **Ph.D. in Counseling Psychology**
State University of New York at Buffalo,
Department of Counseling, School, and Educational Psychology, Graduate School
of Education, University at Buffalo-SUNY, Buffalo, NY, United States
Supervised by Myles Faith, Ph.D.
- 2016 **M.Sc. in Clinical Psychology**
Iran University of Medical Sciences,
School of Behavioral Sciences and Mental Health, Department of Clinical
Psychology, Tehran, Iran
Thesis: Comparison of overvaluation of weight and shape, self-esteem, and weight bias internalization in obese women with and without binge eating disorder and a normal-weight control group
Supervised by Mohammad-Kazem Atef-Vahid, Ph.D.
GPA: 3.62 (16.90/20)
- 2012 **B.A in Clinical Psychology**
University of Tabriz, Department of Education and Psychology
Tabriz, Iran
Thesis: Health-related quality of life and coping strategies among undergraduate students
Supervised by Hamid Poursharifi, Ph.D.
GPA: 3.78 (17.40/20)
Psychology GPA: 18.04/20

Grants, AWARDS & ACHIEVEMENTS

- 2017 Recognized by Iranian National Elite Foundation
- 2015 Master's thesis grant through Iran University of Medical Sciences (20,000,000 Rial [Iranian currency])
- 2015 Independent research grant through Iran University of Medical Sciences (7,000,000 Rial [Iranian currency])
- 2012 Ranked 2nd out of 3,197 applicants on national Clinical Psychology entrance exam
- 2012 - 2016 Iranian Minister of Health and Medical Education M.Sc. Scholarship
- 2012 - 2016 Iranian University of Medical Sciences Center for Talented Students
- 2008 - 2012 Iranian Ministry of Sciences B.A. Scholarship
- 2008 Ranked 1,133 out of 458,991 in Universities National Entrance Exam

PEER-REVIEWED PUBLICATIONS

1. **Sahlan, R. N.,** Shruti, S. K. R., Uzoegwu, K. P, Wong, V., & Smith, A. (*in press*). Eating disorder symptoms, attention deficit/hyperactivity disorder symptoms, and executive

- functioning deficits in Iranian college students: A network analysis. *Journal of Social and Clinical Psychology*.
2. Swami, V., Tran, U. S., Stieger, S., Aavik, T., ..., **Sahlan, R. N.**, ..., M., ... Voracek, M. (2023). Body appreciation around the world: Measurement invariance of the Body Appreciation Scale-2 (BAS-2) across 65 nations, 40 languages, gender identities, and age. *Body image*, 46, 449–466. <https://doi.org/10.1016/j.bodyim.2023.07.010>
 3. **Sahlan, R. N.**, Saunders, J. F., Klimek, P., Convertino, A. D., Lavender, L. M., Fitzsimmons-Craft, E. E., & Nagata, J. M. (2023). Validation of a Farsi version of the Eating Disorder Examination Questionnaire (F-EDE-Q) in adolescents and university students from Iran, *Journal of Eating Disorders*, 11(1), 105. <https://doi.org/10.1186/s40337-023-00830-y>
 4. **Sahlan, R. N.**, Shruti, S. K. R., Uzoegwu, K., & Smith, A. (2023). Fear of COVID-19, insomnia, and eating disorder symptoms among Iranian college students. *Journal of Affective Disorders Reports*, 13, 100601. <https://doi.org/10.1016/j.jadr.2023.100601>
 5. **Sahlan, R. N.**, Saunders, J. F., & Fitzsimmons-Craft, E.E. (2023). Validation of a Farsi version of the Eating Pathology Symptoms Inventory among Iranian adolescents. *Eating and Weight Disorders*, 28(1), 33. <https://doi.org/10.1007/s40519-023-01561-4>
 6. Gattino, S. Czepczor-Bernat, K., Fedi, A., Boza, M., Brytek-Matera, A., Boza, M., Lemoine, J. E., **Sahlan, R. N.**, Wilson, E., De Piccoli, N., & Rollero, C. (2023). Self-objectification and its biological, psychological and social predictors: A cross-cultural study in four European countries and Iran. *Europe's Journal of Psychology*. <https://doi.org/10.5964/ejop.6075>
 7. **Sahlan, R. N.**, Grunewald, W., & Smith, A. (2023). Validations of the Farsi versions of the Depressive Symptom Inventory Suicidality Subscale (F-DSI-SS) and Suicide Rumination Scale (F-SRS) among Iranian college students. *Suicide and Life-Threatening Behavior*, 10.1111/sltb.12917. <https://doi.org/10.1111/sltb.12917>
 8. **Sahlan, R. N.**, & Sala, M. (2023). Eating disorder psychopathology and resilience in Iranian college students: A network analysis. *Journal of Clinical Psychology*. <https://doi.org/10.1002/jclp.23428>
 9. **Sahlan, R. N.**, Serier, K. N., & Smith, J. E. (2022). Using exploratory structural equation modeling (ESEM) to examine the factor structure and measurement invariance of the Farsi version of the Children's Eating Attitudes Test (F-ChEAT) among Iranian preadolescents across gender and age. *Child Psychiatry and Human Development*. <https://doi.org/10.1007/s10578-022-01466-w>
 10. **Sahlan, R. N.**, & Sala, M. (2022). Eating disorder psychopathology and negative affect in Iranian college students: A network analysis. *Journal of Eating Disorders*, 10(1), 164. <https://doi.org/10.1186/s40337-022-00683-x>

11. Laconi, S., Kalaitzaki, A., Spritzer, D.T, ..., & **Sahlan, R. N.** (2022). A Cross-cultural exploration of problematic Internet use, pathological personality traits, defense mechanisms, coping strategies, and self-esteem in 14 countries. *Annales Médico-Psychologiques Revue Psychiatrique*. <https://doi.org/10.1016/j.amp.2022.09.008>
12. **Sahlan, R. N.**, Akoury, L. M., Habashy, J., Culbert, K. M., & Warren, C. S. (2022). Sociocultural correlates of eating pathology in college women from US and Iran. *Frontiers in Psychology*, 13:966810. <http://dx.doi.org/10.3389/fpsyg.2022.966810>
13. Kalaitzaki, A., Laconi, S., Spritzer, D.T, ..., & **Sahlan, R. N.** (2022). The prevalence and predictors of problematic mobile phone use: A 14-country empirical survey. *International Journal of Mental Health and Addiction*. <https://doi.org/10.1007/s11469-022-00901-2>
14. **Sahlan, R. N.**, Blomquist, K. K., & Bodell, L. P. (2022). Psychometric properties of the Farsi version of the Eating Pathology Symptoms Inventory (F-EPSI) among Iranian university men and women. *Journal of Eating Disorders*, 10(1), 67. <https://doi.org/10.1186/s40337-022-00587-w>
15. Rollero, C., Czepczor-Bernat, K., Fedi, A., Boza, M., Brytek-Matera, A., Lemoine, J. E., **Sahlan, R. N.**, Wilson, E., De Piccoli, N., & Gattino, S. (2022). Life satisfaction in Europe and Iran: the role of self-esteem, gender identification and ambivalent sexism. *Current Psychology*. <https://doi.org/10.1007/s12144-022-03381-8>
16. **Sahlan, R. N.**, Todd, J., & Swami, V. (2022). Psychometric properties of a Farsi translation of the Functionality Appreciation Scale (FAS) in Iranian adolescents. *Body Image*, 41, 163–171. <https://doi.org/10.1016/j.bodyim.2022.02.011>
17. **Sahlan, R. N.**, Keshishian, A. C., Christian, C. B., & Levinson, C. L. (2022). Eating disorder and social anxiety symptoms in Iranian preadolescents: A network analysis. *Eating and Weight Disorders*, 27(5), 1855–1867. <https://doi.org/10.1007/s40519-021-01329-8>
18. **Sahlan, R. N.**, Saunders, J. F., Perez, M., Blomquist, K. K., Fitzsimmons-Craft, E. E., & Bodell, L. P. (2022). The validation of a Farsi version of the Clinical Impairment Assessment (F-CIA) among Iranian adolescent boys and girls. *Eating and Weight Disorders*, 27(2), 665–674. <https://doi.org/10.1007/s40519-021-01204-6>
19. **Sahlan, R. N.**, Saunders, J. F., Perez, M., Blomquist, K. K., Fitzsimmons-Craft, E. E., & Bodell, L. P. (2021). The validation of a Farsi version of the Loss of Control Over Eating Scale (F-LOCES) among Iranian adolescent boys and girls. *Eating Behaviors*, 41, 101502. <https://doi.org/10.1016/j.eatbeh.2021.101502>
20. **Sahlan, R. N.**, Saunders, J. F., Mond, J. M., & Fitzsimmons-Craft, E. E. (2021). Eating disorder symptoms among adolescent boys and girls in Iran. *International Journal of Eating Disorders*, 54(1), 19-23. <https://doi.org/10.1002/eat.23420>
21. **Sahlan, R. N.**, Saunders, J. F., & Fitzsimmons-Craft, E. E. (2021). Body-, eating-, and exercise-related social comparison behavior and disordered eating in college women in the

- U.S. and Iran: A cross-cultural comparison. *Eating Behaviors*, 101451. <https://doi.org/10.1016/j.eatbeh.2020.101451>
22. **Sahlan, R. N.**, Williams, B. M., Forrest, L. N., Saunders, J. F., Fitzsimmons-Craft, E. E., & Levinson, C. L. (2021). Disordered eating, self-esteem, and depression symptoms in Iranian adolescents and young adults: A network analysis. *International Journal of Eating Disorders*, 54(2), 132-147. <https://doi.org/10.1002/eat.23365>
 23. **Sahlan, R. N.**, Akoury, L. M., & Taravatrooy, F. (2020). Validation of a Farsi version of the Sociocultural Attitudes Towards Appearance Questionnaire-4 (F-SATAQ-4) in Iranian men and women. *Eating Behaviors*, 101438. <https://doi.org/10.1016/j.eatbeh.2020.101438>
 24. **Sahlan, R. N.**, Saunders, J. F., Fitzsimmons-Craft, E. E., & Taravatrooy, F. (2020). The validity and reliability of the Farsi version of the Body, Eating, and Exercise Comparison Orientation Measure (F-BEECOM) among Iranian male and female students. *Body Image*, 34, 72-84. <https://doi.org/10.1016/j.bodyim.2020.05.006>
 25. **Sahlan, R. N.**, Taravatrooy, F., Quick, V., & Mond, J. M. (2020). Eating-disordered behavior among male and female college students in Iran. *Eating Behaviors*, 37, 101378. <https://doi.org/10.1016/j.eatbeh.2020.101378>
 26. Swami, V., Tran, U. S., Barron, D., Afhami, R., Aimé, A., Almenara, C. A., ..., **Sahlan, R. N.**, ..., Voracek, Martin. (2020). The breast size satisfaction survey (BSSS): Breast size dissatisfaction and its antecedents and outcomes in women from 40 nations. *Body Image*, 32, 199-217. <https://doi.org/10.1016/j.bodyim.2020.01.006>
 27. Jones, D. N., Neria, A. L., Helm, F. A., **Sahlan, R. N.**, & Carré, J. R. (2020). Religious overclaiming and support for religious aggression. *Social Psychological and Personality Science*, 11(7), 1011–1021. <https://doi.org/10.1177/1948550620912880>

PUBLISHED BOOK

1. Javaheri, A., **Sahlan, R. N.**, & Gharraee, B. (2017). *Functional family therapy clinical training manual*. Rooz-Andish Publications (in Farsi).

MANUSCRIPTS UNDER REVIEW

1. **Sahlan, R. N.**, Grunewald, W., & Brown, T. (manuscript under review). Differential associations of manic/hypomanic symptoms and suicidal ideation by levels of weight and shape concerns among Iranian college students. *Journal of Clinical Psychology*.
2. Swami, V., Tran, U. S., Stieger, S., Aavik, T., ..., **Sahlan, R. N.**, ..., M., ... Voracek, M. (revisions submitted). Life satisfaction around the world: Measurement invariance of the Satisfaction with Life Scale (SWLS) across 65 nations, 40 languages, gender identities, and age groups. *BMC Public Health*

MANUSCRIPTS IN PREPARATION

1. **Sahlan, R. N.,** & Sala, M. *Eating disorder psychopathology and insomnia in Iranian individuals: A network analysis.*
2. **Sahlan, R. N.,** Hernandez, J., & Perez, M. *Eating disorder psychopathology and emotion regulation among the United States and Iranian college men and women: A latent variable network.*
3. **Sahlan, R. N.,** & Perez, M. *Measurement invariance and confirmatory factor analysis of the Interpersonal Relationships in Eating Disorders (IR-ED) among college men and women in the United States and Iran.*

ORAL PRESENTATIONS

1. Saunders, J. F., **Sahlan, R. N.,** & Fitzsimmons-Craft, E.E. (June 2023). *Validation of the Farsi versions of four eating pathology assessments among Iranian adolescents.* Paper presented at the annual meeting of the International Conference on Eating Disorders, Washington, DC.
2. Kinkel-Ram, S. S., **Sahlan, R. N.,** Uzoegwu, K., Wong, V. & Smith, A. (June 2023). *A network analysis of eating disorder symptoms, attention-deficit/hyperactivity disorder symptoms, and executive functioning deficits in Iranian college students.* Paper presented at the annual meeting of the International Conference on Eating Disorders, Washington, DC.
3. **Sahlan, R. N.,** & Sala, M. (March 2024). *Eating disorder psychopathology and insomnia in Iranian individuals: A network analysis.* Paper will be presented at the annual meeting of the International Conference on Eating Disorders, New York city.

POSTER PRESENTATIONS

1. **Sahlan, R. N.,** Grunewald, W., & Brown, T. (June 2023). *Differential associations of manic/hypomanic symptoms and suicidal ideation by levels of weight and shape concerns among Iranian college students.* Poster presented at the annual meeting of the International Conference on Eating Disorders, Washington, DC.
2. **Sahlan, R. N.,** Grunewald, W., & Lavender, L. M. (June 2023). *Eating disorder psychopathology and psychological symptoms among Iranian adolescent boys and girls with and without overvaluation of weight/shape.* Poster presented at the annual meeting of the International Conference on Eating Disorders, Washington, DC.
4. Kinkel-Ram, S. S., **Sahlan, R. N.,** Uzoegwu, K., & Smith, A. (June 2023). *Fear of COVID-19, insomnia, and eating disorder symptoms among Iranian college students.* Poster presented at the annual meeting of the International Conference on Eating Disorders, Washington, DC.
5. Keshishian, A. C., **Sahlan, R. N.,** Christian, C. B., & Levinson, C. L. (2021). *Eating disorder and social anxiety symptoms in Iranian preadolescents: A network analysis.* Poster

presented at the 2021 International Conference on Eating Disorders, USA.

6. Habashy, J., **Sahlan, R. N.**, Akoury, L. M., Culbert, K. M., & Warren, C. S. (2020). *Sociocultural correlates of eating pathology in college women from US and Iran: A cross-cultural comparison*. Poster presented at the Western Psychological Association (WPA). California, San Francisco, USA.
7. **Sahlan, R. N.**, Saunders, J. F., & Fitzsimmons-Craft, E. E. (2020). *Translation and Validation of the Farsi Body, Eating, and Exercise Comparison Orientation Measure in a sample of Iranian men and women*. Poster accepted at the American Psychological Association, Division, 45, Society for the Psychological Study of Culture, Ethnicity, and Race. Washington D.C., USA.
8. **Sahlan, R. N.**, Akoury, L. M., & Taravatroy, F. (2019). *Exploratory factor analysis of the Farsi version of the Sociocultural Attitude Towards Appearance Questionnaire-4 (F-SATAQ-4) in Iranian College Students*. Poster presented at the 53rd Annual Convention at the Association for Behavioral and Cognitive Therapies (ABCT). Atlanta, USA.

RESEARCH EXPERIENCE

Note. Research experience is gained differently in Iran than in the United States. Rather than joining a particular research lab and working under the mentorship of a PI, I developed and conducted several research projects, independently and/or in collaboration with international colleagues. With respect to my studies in Iran, I am/was responsible for collecting data, and regarding cross-cultural studies, I collected/collect data and merged/merge my data with others' data. The titles of my ongoing research projects, completed studies, and their associated collaborators are listed below:

A. Ongoing projects

- 2022 – Present *Eating disorders, weight bias internalization, and suicidal ideation among a community sample of Iran*
Project description: Examine how weight bias internalization could alter the relation between eating disorders and suicidal ideation
Iran University of Medical Sciences, Tehran, Iran
Department of Psychological Sciences, Auburn University, USA
CO-Is: Reza N. Sahlan, M.Sc, & Will Grunewald, M.A
- 2022 – Present *Eating disorders, weight bias internalization, food insecurity, and food environment among a community sample of Iran*
Project description: Examine how weight bias internalization and food environment-related factors could alter the relation between food insecurity and eating disorders
Iran University of Medical Sciences, Tehran, Iran
Psychology Convening Group, Ramapo College of New Jersey, USA
Department of Psychiatry, Washington University in St. Louis, USA
CO-Is: Reza N. Sahlan, M.Sc, Jessica F. Saunders, Ph.D. & Ellen E. Fitzsimmons-Craft, Ph.D.

- 2021 – Present *Eating disorders, suicide ideation, suicide-related rumination, sleep difficulties, borderline personality, ADHD symptoms, bipolar disorders, COVID-19 fears, and psychological symptoms among Iranian college men and women*
Project description: Examine how general psychopathology could be linked to eating disorders.
Iran University of Medical Sciences, Tehran, Iran
PI: Reza N. Sahlan, M.Sc
- 2021 – Present *Eating disorders, sleep difficulties, mindfulness, self-compassion, borderline personality, and psychological symptoms among Iranian adolescent boys and girls*
Project description: Examine how general psychopathology could affect eating disorders.
Iran University of Medical Sciences, Tehran, Iran
PI: Reza N. Sahlan, M.Sc
- 2020 – Present *Eating Disorders and emotional regulation in multiple aspects across the U.S., Canadian, and Iranian college men and women*
Project description: Investigate the differences in associations between emotion regulation and eating disorders by gender and culture
Iran University of Medical Sciences, Tehran, Iran
University of Western Ontario, London, Ontario, Canada
Furman University, Greenville, USA
Co-Is: Reza N. Sahlan, M.Sc, Lindsay Bodell, Ph.D., & Kerstin Blomquist, Ph.D.
- 2020 – Present *Cognitive-behavioral and interpersonal models of eating disorders across the U.S. and Iranian college men and women*
Project description: Investigate the differences in the models that have been implicated in eating disorders by gender and culture
Iran University of Medical Sciences, Tehran, Iran
Department of Psychology, Arizona State University, Tempe, AZ, USA
Co-Is: Reza N. Sahlan, M.Sc, & Marisol Perez, Ph.D.

Responsibilities:

- Prepared the Farsi version of the scales, research ideas, responsible for collecting data using online method, provided the SPSS file, reviewed literature, initiated research question, and conceptualized study design.
- Conduct/conducted all the analyses and/or parts of the analyses with SPSS, JASP.
- Interpret/interpreted results, wrote up the introduction, methods, results, and discussion sections.

- 2022 – Present *Body image in nature survey: An international, collaborative project*
Anglia Ruskin University

Project description: Examine how nature-related factors could affect body image, and explore the differences across Western and non-Western adults.
PI: Viren Swami, Ph.D.

2022 – Present *Food insecurity and eating disorder psychopathology across Western and Iranian college students*
Project description: Investigate how food insecurity, weight stigma, traumatic event exposure, and psychological symptoms could be related to eating disorder psychopathology in students and explore the differences in associations among constructs across cultures.
Hofstra University
PI: Erin Reilly, Ph.D.

Responsibilities:

- Prepared the Farsi version of the scales, responsible for collecting data using online method from Iran, and involved in methodology
- Will be engaged in running the data and writing up the manuscripts if PIs agree.

B. Completed Projects

2018 – 2019 *The breast size satisfaction survey (BSSS)*
Anglia Ruskin University
PI: Viren Swami, Ph.D.

2018 – 2019 *The psychometric properties of the Farsi version of the Inventory of Statements about Self-injury (F-ISAS) among soldiers*
AJA University of Medical Sciences, Tehran, Iran
Supervisor: Parviz Dabaghi, Ph.D.

2017 – 2019 *Validation of a Farsi version of the Sociocultural Attitudes Towards Appearance Questionnaire-4 (F-SATAQ-4) in Iranian men and women*
Iran University of Medical Sciences, Tehran, Iran
Supervisor: Morteza Naserbakht, Ph.D.

2017 – 2019 *Clinical perfectionism, eating disorder-related social comparison, preoccupation, and psychological symptoms among students with and without loss of control eating*
Iran University of Medical Sciences, Tehran, Iran
Supervisor: Morteza Naserbakht, Ph.D.

Responsibilities:

- Prepared the Farsi version of the scales, research ideas, responsible for collecting data using online method, provided the SPSS file, reviewed literature, initiated research question, and conceptualized study design

- Conducted all the analyses with SPSS, JASP.
- Interpreted results, wrote up the introduction, methods, and discussion section, and wrote up/write up several first-author papers

Note. With regard to Viren Swami's research, I prepared the Farsi version of the scale, collected data using a paper-pencil method, provided the SPSS file, and provided feedback.

CLINICAL TRAINING & EXPERIENCE

A. Examiner

Working as an examiner in my master's thesis and independent research (2014-2015)

A specialty clinic in Iran University of Medical Sciences, Tehran, Iran.

Supervised by Mohammad-Kazem Atef-Vahid, Ph.D.

- a. Spent twice a week and diagnosed and assessed binge eating disorder (BED) in 155 women with obesity using SCID-I (DSM-IV for eating disorders)
- b. Scored the data under my supervisor's mentorship

B. Observer

Working as an observer (2012-2013)

A specialty clinic in Iran University of Medical Sciences, Tehran, Iran

Supervised by Behrooz Birashk, Ph.D. and Banafsheh Gharraee, Ph.D.

- a. Spent five hours per week for two semesters
- b. Observed therapists using a cognitive behavioral approach to treat patients with mental disorders via the use of a one-way mirror
- c. Participated in group discussions rating the therapists' intervention approach.

Working as an observer (2013-2014)

A specialty clinic in Iran University of Medical Sciences, Tehran, Iran

Supervised by Abbas Ramazani, Ph.D. and Aliasghar Asgharnejad-Farid, Ph.D.

- a. Spent five hours per week for two semesters
- b. Observed therapists using a psychoeducation approach to treat patients with mental disorders via the use of a one-way mirror
- c. Participated in group discussions rating the therapists' intervention approach.

C. Training

A preliminary training course (2014)

Online (via Skype), supervised by Kelly Berg, Ph.D., University of Minnesota

- a. Spent twice, two hours
- b. Trained on the Eating Disorder Examination (EDE)

- c. Scored the response using a special sheet score.

Attended a virtual workshop (2015)

A specialty clinic in Iran University of Medical Sciences, Tehran, Iran

Supervised by Shahrbanoo Ghahari, Ph.D.

- a. Spent once a week for one month
- b. Preliminary education on Dialectical Behavior Therapy (DBT).

D. Therapist

Internship (2015)

A specialty clinic in Iran University of Medical Sciences, Tehran, Iran

Supervised by Banafsheh Gharraee, Ph.D. and my co-therapist, a Ph.D. student.

- a. Spent once a week for seven months with my co-therapist
- b. Administrated the SCID-I (DSM-IV) and MMPI
- c. Interpreted the results with my co-therapist
- d. Provided weekly couples therapy
- e. Reported the couples' records.

ASSESSMENT & INTERPRETATION

Case formulation (2013)

A specialty clinic in Iran University of Medical Sciences, Tehran, Iran

Supervised by Abbas Ramazani, Ph.D.

- a. Spent one month
- b. Provided case formulation for patients with anxiety disorders
- c. Received feedback from supervisor after writing up case formulation.

Psychological examination (2011-2013)

Department of Education and Psychology, University of Tabriz, Tabriz, Iran, a specialty clinic in Iran University of Medical Sciences, Tehran, Iran

Supervised by Ahmad Ashouri, Ph.D., Mohamad Reza Pirmoradi, Ph.D., Zeinab Khanjani, Ph.D., & Majid Mahmood-Aliloo, Ph.D.

- a. Spent one month for each of the following tests.
- b. Administrated the Wechsler Intelligence Quotient test, the Raven Intelligence Quotient among, Rorschach test, and MMPI among psychiatric disorders and college students.
- c. Prepared interpretation.

Scale development (2011)

Department of Education and Psychology, University of Tabriz, Tabriz, Iran

Supervised by Hamid Poursharifi, Ph.D.

- a. Spent one semester
- b. Having preliminary education with test development in our assessment-related course
- c. Developed a new test assessing hardiness construct
- d. Administrated the scale among undergraduate students
- e. Prepared the SPSS file and reported results.

TEACHING & MENTORSHIP EXPERIENCE

- 2014 – 2023 **Mentor; Teaching Assistant**
Research Methods, overseeing MA/MS and Ph.D. students in person/online, providing training on how to formulate research ideas, conducting literature reviews, providing training on statistical analyses, and mentoring students throughout their independent research projects
Iran University of Medical Sciences, Tehran, Iran.
- 2012 – 2016 **Academic Counselor**
Worked as a counselor, oversaw MS applicants in person/online, provided feedback, responded to applicants' questions, and prepared applicants for the exam
Sana Institution, Tehran, Iran.
- 2012 – 2013 **Academic Examiner**
Reviewed some books (i.e., abnormal psychology, developmental psychology, personality theories) for national entrance exam and prepared tests for MS applicants.
Sana Institution, Tehran, Iran.

SERVICE

- 2018 – Present **Ad hoc Peer Reviewer**
Eating and Weight Disorders (n = 1); Appetite (n = 1); Body Image (n = 3), Women's Health (n = 5); Journal of Eating Disorders (n = 1), Eating Behaviors (n = 2), Computers in Human Behavior (n = 1), European Eating Disorders Review (n = 1), Cyberpsychology: Journal of Psychosocial Research on Cyberspace (n = 1); Psihologija (n = 1); Frontiers in Psychology (n = 1), Heliyon (n = 1), Scientific Reports (n = 1), Qeios (n = 1)
- 2013 **Presenter – Journal Club**
Mindfulness, emotional dysregulation, impulsivity, and stress proneness among hypersexual patients
Department of Clinical Psychology, Iran University of Medical Sciences, Tehran, Iran
- 2013 **Presenter – Journal Club**
Psychiatric Disorders reports on the MMPI.
Department of Clinical Psychology, Iran University of Medical Sciences, Tehran, Iran
- 2013 **Presenter – Journal Club**

Spiritual therapy-related challenges

Department of Clinical Psychology, Iran University of Medical Sciences,
Tehran, Iran

- 2013 **Preparing a booklet**
Boundaries and multiple relationships-APA
Department of Clinical Psychology, Iran University of Medical Sciences,
Tehran, Iran
- 2011 **Presenter – Journal Club**
A model on borderline personality disorder, proposed by Marsha Linehan
Department of Education and Psychology, University of Tabriz, Iran

PROFESSIONAL MEMBERSHIPS

- 2017 – Present American Psychological Association
2022 – Present Academy for Eating Disorders

COMPUTER SKILLS

SPSS	AMOS	EndNote
LISREL	JASP	

SPECIAL SKILLS & RESPONSIBILITIES

1. Preparing scales in non-English languages, such as Farsi.
2. Collecting data using online and in-person methods.
3. Developing research ideas.
4. Conducting literature searches.
5. Managing datasets from Iran and other counties. In order to be eligible for managing others' data, I received a CITI program certificate from the University of Nevada, Las Vegas in 2018 and my overall score is 83.
6. Conducting advanced statistical analyses, such as measurement invariance.
7. Preparing first-author manuscripts for submission to scientific journals.
8. Forming and maintaining global scientific networks by collaborating with researchers from the United States, Canada, and European countries.

LANGUAGE FLUENCY

- Turkish: Native.
- Persian (Farsi): Native.
- English: Professional proficiency in reading, listening, writing, and speaking.