

# Gabriella Elise Martinez

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## EDUCATION

**University at Buffalo, The State University of New York** Anticipated: May 2025  
 Doctor of Philosophy, Combined Program in Counseling Psychology and School Psychology, *Counseling Psychology Concentration*

Program Accredited by the American Psychological Association

Dissertation Title: “An Ethnographic Approach to Community-Based Participatory Research Addressing Mental Health Disparities Among Undocumented Immigrants”

**University at Buffalo, The State University of New York** July 2020 – June 2023

Master of Education, Education Studies

Research Qualifying Paper: “Testing a Critical Cultural Wealth Model for First-Generation, Low-Income, Latinx College Students”

**University of North Texas, Denton, TX** August 2017 – August 2020

Bachelor of Science Major: Psychology, Minor: Counseling

Thesis Title: “Adaptive Coping, Forgiveness, and Subjective Well-Being among College Students”

Chair: Chiachih DC Wang, Ph.D., Committee: Dr. Joshua Hook, Ph.D., and Sharon Jenkins, Ph.D.,

**Tyler Junior College, Tyler, TX** August 2015 – May 2017

Dual-credit enrollment: 32 credit hours completed by high school graduation

## CLINICAL EXPERIENCE

**Advanced Doctoral Practicum, 10 hrs/wk** August 2023 – Present

University at Buffalo Psychological Services Center, Buffalo, NY

Department clinic serving children, adolescents, families, and adults

*Duties:* Providing psychodiagnostic assessments for integrated psychological reports that include: SCID-5-RV, IDAS-II, WAIS-IV, WASI-II, CSI, CAT-PD-SF, WHODAS 2.0, WRAT-V, AUDIT, and DUDIT; conduct individual counseling and evidence-based treatment interventions

*Population:* Outpatient adults

*Presenting concerns:* Attention Deficient Hyperactivity Disorder, mood disorders, Post Traumatic Stress Disorder (PTSD), Generalized Anxiety Disorder

*Supervisor:* Sarah Taber-Thomas, Ph.D.

**Advanced Doctoral Practicum, 8 hrs/wk** August 2023 – Present

Center for Integrated Health Lab, VA Western New York Health Care, Buffalo, NY

*Duties:* Providing a manualized, 6-session, 30-minute intervention session for Cognitive Behavioral Therapy for Chronic Pain, providing an evidence-based intervention for pre-surgical anxiety prevention

*Population:* Adult veterans

*Presenting concerns:* Chronic pain, adjustment concerns, and mood disorders

*Supervisor:* Julie C. Gass, Ph.D.

**Doctoral Practicum, 15 hrs/wk**

August 2022 – May 2023

BestSelf Behavioral Health, Buffalo, NY

Community Mental Health Clinic serving adolescents and families.

*Duties:* Co-facilitated psychoeducational and psychodynamic groups pertaining to substance use disorders and recovery, borderline personality disorder support group, and art meditation; provided walk-in intake-assessments to connect clients to appropriate clinic services, worked with interpreters during individual counseling sessions for both in-person and telehealth services, attend weekly interdisciplinary team meetings

*Population:* Outpatient, low-income, immigrant, ethnic minority adults

*Presenting concerns:* PTSD, substance abuse disorder (SUD), borderline personality disorder, mood and anxiety disorders, adjustment concerns

*Groups facilitated in Spanish:* Phase I and II of SUD recovery groups and art meditation

*Supervisor:* Stephanie Sacco, LCSW

**Doctoral Practicum, 16 hrs/wk**

August 2021 – May 2022

University at Buffalo Counseling Services, Buffalo, NY

University Counseling Center

*Duties:* Provided individual counseling, co-led psychoeducational groups pertaining to emotional wellness, co-led outreach services, conducted phone intakes to assess client needs, linked to counseling services, provided community referrals, and provided crisis services, regularly reviewed Counseling Center Assessment of Psychological Symptoms (CCAPS) results in sessions

*Population:* Traditional and non-traditional graduate and undergraduate students, international students

*Presenting concerns:* Mood and anxiety disorders, relationships, mental health crises, adjustment disorders, academic and career concerns

*Supervisor:* Andrea Obah, Psy.D.

**Doctoral Practicum, 12 hrs/wk**

February 2021 – May 2021

University at Buffalo Counseling Services, Buffalo, NY

University Counseling Center

*Duties:* Provided individual counseling, co-led outreach services, and regularly reviewed Counseling Center Assessment of Psychological Symptoms (CCAPS) results in sessions

*Population:* Traditional and non-traditional graduate and undergraduate students, international students

*Presenting concerns:* Mood and anxiety disorders, relationships, adjustment disorders, academic and career concerns

*Supervisor:* David Hutsell, Psy.D.

**Pre-Practicum**

Fall 2020

**University at Buffalo, The State University of New York, Buffalo, NY**

*Duties:* Conducted four individual counseling sessions, provided tape review of sessions for group supervision, presented case conceptualization

*Population:* Two undergraduate students

*Presenting concerns:* Relationships, adjustment, academic and career concerns

*Supervisor:* Wendy Guyker, Ph.D.

**RESEARCH EXPERIENCE****Research Assistant**

August 2023 – Present

**Center for Integrated Health Lab, VA Western New York Health Care, Buffalo, NY**

- Providing consultation services to VA health providers for suicide risk assessment and safety planning, code behaviors, and translating data to verbal feedback to providers for education purposes
- Collecting and utilizing the Pain, Enjoyment of Life, and General Activity (PEG) assessment during manualized treatment for progress monitoring
- *Supervisor:* Julie C. Gass, Ph.D.

**Research Assistant**

August 2020 – Present

**Diversity-Related Burnout in Higher Education, University at Buffalo, Buffalo, NY**

This study will utilize a mix-methods exploratory approach to examine the effect of hope on the level of burnout and racial battle fatigue among diversity educators in higher education as well as identify the strategies they use to cope with the demands and stress of doing equity, diversity, justice, and inclusion work.

- Participate in participant recruitment
- Assisting in the formulation of research questions and hypotheses
- Conducting internet-based research for literature review and collection of psychological measurements
- Assisting in the application for IRB approval
- Creating flyers to market recruitment for participants
- *Supervisor:* Amy Reynolds, Ph.D.

**Research Assistant**

August 2018 – May 2020

**Cross-Cultural Attachment Research Lab, University of North Texas**

- Collected and input data for studies examining attachment, acculturation, cultural orientation, ethnic identity, and microaggressions
- Assisted in the development and implementation of research studies for both quantitative and qualitative studies
- Contributed in group settings to the development of future research studies
- *Supervisor:* Chiachih DC Wang, Ph.D.

**Undergraduate Student Researcher**

January 2019 – May 2020

**Ronald E. McNair Post-Baccalaureate Achievement Program, Denton, TX****Adaptive Coping, Forgiveness and Subjective Well-Being Among College Students**

This study examined two mediational models. The first model depicted the direct effect of adaptive coping on SWB as well as its indirect effect via forgiveness. The second model examined the direct and indirect effect (via forgiveness) of religious coping on SWB. Forgiveness of others and self-forgiveness were examined as possible mediators for both models.

- Formulated research questions and hypotheses
- Conducted internet-based research
- Prepared project proposal, manuscripts, and presentations
- Applied for IRB approval
- Recruited participants
- *Supervisor:* Chiachih DC Wang, Ph.D.

**Team Member**

Spring 2018

**Research Project, Experimental Methods Statistics Class, Denton, TX**

- Study: Marijuana as a Predictor of Life Satisfaction. Assessed measures on a cohort of UNT undergraduate college students (N=38)

- Collected data using the Satisfaction with Life Scale (SWLS) and the Marijuana Consequences Questionnaire (MACQ), then transcribed data into SPSS using ANOVA. Afterwards analyzed the data and presented the results
- Organized information, found scales to measure variables, edited and revised Introduction, Informed Consent and Results
- Supervising Mentor: Chiachih DC Wang, Ph.D.

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## PRESENTATIONS

- Martinez, G. & Reynolds, R., (2023)** *Testing a Critical Cultural Wealth Model for First-Generation, Economically Marginalized, Latinx College Students*. Poster accepted for presentation at the annual convention of the National Latinx Psychological Association, Chicago, IL.
- Martinez, G., Carbajal, I., & Wang, C., (2019)** *The Effects of Gender-based Equalitarian on Mental Well-Being*. Poster accepted for presentation at the annual convention of the Southwestern Psychological Association, Albuquerque, NM.
- Martinez, G., & Wang, C., (2019)** *Adaptive Coping, Forgiveness, and Subjective Well-Being Among College Students*. Poster accepted for presentation at the McNair Scholars Program 3<sup>rd</sup> Annual Fall Research Assembly, Denton, TX.

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## TEACHING EXPERIENCE

- Course Instructor** Fall 2023  
 CEP 401, Introduction to Counseling, 3-credits, State University of New York University at Buffalo, Buffalo, NY
- Sole instructor responsible for delivering online curriculum, grading assignments, and providing students feedback
  - Providing support for students answering questions and additional help with course material
  - *Supervisor:* Michelle Shanahan, Ph.D.
- Teaching Assistant** Fall 2023  
 CEP 522, Statistical methods: Inference I, 4-credits, State University of New York University at Buffalo, Buffalo, NY
- Responsible for holding online office hours for students
  - Provided support for students answering questions and additional help with course material
  - *Supervisor:* Weijun Wang, Ph.D.
- Teaching Assistant** Spring 2023  
 CEP 404, Current Issues in Substance Abuse, 3-credits, State University of New York University at Buffalo, Buffalo, NY
- Created an online lecture of the neurology, biology, and psychological effects of substance addiction, in addition to discussion board assignment on treatment options for co-occurring PTSD and SUD diagnosis
  - Responsible for grading assignments for two sections of the class
  - Provided support for students answering questions and additional help with course material
  - *Supervisor:* Susan Sundheimer Lisker, Ph.D.

**Teaching Assistant**

Fall 2022 – Spring 2023

CEP 400, Educational Psychology, 3-credits, State University of New York University at Buffalo, Buffalo, NY

- Responsible for grading assignments and providing students feedback
- Provided support for students answering questions and additional help with course material
- *Supervisor:* Michelle Shanahan, Ph.D.

**LEADERSHIP EXPERIENCE*****Vice President for CSEP Graduate Student Association***

August 2022 – August 2023

**University at Buffalo**

- Student representative for monthly department meetings for the spring semester
- Collaborated on creating a survey to assess for students' interest in program engagement and department concerns
- Collaborated with faculty members to address student concerns regarding survey responses at a town hall meeting
- Facilitated monthly meetings for students to request research conference funding

***Student Secretary for CSEP Graduate Student Association***

August 2020 – May 2021

**University at Buffalo**

- Documented monthly meeting minutes for upcoming events or student requests for funding
- Student representative for monthly department meetings for the fall semester
- Collaborated on creating a survey to assess for students' interest in program engagement and department concerns

***Leadership for International Ministry Team***

August 2018 – May 2020

**Baptist Student Ministry, University of North Texas**

- Developed and facilitated weekly meetings for upcoming events
- Provided team members resources to connect and engage with international students on UNT campus
- Coordinated group dinner events with local Baptist churches in Denton
- Supported team members to engage with students from different cultures appropriately and how to share the gospel

***SOAR Mentor***

May 2019 – May 2020

**TRIO Student Services, University of North Texas**

- Promoted academic engagement, campus involvement, and positive transition to university for incoming first-year students
- Shared resources, skills, and expertise with mentee concerning college culture
- Provided guidance and constructive feedback for mentee's preparedness and plan for their first year at a university

**PROFESSIONAL EXPERIENCE*****Graduate Student Assistant***

May 2022 – October 2022

**Building Immigration Advocacy Consortia: Advancing Human Rights and Social Justice**

- Collaborate with a community organization implementing advocacy strategies in collaboration with community activists to support immigrants who are detained and community-based immigrant populations

- Provided progress monitoring as well as final evaluation towards this goals/implantation of strategies includes the community organization evaluation on the implementation of strategies
- Meetings and services are held in bilingual settings
- Collaborated with community members to produce a bookmark containing mental health services and self-assessments for anxiety and depression in Spanish and English to be given out to community members
- Supervisors: German Cadenas, Ph.D., and Shaznin Daruwalla, Ph.D.

***G-Force Mentor***

January 2018 – August 2018

**G-Force Work-Study Mentorship Program, University of North Texas**

- Assisted high school students in achieving postgraduate goals
- Informed students how to gain resources for their academic and career goals
- Assisted FASFA night workshops for high schools in the Dallas/Fort Worth area
- Presented in-depth informational presentations for incoming freshman concerning admission process, financial aid, housing, and other general information

***Summer Camp Counselor***

May 2017 – August 2017; May 2018 - August 2018

**The Mentoring Alliance, Rose City Summer Camp, Tyler, TX**

- Mentored and led structured activities for children ages 5-12 years
- Participated in various meetings and trainings regarding:
  - Childcare
  - Recognizing and reporting child abuse/neglect
  - Teaching and managing in group settings
- Facilitated daily group discussions

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**SERVICE EXPERIENCE*****Volunteer Member***

May 2023 – Present

**Justice for Migrant Families, Buffalo, NY**

- Pen-pals with one migrant held in a migrant detention facility
- Attend volunteer meetings and community events to promote the well-being of migrants in the Western New York area
- Attend meetings on how to advocate at a policy level for the well-being of undocumented immigrants

***Student Member for Faculty Search Committee***

Fall 2022 – Spring 2023

**University at Buffalo, Buffalo, NY**

- Reviewed and selected applications for tenure-track assistant professor position for the department of Counseling, School, and Educational Psychology: Graduate School of Education with a committee of four professors
- Participated in online and in-person interviews for applicants
- Provided feedback and evaluations of the selected applicants for the faculty position at committee meetings

***Student Scribe for Asylum Forensic Evaluations***

November 2022

**Human Rights Initiative at the University at Buffalo, Buffalo, NY**

- Assisted in one asylum forensic evaluation under the supervision of a licensed clinical psychologist and two medical students – expected to assist with an additional evaluation on November 3, 2023

- Documented evidence of psychological trauma via the asylum seeker's history from previous trauma that may have occurred in their home country, events that led them to leave their country, events during their migration, and if any trauma occurred during their settlement in the United States
- Assisted in providing a draft of symptomology that could be incorporated into the psychological affidavit

**Volunteer**

October 2020 – December 2020

**Denton County Friends of the Family, Denton, Tx**

Friends of the Family's purpose is to provide services to those impacted by rape, sexual abuse, and domestic violence, while partnering with the community to promote safety, hope, healing, justice and prevention

- Assisted with inventory in affiliated thrift store
- Aided in childcare while caregiver received therapy
- Participated in training regarding how to identify warning signs of domestic abuse and how to report abuse

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**PROFESSIONAL CERTIFICATIONS**

- Human Rights Initiative Asylum Forensic Evaluation Student Scribe certified
- Interprofessional Collaborative Practice Foundations training certified
- New York State Mandated Reporter certified
- APA Telehealth training certified
- ESL training certified
- National Institute of Health certified

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**HONORS AND AWARDS**
**Hispanic Women's League in Western New York Scholarship**

- Provides scholarships to women of Hispanic descent for the attainment of higher education
- Semester: Fall 2022

**Schomburg Fellowship**

- A graduate fellowship program for eligible underrepresented students who will pursue graduate study on a full-time basis at the University at Buffalo
- Semester: Fall 2020 – Present

**Undergraduate Research Fellowship**

- Financial award for undergraduate students who conducted research under a faculty mentor and presented the findings at Scholars Day, university-held research event
- Semester: Spring 2020

**President's List**

- Semesters: Fall 2017, Spring 2018, Fall 2018, Spring 2019, Spring 2020

**McNair Summer Research Stipend**

- Semesters: Summer 2019

**McNair Undergraduate Research Stipend**

- Provides experiences that prepare students for graduate education and provides financial support for students who conduct research and participate in all activities sponsored by the McNair program
- Semesters: Spring 2019, Fall 2019, Spring 2020

**UNT Scholarship for Continuing Students**

- Semesters: Fall 2018, Spring 2019, Fall 2019, Spring 2020

**Emerald Eagle Award**

- Provides tuition and mandatory fees to academically talented and highly motivated students with high financial need
- Semesters: Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020

**Lindale ISD Scholarship**

- Semesters: Fall 2017, Spring 2018

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**PROFESSIONAL AFFILIATIONS**

- **American Psychological Association, Graduate Student Affiliate** Fall 2020
- **National Latinx Psychological Association, Graduate Student Affiliate** Spring 2023