

Jay'ana King

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EDUCATION

University at Buffalo, State University of New York (Buffalo, NY) Expected May 2026

Ph.D., Combined Program in Counseling Psychology and School Psychology
(Concentration: Counseling Psychology, APA accredited)

Dissertation: "Retrospective Reports of Race-Based Bullying Among Black Young Adults and Associations with School Racial Climate and Mental Health"

Advisor: Dr. Stephanie Fredrick

Ed.M., Education Studies

May 2024

Temple University (Philadelphia, PA)

May 2021

B.A., Honors Psychology, *magna cum laude*

Honors Thesis: "Within- and Cross-ethnic Liking and Disliking Among Adolescents"

Advisor: Dr. Hongling Xie

CLINICAL EXPERIENCE

Chatham University Counseling Center – Excelsa Health Psychology Internship

Consortium, Pittsburgh PA

Summer 2025 – Summer 2026

- *Doctoral Psychology Intern – Counseling Center track*
 - Working 40 hours per week with undergraduate and graduate students (age 17+)
 - *Issues:* TBD
 - *Responsibilities:* providing individual therapy in-person; outreach workshops, presentations, and activities; co-supervising and supervising a practicum student, co-facilitating group supervision for practicum students, intake interviews; ADHD, intelligence, and personality assessments; risk assessment, case management, assisting with an internship preparation class for doctoral students, reviewing the Counseling Center Assessment of Psychological Symptoms (CCAPS) with clients, and engaging in professional development/didactic trainings with a doctoral psychology intern from the Excelsa/Independence Health track located within Latrobe Hospital's Family Medicine program.
 - *Supervisor:* Christine Simpson, Psy.D.
 - *Consortium Internship Training Director:* Gina Zanardelli, Ph.D.

Canisius University Counseling Center, Buffalo NY

- *Counseling Psychology Intern*

Fall 2024 – Spring 2025

- Worked 16 hours per week with a caseload of 16 undergraduate and graduate students (age 17+)
- *Issues*: academic concerns, social relationships/skills, anxiety, depression, suicidal ideation, college adjustment, self-esteem, motivation, multicultural issues, LGBTQ+, identity development, career/major, childhood trauma, athletics
- *Responsibilities*: provided individual therapy in-person and through Zoom, developed and led a group and program workshops for students of color, reviewed the Counseling Center Assessment of Psychological Symptoms (CCAPS) with clients, intake interviews, setting appointments, treatment planning, clinical notes, referrals, attended professional development seminars, community outreach, biweekly case presentations/group supervision, walk-in hours, QPR training, and case management.
- *Supervisor*: Michael Cammarata, LMHC, associate director

Buffalo Rising Against Violence at Erie County Medical Center Trauma Recover Center (BRAVE TRC), Buffalo NY

- *Advanced Practicum Psychology Intern* **Fall 2023**
 - A hospital-based trauma recovery center that provided outpatient and in-patient individual therapy, and bedside therapy to adolescents and adults who experienced community and/or domestic violence or trauma
 - *Issues*: multicultural issues, trauma/PTSD, identity development, career, low-income, housing/transportation, food insecurity, chronic pain/physical disabilities
 - *Responsibilities*: providing individual outpatient therapy, in-patient therapy, bedside therapy, case management, scheduling appointments, report writing, conducting self-report assessments and intakes, facilitating referrals, writing accommodations and attendance letters for patients, professional development meetings, and training in the Electronic Medical Record and the Victim Service Tracker.
 - *Supervisor*: Shannon King, Psy.D.

University at Buffalo Counseling Services, University at Buffalo

- *Advanced Practicum Trainee* **Spring 2024**
 - Worked 16 hours per week with a caseload of approximately 18 undergraduate and graduate students (age 17+)
 - *Issues*: acculturation, academic concerns, social relationships/skills, anxiety, depression, suicidal ideation, college adjustment, self-esteem, motivation, multicultural issues, LGBTQ+, identity development, career/major, sexual assault, childhood trauma, history of self-harm
 - *Responsibilities*: reviewing the Counseling Center Assessment of Psychological Symptoms (CCAPS) with clients, providing individual therapy services in-person and through Zoom, conducting needs assessments (intake), setting appointments, treatment planning, clinical notes, referrals, attending professional development seminars, community outreach, case management.
 - *Supervisor*: Hweon Seo, Ph.D.

- *Advanced Practicum Trainee* **Fall 2022 – Spring 2023**

- Worked 16 hours per week with a caseload of approximately 14 college and graduate students (age 18+)
 - *Issues:* acculturation, academic concerns, social relationships/skills, anxiety, depression, suicidal ideation, college adjustment, self-esteem, motivation, multicultural issues, LGBTQ+, identity development, career/major
 - *Responsibilities:* reviewing the Counseling Center Assessment of Psychological Symptoms (CCAPS) with clients, providing individual counseling services in-person and through Zoom, conducting needs assessments (intake), setting appointments, treatment planning, clinical notes, referrals, attending professional development seminars, community outreach, case management, process-observing and co-facilitating groups, and training in Titanium and TAO.
 - *Supervisor:* Psychology Intern, Chunmiao (Kayla) Wang, M.S.Ed
- *First-Year Psychology Trainee* **Spring 2022**
- Worked 12 hours per week with a caseload of approximately 12 undergraduate and graduate students (age 18+)
 - *Issues:* acculturation, academic concerns, social relationships/skills, anxiety, depression, college adjustment, self-esteem, motivation
 - *Responsibilities:* reviewing the Counseling Center Assessment of Psychological Symptoms (CCAPS) with clients, providing individual counseling services in-person and through Zoom, setting appointments, treatment planning, clinical notes, referrals, attending professional development seminars, community outreach, case management, and training in Titanium and TAO.
 - *Supervisor:* Psychology Intern, Grace Joseph, M.A.

RESEARCH EXPERIENCE

Alberti Center for Bullying Abuse Prevention, University at Buffalo

- *Graduate Assistant/Schomburg Fellow* **Fall 2021 – May 2025**
 - Examined cyberbullying, bullying, victimization, bystanders, and prevention techniques in schools and adolescents under the guidance of Dr. Stephanie Fredrick (Advisor) and Dr. Amanda Nickerson with special focus on marginalized adolescents. Responsibilities included data coding, cleaning data, assisting/co-authoring on projects and manuscripts, assisting with data collection, outreach presentations, conference presentations, and developing individual research interests.

Psychology Honors Program, Temple University

Fall 2019 – Spring 2021

- The Psychology Honors Program invites the top students in psychology to a two-year curriculum led by Dr. Kathryn Hirsh-Pasek which emphasizes practical lab experience. In year one, I gained an understanding of research methods, critical thinking skills, and research-based writing through student-led discussions and evaluative essays on scientific articles. In year two, I conducted independent research by developing an honors thesis

and presented my findings at a departmental mini-conference and the Symposium for Undergraduate Research and Creativity.

Peer Social Networks Lab (PSNL), Temple University

- *Undergraduate Research Assistant* **Fall 2019 – Spring 2021**
 - Examined peer relationships, aggression, and victimization in middle school students under the guidance of Dr. Hongling Xie. Responsibilities included data coding, cleaning data, developing an honors thesis, and assisting on lab projects.

PEER-REVIEWED CONFERENCE PRESENTATIONS

King, J., Fredrick, S., & Wang, W. (2025, April). *Associations of racial discrimination with depression/suicidality and substance use among Black youth: The moderating roles of sexual identity and school connectedness*. Poster presented at the University at Buffalo Graduate School of Education Student Research Symposium, Buffalo, NY.

Heidelberg, K., Sipior, C., **King, J.,** Cuerto-Brito, M., & Fredrick, S. (2023, April). *Be part of the SELution: Cultural adaptations for Black students*. Presentation provided at the University at Buffalo Graduate School of Education Student Research Symposium, Buffalo, NY.

Fredrick, S. S., Coyle, S., **King, J.,** & McClemon, A. J. (2023, February). *Teachers' perceptions of school-based cyberbullying prevention and digital citizenship*. Poster presented at the National Association of School Psychologists Annual Convention, Denver, CO.

Heidelberg, K., Sipior, C., **King, J.,** Cuerto-Brito, M., & Fredrick, S. (2023, February). *Be part of the SELution: Cultural adaptations for Black students*. Presentation provided at the National Association of School Psychologists Annual Convention, Denver, CO.

Fredrick, S. S., **King, J.,** & Coyle, S. (2022, June). *Middle and high school teachers' perceptions of cyberbullying prevention and digital citizenship*. Presentation provided via zoom for Cyber-Joy Enjoy Lab Cyber and Face-to-Face Aggression and Bullying 2022 International Conference, City University of Hong Kong.

King, J., Swirsky, J., Rosie, M., & Xie, H. (2021, May). *Cross-ethnic liking and disliking among adolescents*. Presentation provided via zoom for the Temple University Symposium for Undergraduate Research and Creativity, Philadelphia, PA.

COMMUNITY/PROFESSIONAL DEVELOPMENT PRESENTATIONS

- Dewey-Miosi, A., Kirkland-Gordon, S., Williams, V., Aletta, E., Lipinski, A., Williams, V., Makhija, N., Kokoro, H., **King, J.**, Sun, L., & Lee, P. (2025, March). *Second Annual Psychological Association of Western New York Career Day Panel*. Panelist presentation provided in Buffalo, NY to high school students from three Buffalo Public Schools, a Lackawanna, NY public school, and Amherst, NY public school and D'Youville University undergraduate students with an emphasis on high school students of color interested in pursuing a career in psychology.
- Maisonet, S., & **King, J.** (2025, February). *Communication skills and assertiveness*. Workshop presentation provided in Buffalo, NY to Canisius University undergraduate students of color.
- Maisonet, S., & **King, J.** (2024, October). *Overcoming procrastination*. Workshop presentation provided in Buffalo, NY to Canisius University undergraduate students of color.
- King, J.** (2024, October). *BIPOC art group*. Workshop activity provided in Buffalo, NY to Canisius University BIPOC undergraduate and graduate students.
- King, J.**, & Cassella, J. (2024, April). *Bullying intervention resources*. Outreach presentation provided on Zoom to Ohio State University school psychology MA and PhD graduate students.
- Dewey-Miosi, A., Kirkland-Gordon, S., Anllo, L., Shuman, A., Joshi, T., Williams, V., Makhija, N., Klementowski, K., **King, J.**, & Sun, L. (2024, March). *First Annual Psychological Association of Western New York Career Day Panel*. Panelist presentation provided in Buffalo, NY to high school students from three Buffalo Public Schools with an emphasis on high school students of color interested in pursuing a career in psychology.
- King, J.**, & Cassella, J. (2022). *Bullying bystander interventions*. Outreach presentation provided at the University at Buffalo, Buffalo, NY to University at Buffalo occupational therapy undergraduate students.

PUBLICATIONS

- Diaz, M., Soriano, E., Swirsky, M. J., Rosie, M., Stewart, A., **King, J.**, & Xie, H. (under review). Social media behaviors and adjustment correlates among college students: Moderating roles of gender and college phase. *Emerging Adulthood*.
- King, S. J.**, Fredrick, S. S., & Wang, W. (2025). Associations of racial discrimination with depression/suicidality and substance use among Black youth: The moderating roles of sexual identity and school connectedness. *LGBT Health*.
<https://doi.org/10.1089/lgbt.2024.0096>
- Heidelberg, K., Sipior, C., **King, J.**, Cuerto-Brito, M., & Fredrick, S. (2025). A systematic review of cultural adaptations to social emotional learning interventions for preK-12

grade Black students. *School Psychology* 40(2), 121- 132.
<https://doi.org/10.1037/spq0000676>

Jenkins, L., Fredrick, S. S., & **King, J.** (2023). Testing the bystander intervention model in cyberbullying across students of color and white students. *International Journal of Bullying Prevention*. <https://doi.org/10.1007/s42380-023-00162-0>

Fredrick, S. S., Coyle, S., & **King, J.** (2022). Middle and high school teachers' perceptions of cyberbullying and digital citizenship. *Psychology in the Schools*, 1-21.
<https://doi.org/10.1002/pits.22844>

MEDIA INTERVIEWS

Friedlander, W. (2022, October 11). How that instant-classic Taylor Swift Amsterdam scene was made. *Vanity Fair*. <https://www.vanityfair.com/hollywood/2022/10/how-that-instant-classic-taylor-swift-amsterdam-scene-was-made>

- Interviewed to discuss the impact of memes involving women and marginalized groups.

HONORS AND AWARDS

Psychological Association of Western New York Scholarship Award for Racial/Ethnic Minority Doctoral Candidates in Clinical & Counseling Psychology **June 2023**

- A \$1,000 award supporting and encouraging under-represented racial and ethnic minorities to pursue and complete doctoral training in clinical and counseling psychology and increase diverse representation in psychology. Awarded to racially and ethnically minoritized applicants who are currently accepted/enrolled in a local doctoral program in clinical or counseling psychology.

Women's Investigating Club Scholarship Fund (University at Buffalo) **Spring 2022**

- Awards scholarships to pay for tuition and fees to an ambitious student attending the University at Buffalo.

Arthur A. Schomburg Fellowship Program (University at Buffalo) **Fall 2021 – Present**

- Awarded to high-achieving doctoral students who have outstanding academic credentials. Those who have overcome disadvantages or other impediment to success in higher education were prioritized.

Clifford M. Kliger Memorial Award (Temple University) **Spring 2021**

- Awarded to a graduating College of Liberal Arts senior who has obtained an outstanding GPA in psychology and plans to pursue an advanced psychology degree.

Irving J. Leder and Beatrice Deglin Leder Award (Temple University) **Spring 2021**

- Awarded to a graduating social sciences senior in the top 5% of the class who has demonstrated an affinity for community service and a love of humankind.

Liberal Arts Undergraduate Research Award (Temple University) **Spring 2020**

- A \$2,000 grant awarded to undergraduate student-faculty member duos to conduct a research project over a semester. The student receives a \$15/hour stipend while spending 100 hours on the project. This was utilized toward my honors thesis.

Phi Beta Kappa Honors Society (Temple University) **Summer 2020 – Present**

- The oldest and most prestigious liberal arts honor society in the United States. To be considered, a student must maintain a 3.8 GPA or above in a broad, rigorous program of study in the liberal arts, including mathematics and foreign language. The chapter committee reviews the weight and breadth of the student's coursework and determines election into the honor society.

Psi Chi: International Honor Society in Psychology (Temple University) **Fall 2019 – Present**

- An international honor society for psychology majors and minors fostering academic excellence and engagement in psychology. Students must have an overall 3.2 GPA and a 3.5 GPA in their major.

College of Liberal Arts Dean's List (Temple University) **Fall 2017 – Spring 2021**

- Awarded every semester to students who finish the semester with a GPA within the top 16% GPAs in the College of Liberal Arts.

PROFESSIONAL ORGANIZATIONS AND AFFILIATIONS

Counseling, School, and Educational Psychology Graduate Student Association
(University at Buffalo, SUNY) **Fall 2022 – Spring 2024**

- *Treasurer*
 - Approved and requested funding, assisted with administration of student satisfaction and well-being surveys, provided student feedback to faculty, held monthly meetings for students' concerns.

Psychological Association of Western New York (PAWNY) **Fall 2023 – Present**

National Association of School Psychologists (NASP) **Fall 2022 – Spring 2024**

American Psychological Association (APA) **Fall 2021 – Present**

American Psychological Association, Division 17 (SCP) **Fall 2021 – Present**

Graduate Students of Color (University at Buffalo) **Fall 2021 – Present**

Psychology Majors of Color (Temple University) **Spring 2019 – Spring 2021**

REFERENCES

Stephanie S. Fredrick, Ph.D.

Associate Director, Alberti Center for Bullying Abuse Prevention

Associate Professor

University at Buffalo Dept. Counseling, School, & Educational Psychology

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