



Sabrina

Hayward

smaehayward@gmail.com

(724) 610-1729

310 Boggs Hollow Rd

Greensburg, PA 15601

Education

- Bachelor of Science:** Ohio University, Psychology May 2023
 Minor in Biology
 GPA: 3.559
 Cum Laude
- Doctor of Philosophy:** University at Buffalo, Counseling Psychology May 2028

Work Experience

Summer Camp Counselor

Hempfield Parks and Recreation

05/20 – 08/20

- Collaborated with a team of seven peers to implement safe and exciting individual and group activities for ten one-week sessions
- Ensured that camp policies were enforced, and campers were safe
- Organize and lead small and large group activities such as crafts, nature, and sports
- Identify and respond to camp behavioral issues, and report concerns to camp leadership
- Maintain accurate program records, including incident reports, logs, and daily attendance reports

Extended Care Coordinator

Hempfield Parks and Recreation

05/22 – 08/22

- Crafted programs and daily activities for each new week from arts and crafts to sports, wilderness education, and interactive games for 100+ children 6-12
- Implemented protocol for lunch to ensure all children were fed no matter the circumstance
- Responded rapidly to parents' concerns with telephone calls, emails, and face-to-face conversations
- Organize and lead small and large group activities such as crafts, swimming, sports, nature adventures, playground games, and the Senior Camp Talent Show
- Maintain accurate program records, including incident reports, logs, and daily attendance
- Supported children by actively listening and offering encouragement

Paid Research Assistant within Program to Aid Career Exploration

Ohio University

08/22 – 05/23

- Scheduled for Psychotherapy and Interpersonal Process lab study participants
- Clinic archive data entry to the database
- Greet and check in patients, and collect personal, medical, and insurance information
- Use Titanium software to manage patient records and files; reinforce and uphold patient confidentiality as required by HIPAA and clinic

- *Schedule, reschedule, and verify patient appointments; coordinate Ph.D. student physicians and other physicians' schedules and maintain patient flow by communicating patient arrivals, delays, and cancelations*

Summer Intern

Big Brothers Big Sister of the Laurel Region

05/22 – 01/23

- *Contacted personal references for volunteers*
- *Contacted local school districts to raise awareness for summer fundraisers*
- *Upload of donor data to the database to allow for more efficiency and assurance of safety*
- *Collected data from PAYS (PA Youth Survey) reports for both Fayette and Westmoreland counties to support Grant applications*
- *Supported in the planning and execution of several fundraising events*

Research Experience

Psychotherapy and Interpersonal Process Lab, Ohio University

2022-2023

Position, Dr. Timothy Anderson

- **Project:** Therapist Facilitative Interpersonal Skills as a Pre-training predictor of Alliance and Outcome
 - Video editing of facilitative interpersonal skills response and stimulus videos
 - Training and executing scoring of facilitative interpersonal skills response videos
 - Clinical skills development, coordinating Ph.D. students, managing clinic data
 - Clinic data archiving and entry into research shared database

While assisting in Dr. Anderson's lab, I was required to work in both the P.I.P. lab and the OU Psychology and Social Work Clinic. I assisted in the scoring of response videos for data collection and the finalization of the stimulus videos for the FIS Tele-Therapy work. Facilitative Interpersonal Skills are a set of skills utilized by therapists to encourage their clients in emotional and psychological distress to initiate change toward improved well-being. In the past two years, P.I.P. lab has shifted its focus to how FIS can be used within clinical training. The lab has developed training that aims to enhance therapists' FIS, which works on alliance rupture and repair, responsiveness, contextual model integration, and outcome expectations.

- **Project:** Identifying interpersonal and emotional characteristics of FIS and tele-FIS clips
 - Put together IRB proposal for project
 - Create Qualtrics, monitor data intake, communicate with participants
 - Analyze data and score within the Impact Messaging Inventory-Circumplex (IMI-C), Interpersonal Reactivity Index (IRI), and Facilitative Interpersonal Skills Self-Report (FISS-R)
 - Create a Poster and submit proposal to NA-SPR
 - Present poster Oct 12th, 2023, at NA-SPR

Honors, Awards, and Scholarships

Local Union 12: Upperclassman Scholarship	2022-2023
Awarded to a Junior or Senior in university with academic achievement and community service history. Amount \$2,000	
OHIO Trustee Award	2019-2023
Awarded for academic excellence to Out-of-State students. Amount: \$24,000	
OHIO Distinction Scholarship	2019-2023
Awarded in 2019 for academic achievement. Amount: \$4,000	
OHIO Success Scholarship	2019-2023
Awarded in 2019 for academic achievement. Amount: \$4,000	
Dean's List	2021-2022
Junior Year. Average GPA: 3.900	
Dean's List	2019-2020
Sophomore Year – Fall Semester. Average GPA: 3.5	
Local Union 12: Sheet Metal Dependent Scholarship	2019-2020
Awarded in 2019 to a legal dependent of a member who shows academic excellence and strong community service history. Amount: \$1,000	

Language Skills

Spanish: Novice Listener, Novice Speaker, Novice Reading, and Writing

American Sign Language: Novice Speaker, Novice Listener

Computer Skills

- Movie Studio 14
- *Titanium* Software
- Qualtrics
- Microsoft Excel
- SPSS

Certifications

EVERFI

Health Insurance Portability and Accountability Act Training

08/22

EVERFI

Data Security and Privacy

08/22

American Heart Association

Heart Saver Total First Aid, Child CPR, AED, Infant CPR

06/22

QPR Institute

QPR Suicide Prevention Gatekeeper Training

05/22

CITI Program

Grade Book and Group Curriculum: Human Research, Group 2. Social and Behavioral Investigators and Key Personnel

01/23

References

Dr. Timothy Anderson, Director of the Psychology and Interpersonal Process lab
Psychology Department
Ohio University
22 Richland Ave
Athens, OH 45701
Phone: (740) 593-1062
Email: andersot@ohio.edu

Dr. Megan Austin, Director of Ohio University Psychology and Social Work Clinic
Psychology Department
Ohio University
22 Richland Ave
Room 004
Athens, OH 45701
Phone: (740) 597-1251
Email: austinm1@ohio.edu

Dr. Scott Meier, Professor
Counseling, School and Educational Psychology Department
University at Buffalo
417 Baldy Hall
North Campus
Buffalo, NY 14260
Phone: (716) 645-1121
Email: stmeier@buffalo.edu