

Curriculum Vitae

Sarah Anne Hale

Department of Educational Leadership and Policy | Graduate School of Education
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EDUCATION

SUNY University at Buffalo

Ph.D., Higher Education

- **Advisor:** Dr. Megan Iantosca, Ph.D.

Buffalo, New York
May 2028 (Expected)

SUNY University at Buffalo

M.A., Psychology

- **Concentration:** Social Psychology
- **Advisor:** Dr. Shira Gabriel, Ph.D.
- **Capstone Project:** "Fantasy Proneness and Narrative Engagement Under Stress"

Buffalo, New York
August 2023

Baylor University

B.A., Psychology

- **Minor:** Sociology
- *Ronald E. McNair Scholar*

Waco, Texas
May 2021

TEACHING EXPERIENCE

INSTRUCTOR ROLES

First-Generation College Student Summer Bridge Program

University at Buffalo, SUNY — Academic Success Course
Instructor

- Taught a multi-week academic success course for first-generation college students.
- Supported students in study strategies, time management, and academic success skills.

July–August 2025

First-Gen Summer Writing Workshop

University at Buffalo, SUNY — Workshop Instructor

- Taught workshops four times per week for first-generation college students.

July– August 2023

LAI 203: Academic Success Strategies

University at Buffalo, SUNY — Graduate Instructor

- Assisted in teaching a seminar course twice weekly.

Fall 2022, Spring 2023

- Delivered multiple class lectures and facilitated student learning strategies.

TEACHING ASSISTANT ROLES

ELP 509: American College Student

Fall 2023

University at Buffalo, SUNY — Teaching Assistant

- Instructor: Dr. Megan Iantosca
- Assisted in course planning and facilitated class discussions.
- Provided individualized feedback on assignments and guided students in academic strategies.

GUEST LECTURES

ROAR 2 Success Summer Bridge Program

Summer 2024

SUNY Buffalo State University — Guest Lecturer: *Surviving Your First Year*

ELP 523: Capstone Seminar for Student Affairs Administration

Spring 2024

University at Buffalo, SUNY — Guest Lecturer

- Delivered a lecture on personal and professional philosophies in student affairs.

ELP 509: American College Student

Fall 2023

University at Buffalo, SUNY — Guest Lecturer

- Delivered a class lecture on first-generation college student experiences.

PROFESSIONAL EXPERIENCE

Higher Education and Student Affairs Program

Buffalo, New York

Graduate Assistant

August 2023- Present

- Curate and distribute a weekly email newsletter featuring events, opportunities, and important updates for current ELP students
- Collaborate with program leadership to organize and coordinate guest speaker events
- Edit and prepare the alumni newsletter to share program updates, faculty achievements, and alumni highlights
- Manage the program's social media presence on Instagram and Facebook, showcasing current students, recent publications, and department-related events

Buffalo State University ROAR 2 Success Program

Buffalo, New York

Graduate Assistant

June 2024- August 2024

- Assisted with planning and organizing a summer bridge program for incoming first-year students at Buffalo State University
- Trained and supervised undergraduate peer mentors, designed and submitted parent portal messages
- Provided general customer service to students, parents, families, or other Bengal Success Center guests
- Documented significant student interactions in the Bengal Success Portal

University at Buffalo First Gen Peer Mentoring Program

Graduate Assistant

Buffalo, New York

June 2022- August 2023

- Assisted with office coaching, teaching, preparation, and associated tasks
- Assisted in the supervision of peer mentors
- Worked with campus stakeholders to create appropriate, meaningful, and timely programs for First Gen program participants
- Coordinated special events and mentor training
- Assisted with assessment of programs and mentoring and assessment of mentoring learning outcomes

University at Buffalo Office of Undergraduate Admissions

Student Ambassador Graduate Assistant, Tour Guide Coordinator

Buffalo, New York

August 2021- May 2022

- Assisted with recruiting, selecting, and training undergraduate student ambassadors and tour guides
- Assisting with on-campus tours and Office of Admissions events
- Planned, implemented, and enforced tour schedules
- Served in admissions on-call rotations

RESEARCH EXPERIENCE

University at Buffalo Graduate School of Education

Graduate Assistant

Buffalo, New York

August 2023- Present

Mentor: Dr. Megan Iantosca, Ph.D.

- Managed quantitative data cleaning and qualitative data analysis
- Participated in weekly advisor and team meetings
- Engaged with a national database, analyzed literature, and handled administrative tasks for an efficient research workflow

University at Buffalo Social Self Lab

Graduate Student Researcher

Buffalo, New York

August 2021- May 2023

Mentor: Dr. Shira Gabriel, Ph.D.

- Trained undergraduate research assistants
- Collected and analyzed data and ran empirical studies

Texas A&M University Existential Psychology Collaboratory

Undergraduate Research Assistant

Mentor: Dr. Matthew Vess, Ph.D.

- Data entry and coding,
- Translated qualitative data and narratives into quantitative data, acquired manuscript skills
- Participated in lab meetings
- Assisted with additional research needs

College Station, Texas

May 2020- August 2020

Baylor University Mind-Body Medicine Research Laboratory

Undergraduate Research Assistant

Mentor: Dr. Gary Elkins, Ph.D.

- Data entry
- Recruited study participants
- Built participant charts
- Learned and administered hypnotizability scales
- Assisted with additional research needs

Waco, Texas

May 2019–May 2021

RESEARCH PAPERS

1st Author Publications:

1. **Hale, S. A., & Elkins, G. (2020).** Brain regions involved in hypnosis: Clinical implications. *Scientia: Baylor Undergraduate STEM Research Journal*.

PRESENTATIONS

Oral Presentations:

1. **Hale, S. A. (2025, April).** *Solidarity amidst suppression: Marginalized student activists and the Palestinian struggle at a neoliberal university* [Conference presentation]. Graduate School of Education Research Symposium, University at Buffalo. Panel: *Overlooked identities and resistance in higher education* (with S. Kieffer & S. Valley).
2. **Hale, S. A. (2024, March).** *Higher education's neglect of collective identities and aspirations of first-generation college students* [Conference presentation]. Graduate School of Education Research Symposium, University at Buffalo.
3. **Hale, S. A., Flanagan, P., & Vess, M. (2020, October).** *Authenticity and virtue in political discourse* [Conference presentation]. Baylor University McNair National Research Conference.
4. **Hale, S. A., Flanagan, P., & Vess, M. (2020, September).** *Authenticity and virtue in political discourse* [Conference presentation]. Heartland McNair Research Conference.

5. **Hale, S. A., & Elkins, G.** (2019, November). *Brain regions involved in hypnosis: Clinical implications* [Conference presentation]. Baylor Undergraduate Research in Science and Technology (BURST) Internship Day, Waco, TX.
6. **Hale, S. A., & Elkins, G.** (2019, October). *Brain regions involved in hypnosis: Clinical implications* [Conference presentation]. Society for Clinical and Experimental Hypnosis Annual Conference, New Orleans, LA.
7. **Hale, S. A., & Elkins, G.** (2019, September). *Brain regions involved in hypnosis: Clinical implications* [Conference presentation]. Baylor University McNair National Research Conference, Waco, TX.
8. **Hale, S. A., & Elkins, G.** (2019, September). *Brain regions involved in hypnosis: Clinical implications* [Conference presentation]. University at Buffalo McNair Research Conference, Niagara Falls, NY.

Poster Presentations:

1. Hale, S. A., Flanagan, P., & Vess, M. (2020, July). *Authenticity and virtue in political discourse* [Poster presentation]. UCLA McNair National Research Conference, online.
2. Hale, S. A., & Elkins, G. (2019, November). *Brain regions involved in hypnosis: Clinical implications* [Poster presentation]. Baylor Undergraduate Research in Science and Technology (BURST) Research Internship Day, Waco, TX.
3. Hale, S. A., & Elkins, G. (2019, October). *Brain regions involved in hypnosis: Clinical implications* [Poster presentation]. Society for Clinical and Experimental Hypnosis Annual Conference, New Orleans, LA.
4. Hale, S. A., & Elkins, G. (2019, September). *Brain regions involved in hypnosis: Clinical implications* [Poster presentation]. Baylor University McNair National Research Conference, Waco, TX.

HONORS & AWARDS

Ronald E. McNair Scholar

February 2019

- The prestigious Ronald E. McNair Post-Baccalaureate Achievement Scholars Program offers these awards for preparing underrepresented, low-income, and first-generation students for Ph.D. programs. All Scholars receive a research stipend, academic scholarship, and housing allowance.

Baylor University First in Line Student Engagement Scholarship
Baylor University Dean's Gold Scholarship

August 2018–May 2021
 August 2017–May 2021

UNIVERSITY AFFILIATIONS & ACTIVITIES

**University at Buffalo Educational Leadership and Policy
Graduate Student Association**

August 2023–May 2024

President (August 2024–May 2025)

- Organized and facilitated a weekly writing group for ELP students to foster academic collaboration and peer support.
- Collaborated with the ELP department to establish a *Work in Progress Student Presentation Series*, providing a platform for students to share research and receive constructive feedback.
- Partnered with UB's Career Design Center to create a Career Preparation Series, offering professional development and career-focused resources for graduate students.
- Launched a Peer Mentoring Program to connect new students with experienced peers, fostering community and academic success.
- Represented student interests within the department, working closely with faculty and leadership to advocate for improvements in the graduate student experience.
- Provided leadership to the GSA, ensuring effective advocacy, community building, and support for ELP students.

Board of Directors Member (August 2023–May 2024)

**University at Buffalo Graduate School of Education
Equity, Diversity, Justice, and Inclusion Committee**

August 2023–May 2024

Student Representative

- Collaborated with faculty, staff, alumni, and students to advance EDJI (Equity, Diversity, Justice, and Inclusion) goals across the academic year.
- Assisted with the redesign of the EDJI website to enhance visibility and accessibility of initiatives
- Connected with professors engaged in EDJI-focused research and projects, compiling updates, and spotlighting their work on the website
- Organized a campus-wide food drive to support the UB Food Pantry, addressing food insecurity among students
- Participated in monthly meetings with faculty on the EDJI Committee to discuss and plan events promoting EDJI values across the community.

**University at Buffalo Graduate School of Education
Student Committee for Social Justice and Inclusion**

August 2023–Present

Member

**University at Buffalo Graduate School of Education
Educational Leadership and Policy Academic Grievance Pool
Student Representative**

August 2023–Present

**University at Buffalo Graduate School of Education
GSE Research Symposium Steering Committee**

August 2023–March 2024

Student Representative, Planning Subcommittee Member

- Collaborated on the selection and development of the symposium theme
- Assisted with the creation and distribution of the call for papers
- Invited and coordinated with the keynote speaker
- Reviewed and evaluated submitted abstracts for inclusion in the symposium.

**University at Buffalo Graduate Student Employees Union
Member, Mobilizer (August 2023–Present)**

August 2021–Present

**Baylor University First in Line Scholars Association
Scholar, Peer Leader (August 2018- May 2019)**

August 2017–May 2021

- Developed relationships with other first-generation students as well as faculty
- Became familiar with the Baylor campus and traditions through a pre-move-in program
- Attended workshops to help strengthen academic career
- Mentored in-coming first-generation college students and provided resources to guide them through their college careers
- Hosted group meetings and one-on-one sessions to build relationships and morale

McNair Scholars Program

February 2019–May 2021

Scholar, Student Ambassador (May 2020- May 2021)

- Training in diversity graduate school preparation and team building completed research under the guidance of a faculty mentor.
- Engaging in program recruitment, as well as outreach and education on the importance of diversity in higher education

**Baylor Undergraduate Research in Science and Technology
Member**

August 2019- May 2021

PROFESSIONAL AFFILIATIONS & ACTIVITIES

- AERA (August 2023- present)

- DIV J graduate student member
- 2024 Doctoral Cohort
- 2025-2026 Graduate Student Representative At-Large

COMPUTER & SOFTWARE SKILLS

IOS and Windows

- RStudio
- SPSS
- Stata
- Microsoft Word, Excel, PowerPoint, Teams
- Qualtrics
- Atlas.ti
- Zotero
- Canva