

Courtney Copeland
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EDUCATION

STATE UNIVERSITY OF NEW YORK AT BUFFALO	Buffalo, NY
PhD Combined Counseling Psychology and School Psychology Program	2025 (Anticipated)
Counseling Psychology Concentration	
Program Accredited by the American Psychological Association	
Advisor: Amy Reynolds, PhD	
Dissertation topic: Experiences of masculinity in African American male student athletes	
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NORTH CAROLINA AGRICULTURAL & TECHNICAL STATE UNIVERSITY	Greensboro, NC
M.S. School Counseling	December 2015
M.S. Clinical Mental Health	May 2015
B.A. Psychology	May 2010

LICENSURE & CERTIFICATIONS

Licensed Clinical Mental Health Counselor North Carolina #12133	2018 - Current
National Board Certified Counselor #341359	2015 - Current
Department of Public Instruction Licensed School Counselor North Carolina #1195834	2015 - 2020

EMPLOYMENT HISTORY

Counseling Services – State University of New York at Buffalo	Buffalo, NY
Clinical Graduate Assistant	August 2022- Current
Providing individual and small group counseling to university students. Delivering psychoeducational outreach workshops. Assessing student presenting concerns, progress monitoring, and outcomes utilizing the Counseling Center Assessment of Psychological Symptoms (CCAPS-62). Conducting comprehensive intake needs assessments. Assisting Counseling Services staff with research projects. Served as part-time embedded counselor in Athletics.	
Supervisor: Andrea Greenwood, PhD	
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Athletic Department – State University of New York at Buffalo	Buffalo, NY
Academic Performance Specialist	August 2020- May 2022
Implemented collegiate level academic skills and learning strategy curriculum with student athletes. Monitored completion of academic coursework. Facilitated small groups on academic growth and self-advocacy skills to promote independent learning. Documented student performance and date regular record keeping through student success portal. Maintained communication with Athlete Academic Affairs Staff in a supportive and multi-disciplinary environment.	
Supervisor: Melanie Bliz	
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Graduate School of Social Work Field Office -State University of New York at Buffalo	Buffalo, NY
Data Entry Graduate Assistant	August 2020- June 2021
Responsible for providing clerical support to the Social Work Field Education Department's Administrative Coordinator and other departmental staff. Assisted in placement for approximately 500 students for Social Work Field Placement Internships data entry. Communicated with agency contacts and students while maintaining confidentiality. Accurately utilized database for running basic queries and reports.	

Supervisor: Kathryn Griswold

Oak View Elementary School - Guilford County Schools
School Counselor

High Point, NC
July 2016- July 2020

Implemented comprehensive school counseling program for all students. Provided individual and small group counseling in a high need Title I elementary school, grades Pre-K through 5. Delivered guidance curriculum to students across grade levels. Engaged in student planning for individual students. Collaborated with teachers, families, and community stakeholders to ensure student growth. Advocated on behalf of students to promote academic, social/emotional, and post-secondary success.

Supervisor: GCS Director School Counseling K-12

CLINICAL TRAINING EXPERIENCE

Erie County Medical Center- Outpatient Rehabilitation Psychology
Doctoral Practicum Rehabilitation Psychology Counselor

Buffalo, NY
June 2022- May 2023

Provided individual counseling to inpatient and outpatient clients. Provided flexible inpatient services enhancing patient care. Comprehensive services provided for individuals experiencing chronic pain, adjustment to injury/illness, brain injury, spinal cord injury, amputations, and PTSD. Communicated with interdisciplinary teams about the impact of psychosocial variables on a patient's illness/disability. Co-facilitated bibliotherapy group.

Supervisor: Lisa A. Keenan-Uchold, PhD

Seneca Nation of Indians Behavioral Health Center
Doctoral & Master's level Practicum Mental Health Counselor

Irving, NY (Seneca Nation Territory)
August 2021-May 2022

May 2014- August 2014

Performed comprehensive psycho-social assessments of individual dynamics, history, and needs. Engaged in inter-agency case coordination and treatment team planning. Provided individual, group, and family therapy with adolescent and adult outpatient populations. Co-facilitated substance abuse and DBT small groups.

Supervisor: Allen Ward, LCSW-R

Athletic Department- State University of New York at Buffalo
Doctoral Wellness Practicum student

Buffalo, NY
February 2021- May 2021

Created and hosted a podcast with student athletes aligned with athletic department's DEI pillars. Assisted with website and resource development. Attended SAAC meetings and COSA meetings. Maintained communication with Senior Associate Athletics Director/SWA on assigned projects.

Supervisor: Kellie Peiper, CMPC

Northeast Guilford Middle School
Master's Intern School Counselor

McLeansville, NC
August 2015- December 2015

Provided individual and small group counseling to students in grades 6 through 8. Consulted with parents, teachers, and administrators on social, emotional, and behavioral needs of students. Supplied referral information to families for outside counseling services as well as other community assistance. Delivered guidance lessons to classes.

Supervisor: Sarah Sexton

Halo Center of Wellness
Master's Intern Mental Health Counselor

Winston Salem, NC
August 2014- May 2015

Utilized Child Centered Play Therapy with adolescent population involved with trauma, foster care, and adoption and their families in a private practice setting. Provided clinical services to a

culturally diverse population. Maintained communication with DSS and foster families/children.
Maintained client case notes and all other documentation.
Supervisor: Angel Nelson, LCMHCS, BC-TMH, EDS

TEACHING EXPERIENCE

CEP 401 Introduction to Counseling – State University of New York at Buffalo, 3 credit, Online
Undergraduate Course
Teaching Assistant
Course Instructor

Spring 2021
Fall 2022

PUBLICATIONS

Copeland, C., Li, Y., McCabe, E. A., & Meier, S. T. (Eds.) (2021). *Self-care for mental health students and professionals*. Lumen Learning. <https://self-care.pressbooks.sunycreate.cloud>.

Leigh-Osroosh, K. T., & Copeland, C. (manuscript under second review). Distributive justice for Native American Indigenous peoples in counseling. *Counseling and Values*.

Copeland, C., Reynolds, A., & Ackley, J. (manuscript under review). "Is it Hard Out Here for a Player?": Understanding the Relationship Between Adverse Childhood Experiences and Athletic Identity Among College Student Athletes. *Journal of Intercollegiate Sport*.

CONFERENCE PRESENTATIONS

Copeland, C., Reynolds, A., & Ackley, J. (2023, October). "Is it Hard Out Here for a Player?": Understanding the Relationship Between Adverse Childhood Experiences and Athletic Identity Among College Student Athletes. [Conference Presentation]. Association for Applied Sports Psychology, Orlando, Florida.

Leigh-Osroosh, K., & Copeland, C. (2023, April). *Justice in Counseling for Native American Indigenous Peoples*. [Conference Presentation]. American Counseling Association Conference, Toronto, ON, Canada.

Johnson, M., Copeland, C., Johnson, A., & Oladele, K. (2021, February). *It's the Pandemic for Me!: An Intersectional Discussion About the Impact of the COVID-19 Pandemic on Black Psychologists in Training, with Consideration to Race, Gender, and Class*. [Conference Presentation]. Teachers College Columbia University Annual Winter Roundtable, virtually held online.

Smith-Augustine, S., Copeland, C., & Gray, K. (2015, November). *Transforming School Counselor's Practice Through Local and International Cultural Immersions*. [Conference Presentation]. Symposium at the North Carolina School Counselor Association Conference, Greensboro, NC.

WEBINAR PRESENTATIONS

Leigh-Osroosh, K., & Copeland, C. (2021, January). From Positionality to Relationality: Ethics and Practice for working with Native American and Indigenous Communities [Webinar]. Association of Humanistic Counseling.

PROFESSIONAL DEVELOPMENT PRESENTATIONS

Copeland, C., Ackley, J., Printup, K., & Postle, C. (2022, November & December) *Working with Native Clients*. University at Buffalo, Buffalo, NY.

<https://ub.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=1652eae8-d1d2-4633-a169-af2e01578986>

SERVICE

Volunteer, Candles in the Sun youth basketball skills clinic	Summer 2023
Community Outreach, Seneca Nation Buffalo Creek Summer youth camp	Summer 2022
President, Guilford County Schools American Indian Education Board	2019-2020

PODCASTS

Copeland, C. & Britton, R. (Hosts). *Diagnosing Sitcoms & Movies*. Podbean.
<https://thedsmpodcast.podbean.com/>

Copeland, C. (Host) Air It Out. Podbean. <https://airitoutshow.podbean.com/>

AWARDS & RECOGNITIONS

Psychological Association of Western New York	June 2022
Racial/Ethnic Minority Doctoral Candidates in Clinical and Counseling Psychology Scholarship Award	

University at Buffalo Department of Indigenous Studies	May 2023
Graduate Award for Indigenous Research	

PROFESSIONAL MEMBERSHIPS

American Psychological Association:
Division 17 Society of Counseling Psychology, student member
Division 47 Society for Sport, Exercise & Performance Psychology, student member

Association of Black Psychologists, student member

Society of Indian Psychologists, student member; SIP mentee of Dr. Sue C Jacobs

American Counseling Association, professional member:

Native American Concerns Group, The Association for Multicultural Counseling and Development