

Christina Inyang, LCSW, LCADC

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EDUCATION

University at Buffalo

Counseling Psychology and School Psychology Doctoral Program Present

Rutgers University - School of Social Work, Master of Social Work (MSW) 2016

Area of Emphasis: Clinical; Children, Youth and Families

GPA: 3.9

LIU Post - Bachelor of Fine Arts 2008

Major: Theater Arts

HONORS & AWARDS

MSW Students Supporting Students Scholarship recipient 2015

Delta Epsilon Iota Academic Honor Society 2014

SPECIALIZED TRAININGS & CERTIFICATIONS

Data Analysis and Programming

R Programming Fundamentals

EdX Present

The course covers the basics of this language, basic statistical functions, including variable and external data sets, write functions factors, data frames, data lists, lists, and matrices.

Intro Course: spreadsheets and statistics Present

EdX

The course is designed to assist learners with using the various functionalities of Google Sheets to manipulate, inspect, and interpret data and master the basics of data analysis with formatting, formulas, calculations, and charts.

Statistics 1 Part 1: Introductory statistics, probability and estimation Present

EdX

First in a series of four courses which helps to master statistics fundamentals and build quantitative skillset.

Trainings and Certificates related to Psychology and Social Work

Compassionate Inquiry Professional Training Program 2023

330-hour year-long

Graduate level trauma-informed psychotherapeutic approach developed by Dr. Gabor Maté that unveils the level of consciousness, mental climate, hidden assumptions, implicit memories, and body states that lies beneath the appearance we present to the world.

Certified Clinical Training Professional

2022present

Navigating and understanding essential elements of effective trauma treatment.

Social Psychology

2022

Coursera - Wesleyan University

Course offers a brief introduction to classic and contemporary social psychology, covering topics such as social perception, decision making, persuasion, group behavior, personal attraction, and factors that promote health and well-being.

Reduce Stress and Anxiety by Managing Your Nervous System

2022

LinkedIn Learning Certificate

Integrative Somatic Trauma Therapy Certificate program

2022

Explored a unified somatic approach to trauma-informed care: including a deeper understanding of the body's relationship with social, environmental, developmental, relational, spiritual, and cultural wounding and healing.

Resilience and the Black Experience – Continuing Education Unit

2022

Rutgers Graduate School of Applied and Professional Psychology (GSAPP)

Drawing from a traditional African cultural perspective, this presenter will hone in on a key critical aspect of personhood essential to the exceptional resilience of Black people.

National Association of Social Workers (NASW) Relevant Continuing Education Units

Being Black in America and Race-Based Trauma: When History and

2022

Present Day Collide

Clinical/Social Cultural Competence

An Overview of Black Male-Female Relationships, Post Traumatic Slave Syndrome, 2022

and Intimate Partner Violence: Implications for Culturally Specific Social Work Interventions

Transforming the Future of Social Work by Translating Trauma Informed Care Principles into Practice	2022
NASW Trauma Certificate Program 20 hour program of in-depth training covering foundational therapeutic skills, neuro-biological, psychological, somatic, and socio-cultural Impact of impacts of trauma	2021
Person-Centered and Trauma-Informed Care: Tools for Engagement Advanced Recovery Systems	2020
Dismantling Health Disparities: Attacking Causes Healing Effects	2020
Anti-racism in Social Work: Building Authentic Relationships and Creating Institutional Change	2020
A Conversation about Healing Racism	2020
Diversity and Inclusion Certificate Course work centered on understanding the perceptual, institutional, and psychological processes that impact the ways people interact with each other. eCornell learning platform	2020
Social Work License: Licensed Clinical Social Worker New Jersey License No: 44SC05881200 Date of Licensure: 8/22/2019 Expiration Date: 8/31/2026	
Other License: Licensed Clinical Drug and Alcohol Counselor New Jersey License No: 37LC00316600 Date of Licensure: 02/2020 Expiration Date: 7/31/2026	

PUBLICATIONS

PEER-REVIEWED ARTICLES

Jemal, A., Windsor, L., **Inyang, C.**, & Pierre-Noel, C. (2022). The Critical Dialogue

Cornerstone: Suggested Practices to Guide Implementation, Facilitation and Evaluation. Journal of Progressive Human Services: Radical Thought & Praxis.

Jemal, A., Gunn, A., & **Inyang, C.** (2019). Transforming responses: Exploring the treatment of substance-using African American women. Journal of Ethnicity in Substance Abuse, 19(4), 659-687. DOI: 10.1080/15332640.2019.1579141

PRESENTATIONS

Inyang, C. (2024). Racialized Trauma in FGLI Students of Color: A Systematic Review. June 21-23. Poster presentation to be presented at Society for the Psychological Study of Social Issues 2024 Summer Conference.

Inyang, C. (2022). Leaving Pain in the Past: I Want a Healthier Life. November 13-15. Building Bridges that Promote FGLI Student Success: Community, Collaboration, and Coalition. Workshop presented at the First Generation, Lower Income Annual Administrator Conference. University of Notre Dame. South Bend, Indiana.

PEER REVIEWED PRESENTATIONS

Windsor, L., Jemal, A., **Inyang, C.** (2021). Critical Dialogue Developing Critical Consciousness: The Cornerstone of Group Work Practice for Liberation. Poster Presentation at the Annual Conference of the Society for Social Work and Research (SSWR) 2021 SSWR Virtual Conference, January 19-22, 2021.

Jemal, A., **Inyang, C.**, Gabam, R., Gaskins, L., & Pierre, C. (2017). Community Wise Fishbowl: Empowering Women with Histories of Substance Use Disorders and Incarceration History. October 13-14. Institute for the Study and Promotion of Race Culture (ISPRC), 2017 Diversity Challenge: Race, Culture, and Criminal Justice throughout the Lifespan. Boston, MA.

Jemal, A. & **Inyang, C.** (2015). Answer my questions! Building common ground for collaborative partnerships between researchers and community members. Workshop presented at the NASW-NJ Annual Conference, Atlantic City, NJ.

Jemal, A., **Inyang, C.** & Belo, S. (2014). Developing critical consciousness: The cornerstone of social work practice. Workshop presented at the NASW-NJ Annual Conference, Atlantic City, NJ.

PROFESSIONAL EXPERIENCE

RESEARCH

Interests: Intergroup/interracial relations. The role of social cognitive processes related to prejudice, stereotyping, and discrimination and connection to traumatic stress symptoms and

impact on health-related disparities for people of color. How individuals internalize social constructions such as race and conceptualize sense of self, self-identity, mental well-being, and health outcomes.

Community Wise Optimization Study

2016

Project Coordinator

NIH funded clinical trial. The study engaged in intervention science, and Multistage Optimization Strategy using a factorial design. Grounded in community based participatory research (CBPR), Community Wise, a multilevel, 15-week behavioral health intervention was developed and pilot-tested to reduce substance use frequency, HIV/HCV risk behaviors, and reoffending by increasing critical consciousness in the community.

African-American Brain Health Initiative

03/2015 - 08/2016

Graduate Research Assistant - Center for Molecular and Behavioral Neuroscience

Outreached, recruited and tested study participants of the Pathways to Healthy Aging in African Americans pilot research study. Used various neuropsychological tests, pen to paper tasks, physical assessment measures, as well as computer tasks to screen various participants.

Newark Community Collaborative Board

09/2015 - Present

Board Member

Build community capacity by empowering individuals with histories of HIV/HCV, substance use disorders, and incarceration to advocate for their health and for equity. Community engagement, participation, and through research—all backed by critical thinking.

Newark Community Collaborative Board

MSW Graduate Research Assistantship

09/2013 - 09/2015

Experience in conducting community based participatory research and behavioral intervention evaluation/development. Developed an understanding of Critical Consciousness Theory and its translation into Social Work research and practice.

PRACTICE (CLINICAL, COMMUNITY & TRAININGS)

Interests: Trauma, race-based trauma, stress-coping, substance use, racial/ethnic identity, selfconcept, self-esteem, mental health, health outcomes, health disparities

Princeton University

05/2021 – 05/2025

Emma Bloomberg Center for Access and Opportunity

Assistant Director for Student Support and Assistance

Offer comprehensive support to Princeton students, focusing on first-generation, lower-income, and underrepresented students. Provide guidance in co-curricular areas, executive functioning, life skill development, wellness coaching and strategies, and facilitate connections with vital

resources, both within and outside the University, to enhance their overall well-being and success.

Princeton Professional Workshops

Facilitate various workshops pertaining to Trauma, Crisis, Wellness, and Mental Health related topics for the Freshman Scholars Institute, Scholars Institute Fellow Program, Princeton Undergraduate Preparatory Program, and the Aspiring Scholars and Professionals Program.

Inner light Counseling and Holistic Center

2016 - 2018

Mental Health Clinician

Performed psychosocial, self-injury, and suicide risk assessments for current clients. Developed and administered therapeutic treatment and interventions addressing mental and emotional health concerns using various clinical techniques.

Clarity Treatment Center

2018 - 2019

Primary Counselor

Provided co-occurring therapeutic services that created a deeper sense of self-reflection to address substance use and mental health disorders to a diverse client base of adolescents and adults. Facilitated group therapy targeting women's health, psychological stressors, trauma, parenting, and relationships. Conducted bio psychological assessments and evaluations to determine appropriate level of care.

Ujima Healing Project

04/2021 - Present

Therapist for Credible Messengers and Violence Interrupters

Conduct biopsychosocial assessments and provide psychotherapy services to credible messengers and violence interrupters, facilitate circle practice, and provide group clinical facilitation for mindfulness and trauma.

SAGE Holistic Consulting, LLC.

Present

Provide individual psychotherapy to emerging adult and adult populations. Integrate trauma-informed, person-centered, psychodynamic, and holistic approaches to serve individuals experiencing mood, stress, anxiety, identity development, relational, and trauma-related concerns.

Diversity, Equity, Inclusion, and Belonging Consulting

BURNS BROTHERS

10/2020 - Present

Diversity Equity and Inclusion Consultant

Facilitated workshops on Internalized Racism as a concept, including characteristics, effects, and impact of this phenomena to corporations such as CITI, BNY Mellon, and UBS.

The Stuttering Association for the Young

05/2021

Diversity Equity and Inclusion Consultant

Facilitated a dialogue on Internalized Racism, Internalized Racial Superiority/Privilege and intention vs. impact.

Community Hope

2019 - 2020

Program Coordinator

Brought into the leadership team to create and execute strategy & planning resources that expanded opportunities and boost service delivery. Steer oversight for a team of 16 direct reports to develop and integrate training programming.

CIVIC ENGAGEMENT ACTIVITIES**Montclair Fund for Educational Excellence**

05/2021 - 7/2021

Facilitator, Learning Circles on Race

Built connection, conversation, and community by facilitating learning circles of community members and learners to develop their personal racial literacy as a step towards addressing racial inequity in the school district in the city of Montclair NJ.

Charles H. Bullock Elementary School

2020 - Present

Co-chair, Bullock Anti-Racism Equity Team

Supporting the school's efforts related to equity, anti-racism, and inclusion by centering student voices, assessing school climate, curriculum and policy, and community engagement.

PROFESSIONAL AFFILIATIONS

Member, NASW

05/2016

Member, The Newark Community Collaborative Board (NCCB)

09/2015

Member, Delta Sigma Theta Sorority, Inc.

04/2007