

# CURRICULUM VITAE

## EMIL BECKFORD

Graduate School of Education, University at Buffalo  
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### **EDUCATION**

**University at Buffalo**; Buffalo, New York 2022-present  
Ph.D., Counseling Psychology  
Current GPA: 4.00

**Yale University**; New Haven, Connecticut 2015-2020  
B.S., Psychology Major, Neuroscience Track  
Cumulative GPA: 3.79  
2018-2019 Year spent with The Whiffenpoofs, travelling a cappella choir

### **TRAINING PROGRAMS**

**Diversifying Psychology Weekend**, *University of North Carolina - Chapel Hill* 2020-2021  
**Diversity Recruitment Weekend**, *University of Michigan - Department of Psychology* 2020

### **HONORS AND AWARDS**

**Presidential Fellowship**, Graduate School of Education, *University at Buffalo* 2022-present  
**Pauli Murray 2020 Outstanding Achievement in the Arts Award**, *Yale University* 2020  
**Psi Chi**, The National Honor Society for Psychology, *Yale University* 2018-2020  
**Dean's Fellowship for Humanities and Social Sciences** (\$2000) 2018  
**David B. Goldberg Music Scholarship** (\$5000) 2018

### **CLINICAL EXPERIENCE**

**Intern Counselor** Aug. 2023 - present  
*Villa Maria College Care Center*  
*Supervisor: Kasha LeBron, LMSW*  
*Villa Maria College, Buffalo, NY*

- Conduct therapy sessions with adults with mood, anxiety, learning disability, academic, and behavioral concerns in-person and online (using Teams)
- Create, design, and facilitate LGBTQIA+ Support Group (group therapy intervention)
- Co-lead care team (i.e., committee of professors, staff, and administrators coordinating care for students in need)
- Consult with external counselors to aid in care coordination
- Develop and execute outreach programming (e.g., tabling, art therapy events, classroom workshops)
- Assist in planning and coordination of Villa Recharge (i.e., yearly interdepartmental stress reduction fair)
- Follow up with students with attendance and mental health concerns
- Develop and present case conceptualizations
- Create client schedules and maintain client records using Bookings and Sessions Health
- Participate in weekly individual supervision

### **First-Year Practicum Student**

Jan. 2023 – May 2023

University at Buffalo Counseling Services (UBCS)

Supervisors: Peggy Tull, M.A.; Amanda Tyson-Ryba, Ph.D.

University at Buffalo, Buffalo, NY

- Conduct audio and video-supervised individual therapy sessions with adults with mood, anxiety, learning disability, and behavioral concerns in-person and online (using TAO)
- Create client schedules and maintain client records using Titanium
- Consult with internal and external counselors to aid in care coordination
- Develop and present case conceptualizations
- Participate in weekly individual and group supervision

### **Intern**

Oct. 2020 – Jan. 2021

Chat 4 Change (C4C)

Principal Investigator: Daniel Davidson, MPH, MSW

Yale University, New Haven, CT

- Facilitated group sessions with 13 Black/Latino men who have sex with men in New Haven community to gain their insights on online PrEP uptake intervention
- Translated community feedback from group sessions into steps of intervention
- Helped develop implementation manual for PrEP uptake intervention backed by A Place to Nourish Your Health (APNH)

## **PUBLICATIONS AND MANUSCRIPTS**

### **Peer-Reviewed Articles**

1. Baskin-Sommers, A., Simmons, C., Conley, M., Chang, S., Estrada, S., Collins M., Pelham, W., **Beckford, E.**, Mitchell-Adams, H., Berrian, N., Tapert, S., Gee, D.G., Casey, B. J. (2021). Adolescent civic engagement: Lessons from Black Lives Matter. *Proceedings of the National Academy of Sciences*, 118(41), e2109860118.
2. Sadeh, N., Miglin, R., Bounoua, N., **Beckford, E.**, Estrada, S., & Baskin-Sommers, A. (2021). Profiles of lifetime substance use are differentiated by substance of choice, affective motivations for use, and childhood maltreatment. *Addictive behaviors*, 113, 106710.

### **Submitted Manuscripts**

1. **Beckford, E.**, Reynolds, A. L., Manges, M. (Submitted). Everybody's Different: Examining Outness and Community Belongingness in Racially-Diverse LGBTQIA+ Individuals.

## **PRESENTATIONS**

1. **Beckford, E.** & Orcutt, J. (2023, April). *Identity and Pride: A Conversation on LGBTQIA+ Terminology and How to Best Support Queer People in Our Work*. Invited workshop presented at the Committee for Social Justice and Inclusion pride week event, Buffalo, NY.

## **RESEARCH EXPERIENCE**

### **Graduate Assistant**

Aug. 2022 - present

Graduate School of Education (GSE)

Advisors/Supervisors: Amy Reynolds, Ph.D.; Tangela Roberts, Ph.D.; Courtney Ward-Sutton, Ph.D.

University at Buffalo, Buffalo, NY

- Design and write qualifying research paper examining effects of race and sexuality on outness and community belongingness

- Conduct pilot study for community-based, community belongingness-focused group therapy dissertation
- Build connections with community partners for research
- Analyze secondary quantitative data from 600+ queer and trans individuals using SPSS
- Participate in team analyzing secondary qualitative data from 600+ queer and trans individuals
- Conduct literature searches to support writing of papers and proposals

**Pre-Doctoral Research Fellow/Undergraduate Research Assistant** Jan. 2020 – May 2022

*Fundamentals of the Adolescent Brain (FAB) Lab*

*Adolescent Brain Cognitive Development (ABCD) Study, funded by the National Institutes of Health*

*Principal Investigator: BJ Casey, Ph.D.*

*Yale University, New Haven, CT*

- Conducted interviews with validated questionnaires regarding emotions, thoughts, behaviors, relationships, and substance use of children aged 11-15 and their parents/guardians in a longitudinal study
- Conducted diagnostic interviews (K-SADS) to measure current and past symptoms of mood, anxiety, psychotic, and disruptive behavior disorders
- Administered clinical family history and timeline follow-back assessments
- Collected Magnetic Resonance Imaging (MRI) data to study longitudinal changes in brain and health in adolescents
- Executed all participant payments, reimbursements, and lab spending and interfacing with vendors to process supply and publication invoices
- Corresponded with Yale's IRB to keep our lab and three others in compliance with Yale and ABCD ethical standards
- Oversaw and maintained Fitbit physical activity and EARS mobile device usage substudies for 4-year participants through distribution, setting up, tracking, and troubleshooting
- Created and developed new retention strategies like participant-made playlist and book list
- Administered NIH Toolbox and Q-interactive batteries to assess working memory, attention, language, and other neurocognitive domains
- Gathered saliva, hair, urine, breath, and buccal swab biospecimens to perform environmental and clinical toxicology analyses
- Scheduled families for their yearly assessments and maintaining retention for a 10-year longitudinal multi-site study
- Wrote lab-specific Standard Operating Procedures, particularly involving difficult situations, and training new staff on study procedures
- Assisted in maintenance of lab records, using RedCap and a PII database
- Managed, implemented, and updated tracking spreadsheets to facilitate scheduling and retention of 635 participants
- Frequented weekly teleconferences to coordinate efforts for 12,000 participants across our 21 US-based sites
- Engaged in lab meetings discussing empirical articles and new research
- Gave feedback on mental health-related questions asked to participants as a trainee member of consortium-wide Mental Health Workgroup
- Worked on a project examining effects of race, sexual identity, and music on mental health outcomes

**Research Assistant**

Mar. 2017 – May 2020

*Mechanisms of Disinhibition (MoD) Lab*

*Principal Investigator: Arielle Baskin-Sommers, Ph.D.*

*Yale University, New Haven, CT*

- Ran behavioral sessions (utilizing Matlab), with currently incarcerated participants, involving an emotion identification task
- Administered a mini-interview about aggression with currently incarcerated participants
- Ran EEG sessions (utilizing Matlab/Neuroscan) with community participants, involving an attention task
- Entered data for community and prison studies using Qualtrics
- Actively participated in lab meetings that discuss empirical articles and theoretical issues
- Wrote a senior thesis on the effect of empathy on perceptions of facial trustworthiness
- Received a fellowship through the Yale Justice Collaboratory to conduct research at the prison site

**Research Assistant**

Jan. 2017 – May 2018

*Clark Relationships Science Lab*

*Principal Investigator: Margaret Clark, Ph.D.*

*Yale University, New Haven, CT*

- Ran participant sessions in a dyadic relationship study and a confederate study
- Recruited and scheduled participants through email correspondence and community flyer
- Created transcripts of participant conversations during dyadic study to gauge intensity and frequency of emotional language
- Edited and modified study protocols as new contingencies arise
- Trained new undergraduate research assistants on study procedures
- Entered data for dyadic and confederate studies using Google Sheets
- Actively participated in weekly lab meetings

**Research Assistant**

Sept. 2015 – May 2016

*Motivated Cognition and Aging Brain (MCAB) Lab (now at Duke University in Durham, NC)*

*Principal Investigator: Gregory Samanez-Larkin, Ph.D.*

*Yale University, New Haven, CT*

- Created videos of faces changing from different emotion states for a dynamic facial stimulus video database using Morph Age
- Actively participated in weekly lab meetings

**OTHER RELEVANT WORK EXPERIENCE**

**Student Assistant**

June 2023 – present

*Office of Inclusive Excellence (OIX)*

*University at Buffalo, Buffalo, NY*

- Search for events and stories at UB and in Buffalo area related to diversity, equity, and inclusion
- Update Office of Inclusive Excellence website to make it more inclusive
- Create First-Generation Resources webpage on OIX website
- Re-work accessibility of LGBTQIA+ Inclusion webpage on OIX website
- Re-design Minority Faculty and Staff Association website

**Work Leader/Manager** Dec. 2015 – May 2020

*Sterling Memorial Library*

*Yale University, New Haven, CT*

- Created daily workflows by delegating tasks of student employees
- Supervised extra shifts held outside of working hours, specifically during nights and weekends
- Oversaw the training of new employees, identified problems in the department, and led special projects to fix those problems
- Discharged, shelved, and sorted incoming books in North America's fourth-largest library

**Co-Chair/Treasurer/Social Media Chair** May 2018 – May 2019

*Yale Singing Group Council (SGC)*

*Yale University, New Haven, CT*

- Worked directly with the Yale College Dean's Office to ensure the a cappella community's promotion of a safe and welcoming environment for first-year and others students participating in rush (yearly recruitment process placing 80 students into a cappella groups)
- Corresponded regularly with the leadership teams of 16 a cappella groups and leaders of the Yale administration
- Organized all aspects of a cappella rush, concerts attended by over 400 students, workshops for SGC group members, and parties
- Collected and processed dues from member groups, created budgets for multiple large concerts and formal events, and secured additional funding for those events
- Created and maintained the council's Instagram, which was used in conjunction with Facebook to promote member-group events and the a cappella rush process

**Social Media Team/Webmaster** May 2018 – Aug. 2019

*The Yale Whiffenpoofs*

*Yale University, New Haven, CT*

- Created regular Instagram and Facebook posts for the Whiffenpoofs, America's oldest collegiate a cappella group and one of the best-known a cappella groups in the world
- Engaged with social media visitors and drove traffic to our performances
- Used Squarespace to maintain the group's website
- Uploaded videos to the group's YouTube channel

**Head Recruitment Manager/Webmaster** Sept. 2015 – May 2018

*Mixed Company of Yale*

*Yale University, New Haven, CT*

- Served as the logistical overhead of the group's a cappella recruitment process
- Tracked group spending, reserved spaces for auditions and callbacks, scheduled rehearsals, and planned recruitment events
- Used Squarespace to manage the group's website and curated a social media presence

**SERVICE AND LEADERSHIP**

Secretary, Counseling, School, and Educational Psychology (CSEP). Sept. 2023 - present

Graduate Student Association (GSA), *University at Buffalo*

Treasurer, UB Queer Grad Club (UBQ), *University at Buffalo* May 2023 - present

Member, Vice Provost for Inclusive Excellence Search Committee, *University at Buffalo* Mar. 2023 – Sept. 2023

Student Volunteer, Department of Counseling, School, and Educational Psychology Interviews/Admitted Students Day, *University at Buffalo* Feb. 2023 – Mar. 2023

## **PROFESSIONAL MEMBERSHIPS**

Psychological Association of Western New York	June 2023 - present
American Counseling Association	May 2023 - present
National Rehabilitation Association	Feb. 2023 - present
Association for Behavioral and Cognitive Therapies	Oct. 2022 - present
APA Division 17, Society of Counseling Psychology	Sept. 2022 - present
American Psychological Association	Sept. 2022 - present

## **RELEVANT SKILLS AND TRAININGS**

- *Ethics*: Collaborative Institutional Training Initiative (CITI) Training: Human Subjects Research, Social/Behavior Research
- *Telehealth*: Telehealth 101 for Mental Health Professionals, TAO
- *Equipment*: Magnetic Resonance Imaging (MRI); Electroencephalography (EEG)
- *Biospecimen equipment and collection*: Dräger Breathalyzer (AlcoTest® 5510); Dräger Drug Test 5000®; NicAlert Nicotine Exposure Urine Test; RediTest Smoke Cassette; Psychemedics Hair; RUCDR DNA Saliva; Salimetrics DNA
- *Clinical Interviewing*: Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS)
- *Technological Skills*: Microsoft Office suite, Google suite, Final Cut Pro, RedCap, Titanium, Sessions Health, Squarespace, R, Qualtrics, SPSS, OnCore, Matlab