

University at Buffalo

Mental Health Counseling Program

Curriculum and Course Sequencing

The online and on-campus curricula are identical (60 credit hours), but course sequencing differs by format. Many courses may only be offered **once per year** so any deviation from the sequence **may delay graduation**.

On-Campus Full-Time Course Sequencing

The on-campus format is designed as a full-time program that may be completed in two years (five semesters). On-campus students must attend fall and spring semesters.

Standard track students attend only in the fall and spring semesters. Accelerated track students take classes in the fall and spring semesters and the summer session. A typical program includes the following on-campus course sequencing:

STANDARD

Fall Year 1

CEP 521	Mental Health Counseling	3 credits
CEP 532	Understanding Statistical Research	3 credits
CEP 653	Foundations of Counseling Theories	3 credits
CEP 680	Career Development	3 credits

Spring Year 1

CEP 615	Legal and Ethical Issues in Counseling	3 credits
CEP 618	Principles of Counseling Practice	3 credits
CEP 634	Multicultural Issues in Counseling	3 credits
CEP 658	Introduction to Group Work (with lab)	3 credits

Fall Year 2

CEP 586	Assessment in Mental Health Counseling	3 credits
CEP 600	Internship in Mental Health Counseling	6 credits
CEP 695	Psychopathology and Evidence-Based Interventions	3 credits

Spring Year 2

CEP 504	Intro to the Rehabilitation of Substance Abuse and Addictions	3 credits
CEP 600	Internship in Mental Health Counseling	6 credits
CEP 664	Process of Consultation (MHC section)	3 credits

Fall Year 3

CEP 541	Human Growth and Development	3 credits
CEP 629	Family Counseling	3 credits
CEP ###	CEP Elective	3 credits
CEP ###	CEP Elective	3 credits

Counselor Preparation Comprehensive Exam (CPCE) is REQUIRED during the final semester, but no credit value is assigned.

Total Credits = 60

ACCELERATED**Fall Year 1**

CEP 521	Mental Health Counseling	3 credits
CEP 532	Understanding Statistical Research	3 credits
CEP 653	Foundations of Counseling Theories	3 credits
CEP 680	Career Development	3 credits

Spring Year 1

CEP 615	Legal and Ethical Issues in Counseling	3 credits
CEP 618	Principles of Counseling Practice	3 credits
CEP 634	Multicultural Issues in Counseling	3 credits
CEP 658	Introduction to Group Work (with lab)	3 credits

Summer Year 1

CEP 541	Human Growth and Development	3 credits
CEP 695	Psychopathology and Evidence Based Interventions	3 credits
CEP ###	CEP Elective	3 credits
CEP ###	CEP Elective	3 credits

Fall Year 2

CEP 586	Assessment in Mental Health Counseling	3 credits
CEP 600	Internship in Mental Health Counseling	6 credits
CEP 629	Family Counseling	3 credits

Spring Year 2

CEP 504	Intro to the Rehabilitation of Substance Abuse and Addictions	3 credits
CEP 600	Internship in Mental Health Counseling	6 credits
CEP 664	Process of Consultation	3 credits

Counselor Preparation Comprehensive Exam (CPCE) is REQUIRED during the final semester, but no credit value is assigned.

Total Credits = 60

Online Part-Time Course Sequencing

The online format is designed as a part-time program that may be completed in four years, including two summers. Online students are required to take coursework over two summers. Students will have some classes that regularly meet remotely via Zoom on the scheduled day and time. Students may also need to arrange synchronous meetings or presentations in other courses. To pass these courses, students must attend the scheduled sessions.

A typical program includes the following online course sequencing:

Fall Year 1

CEP 521*	Mental Health Counseling	3 credits
CEP 653	Foundations of Counseling Theory	3 credits

Spring Year 1

CEP 541	Human Growth and Development	3 credits
CEP 618*	Principles of Counseling Practice	3 credits

Summer Year 1

CEP 532	Understanding Statistical Research	3 credits
CEP 634*	Multicultural Issues in Counseling	3 credits

Fall Year 2

CEP 680	Career Development	3 credits
CEP 695	Psychopathology and Evidence Based Interventions	3 credits

Spring Year 2

CEP 586	Assessment in Mental Health Counseling	3 credits
CEP 615	Legal and Ethical Issues in Counseling	3 credits

Summer Year 2

CEP ###	CEP Elective	3 credits
CEP ###	CEP Elective	3 credits

Fall Year 3

CEP 629	Family Counseling	3 credits
CEP 664	Process of Consultation	3 credits

Spring Year 3

CEP 504	Intro to the Rehabilitation of Substance Abuse and Addictions	3 credits
CEP 658*	Intro to Groups	3 credits

Fall Year 4

CEP 600*	Internship in Mental Health Counseling	6 credits
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Spring Year 4

CEP 600*	Internship in Mental Health Counseling	6 credits
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Counselor Preparation Comprehensive Exam (CPCE) is REQUIRED during the final semester, but no credit value is assigned.

* CEP 521, CEP 600, CEP 618, CEP 634 and CEP 658: These courses are not fully asynchronous. The entire course or specific course sessions require attendance at a scheduled time.

Total Credits = 60