



mission



“Supporting families and professionals to empower individuals with disabilities to reach their full potential”



SUPPORT



EDUCATE



CONNECT



EMPOWER

MY STORY



1st Day of Pre-K





What does Bullying look like?

Physical



Cyber



Verbal

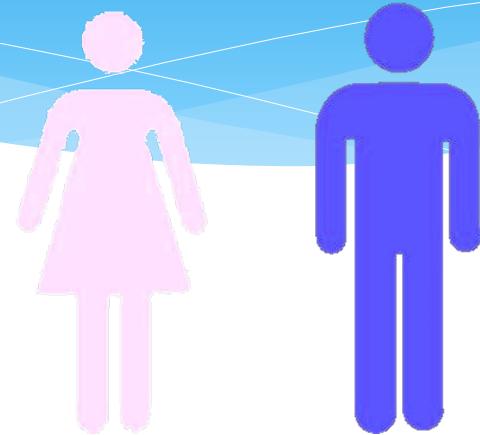


Emotional
Indirect



Is Bullying Different in Boys and Girls?

- Boys
 - More direct, physical bullying
 - Bully more frequently than girls
 - Bully both boys and girls
- Girls
 - More indirect (harder to detect)
 - Often occurs in groups and with girls of same age
 - Cyber-bullying slightly more common than for males



What are the facts?



pppst.com

- * 160,000 students miss school each day because of bullying
- * 10% of students who drop out of school do so because of bullying
- * 7%-15% of children report being targets of bullying, the percentage goes to 77% in some reports.
- * Among 3rd graders on a playground, an act of bullying occurs every 7 seconds
- * Schools hear about 1/3 of the bullying that occurs on school playgrounds.

Bully Proofing Your Child

What can YOU do?



Be an UPSTANDER



Be an UPSTANDER



Telling/Reporting

Vs

Tattling/Ratting



The Dignity for All Students Act

(N.Y. Educ. Law §§10-18, 801-a)

- * Requires districts and schools to prevent, monitor and address bullying through:
- * Staff training
- * Designation of an anti-bullying coordinator
- * Sensitivity and tolerance curricula for students
- * Code of Conduct language explaining policies and consequences
- * Started with the 2012-2013 school year

The Dignity Act Covers

- * Bullying and harassment by students
AND adults
- * “School property” and “school
functions”
- * Bullying and harassment for any reason

Bullying and the IEP

- * IEP can be a helpful tool in a bullying prevention plan.
- * Free and Appropriate Public Education (FAPE)
- * IEP Team can identify strategies that can be written into the IEP to help prevent and/or stop bullying.



Bullying and the IEP-Strategies

- * Identify an adult in the school who the child can report to or go for assistance
- * Determine how school staff will document and report incidents
- * Allowing the child to leave class early to avoid hallway incidents
- * Holding in-services for staff and peers to help understand child's disability
- * Educating peers about school district policies on bullying behavior

Goals for the IEP Team to Consider

- * Social skills work, both individual and group
- * Speech and language skills
- * Self-advocacy skills
- * Self-awareness
- * Strength building skills



What can YOU do?

Set Clear and Consistent Rules and Boundaries

- Have computers in common areas (not in bedroom)
- Bring cell phones, computers to parents' room to charge overnight
- Teach to use the “OFF” switch - Do not react or respond to things that are upsetting
- No sites like Snap Chat/Twitter
- No Facebook under age of 13
- Supervise
- Limit activities (no 24/7)
- Know child's password
- Be friend on Facebook



What can YOU do?

- * Encourage kids to speak to a trusted adult if they are bullied or see others being bullied.
- * The adult can give comfort, support and advice even if they can't solve the problem directly.
- * Encourage the child to report bullying if it happens.



What can YOU do?

- * Encourage kids to do what they love like sports, special activities, interest, and hobbies. This can boost confidence, helps kids make friends and protect them from bullying behavior
- * Fill their self confidence pot
- * Model how to treat others with kindness and respect~Use teachable moments





“If we are to succeed in preventing bullying, we need to break the climate of silence in which it thrives by empowering children and young people to speak out and seek help.”

Gill Francis, Chairman of the Anti-Bullying Alliance

Questions?

