



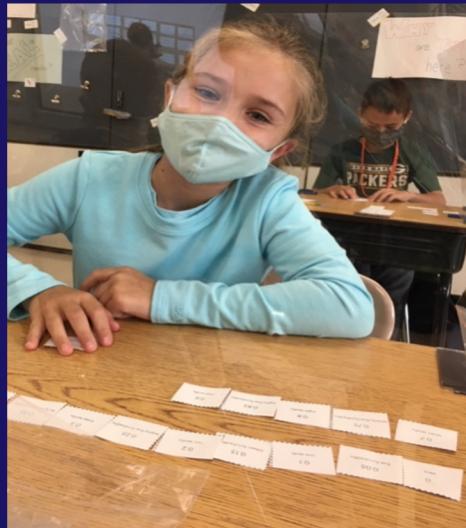
Supporting Schools in Times of Physical Distancing & Crisis

Jennifer Noe, LMSW
School Social Worker
Smallwood Drive Elementary School
Amherst Central Schools



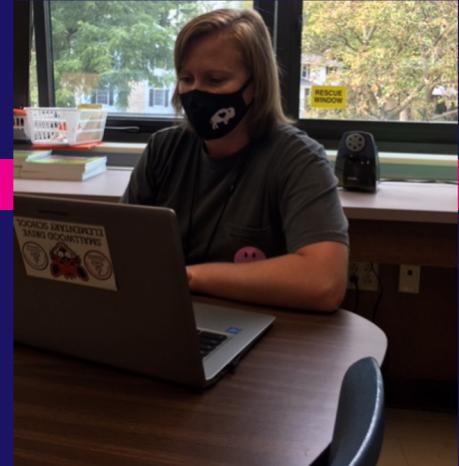
Supporting . . .

Students



Teachers

Families

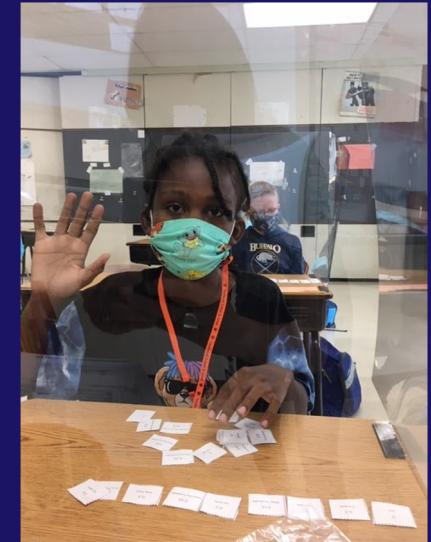




“THE TRUE IMPACT OF COVID-19 WILL NOT BE
KNOWN FOR YEARS TO COME, BUT WE DO
KNOW THAT THIS PANDEMIC HAS CAUSED
CONCERN FOR WIDESPREAD TRAUMA IN THE
LIVES OF CHILDREN.”

—The Washington Post

Supporting Students



Build a sense of community

*** Find ways to connect school and home
keep your PBIS ideas alive!**



*** Connect with students while
they are at home or in school.
Keep your in school traditions
alive in remote learning!**

Click here to view
the Virtual TV
Announcements!



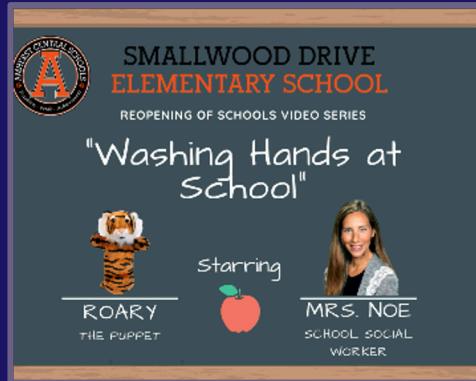
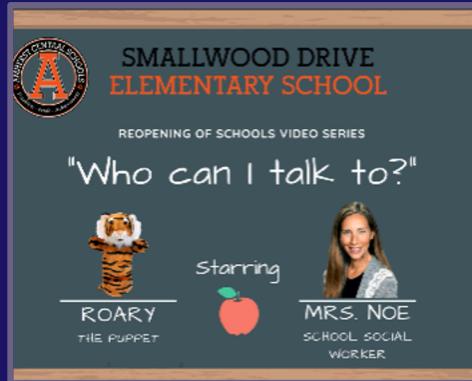
Monday Morning "Virtual"
TV Announcements here!
#SmallwoodSchoolIsGreat

Help students feel physically and emotionally safe

***Teach ways to stay physically safe during this time and create time to have conversations about safety**

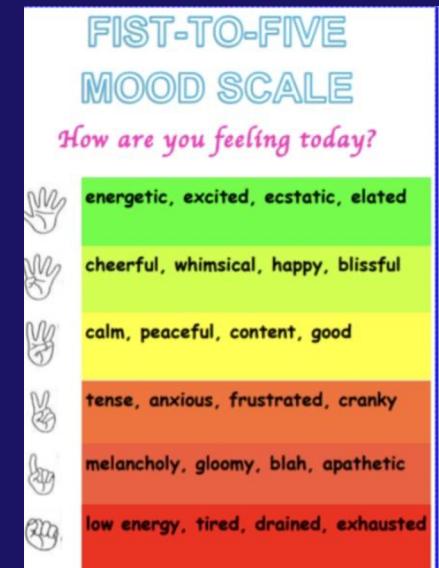
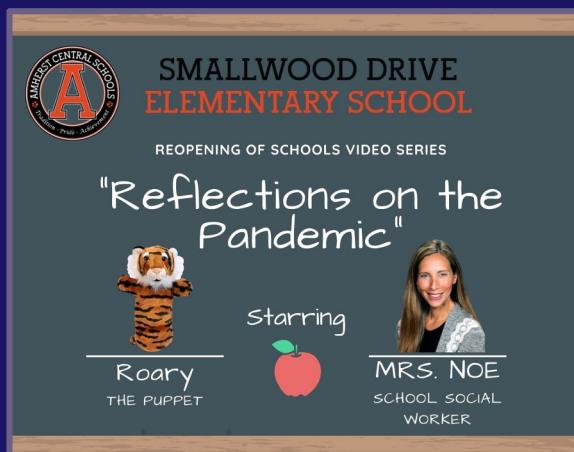
***Talk to students about who to talk to when they have strong feelings.**

***Create a safe and predictable atmosphere when in school and when remote.**



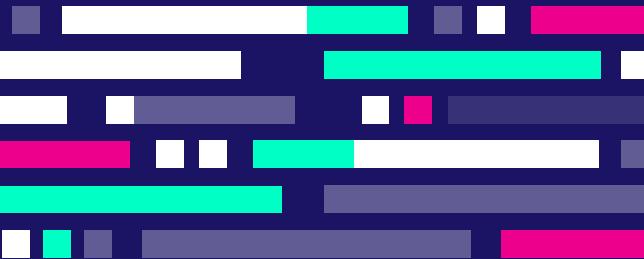
Encourage students to express feelings and emotions.

***Incorporate Social Emotional Learning everyday during both in person and remote learning.**



Refer When Needed

- *Help teachers understand mental health warning signs**
- *Develop a tiered support plan within school and in the community.**
- *Support parents with access to mental health services.**



| [Smallwood Drive Elementary School](#)
[S.B.S. Tigers Mentor Program](#)



Purpose:
The purpose of the mentor program is to provide a structured, consistent, and purposeful relationship between a student and a caring adult. This adult is able to provide acceptance, support, encouragement, and guidance to students who need to develop a more positive connection in our school environment.

Objective:
The objective is to decrease behavior referrals and/or support social-emotional concerns for students who are showing a need in these areas. Students in the program will have the opportunity to have a consistent adult to offer encouragement, a listening ear, and act as an advocate for the student in a positive way. Students who complete the program will be able to appropriately follow the PAWS rules and have a greater connection to our school environment. The outcome of this objective will be measured through the collection and comparison of baseline data and data that will be collected at the end of the six week trial period. Specifically, individual student referrals and school-wide referral rates will be looked at when it is a behavioral

Celebrate Success

VOLUME 8 • MAY 11, 2020

MOVIN' AND GROOVIN'

SMALLWOOD SPECIAL AREAS WEEKLY NEWSLETTER

Click here to view the Virtual TV Announcements!



OUR STUDENTS OF THE MONTH FOR APRIL
Accepting Responsibility

Monday Morning "Virtual" TV Announcements here!
#SmallwoodSchoolsGreat

SPECIAL AREAS FROM HOME

Teacher Appreciation



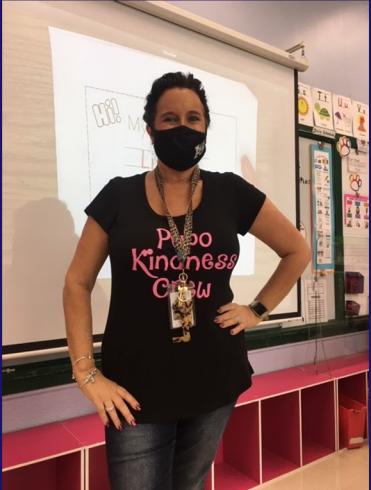
THANK YOU FOR BEING SUCH A GREAT TEACHER! MRS. JAHN

THANK YOU FOR BEING SUCH A GREAT TEACHER! MRS. FARN

THANK YOU FOR BEING SUCH A GREAT TEACHER! MRS. CINELLI

TEACHER PORTRAIT

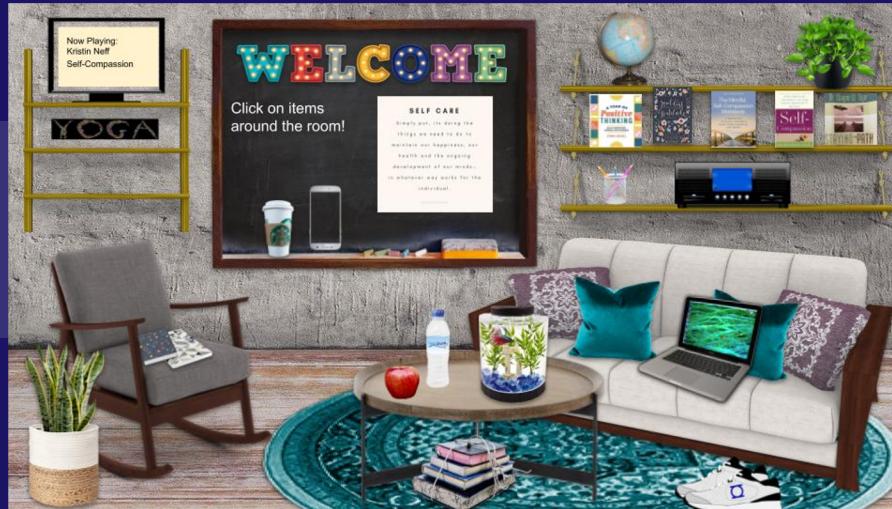
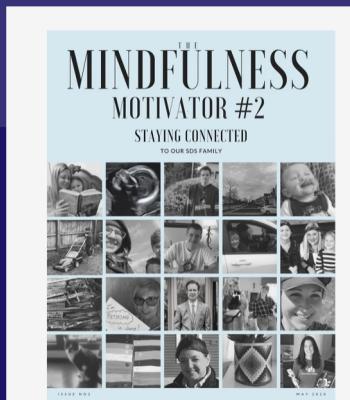




Supporting Teachers



Social & Emotional Support for Teachers



-Allow for time to intentionally check in with teachers frequently.

-Find ways to connect while socially distancing or remote teaching

-Encourage and provide ideas for personal self-care.

Teacher Morale Boosters!

***Find creative ways to come together**

***Develop a culture that it is OK to not be OK**

***Find creative ways to add encouragement and celebrate successes**



Supporting Families

- *Help families easily incorporate rules and structure at home.**
- * Help families stay connected to the school environment.**



Supporting Families

Social and Emotional Health

MRS. NOE AND ROARY VIDEO SERIES

Click Below for another Video from Mrs. Noe and Roary



Roller coaster
Breaths!

This week, boys and girls, we are providing you with another segment of what we love to call "classic rewind." In this video, Roary is having a bad day as he is struggling with not following the teacher's directions (could this also be happening at home?). Mrs. Noe teaches Roary another technique to help get his emotions under control!

Practice being a friend

- Use kind words
- Show respect to everyone
- Include everyone
- Play fair

Always be respectful

- Follow your parents directions the first time
- Clean up after yourself
- Use kind words to Parents and Siblings

Work to learn and grow

- Do your work packets
- Read, Read, Read!
- Look for opportunities of new learning in all that you do
- Exercise daily

Safety First

- Wash your hands!
- Stay with your family at home
- Keep hands and feet to yourself!
- Use an inside voice

Social and Emotional Health

The Mrs. Noe and Roary Video Series

Click here to view episodes of our favorite video series from the past several weeks.



Courage



PAWS is Everywhere



Tiger Breaths

Social and Emotional Health

How to "Fill a Bucket" at Home

This is one of our favorite books and we are certain that many Smallwood children will be familiar with it! The concept of this book is that everyone is born with an invisible bucket and this bucket can be filled up with kindness, thoughtfulness and positive behavior. What we love about this book is that it teaches about the positive feelings we receive when people fill our buckets, and also the positive feelings we receive in return when we fill the buckets of others.

Examples of ways to fill someone else's bucket from the book include smiling, sharing, playing together, listening to one another, and using kind manners and kind words. This is very similar to what we expect with our PAWS rules!

As we continue to navigate the global pandemic, including the need to social distance ourselves from others, we are aware that feelings are often changing. These strong feelings often impact our mood and the mood of our children. Reading this story together and creating your own buckets as a family can be a fantastic reminder of how we feel when someone fills our bucket and how we feel when we fill the bucket of someone else!



