

Alberti Center for Bullying Abuse Prevention



Bullying Prevention Toolkit for Middle School Educators

Compiled by:
Karen S. Karmazin, Ed.D.

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The Alberti Center for Bullying Abuse Prevention will reduce bullying abuse in schools and in the community by contributing knowledge and providing evidence-based tools to effectively change the language, attitudes, and behaviors of educators, parents, students, and society.

Alberti Center for Bullying Abuse Prevention
Graduate School of Education
University at Buffalo, The State University of New York
428 Baldy Hall | Buffalo, NY 14260-1000
P: (716) 645-1532 | F: (716) 645-6616
alberticenter@buffalo.edu | gse.buffalo.edu/alberticenter

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Overview of Bullying

As cited in the Alberti Center's publication *Guide to School-Wide Bullying Prevention Programs* (posted on the Alberti Center website: gse.buffalo.edu/alberticenter):

Bullying is a form of aggressive behavior characterized by intent to harm, repeated occurrence, and an imbalance of power between the bully and the victim.¹ It can take both direct and indirect forms. More specifically, bullying can occur physically, verbally, through social manipulation or exclusion (relational aggression), or through electronic means such as a computer or cell phone, known as cyberbullying.²⁻⁴ Bullying impacts individuals across gender, age, and nationality,^{2,5} although it tends to peak in middle school.⁶ Studies have indicated that, across grade levels, approximately one in five children and adolescents are victims of bullying,⁷ and 32% of middle and high school students report bullying others or being the victims of bullying.⁸

Bullying can lead to negative outcomes for victims, including depression, withdrawal, loneliness, truancy, school dropout, and suicidal ideation.⁹⁻¹¹ Youth who bully may experience externalizing problems, inadequate coping skills, academic difficulties, and interpersonal relationships problems.¹²

Educators are often not involved since most students do not report incidents. These incidents may not be observed or noticed by school staff since they often occur in cafeterias, hallways, and on buses. Sometimes school personnel believe that bullying is a common part of childhood, and in other cases, staff may not know how to respond. There are cases where fear of retaliation from the student who bullies is prevalent. Research suggests that bullying is more likely to thrive in school environments where adults ignore or dismiss it and where students are not academically engaged or socially connected.¹³⁻¹⁵

Adoption of empirically-based school-wide programs and a commitment to sustained professional development can increase the probability of reducing bullying in our schools and communities. Most successful programs are those that use multi-level interventions.¹⁶⁻¹⁸ Experts generally provide guidelines for schools to follow as opposed to prescribing a particular program.¹⁹⁻²¹ Although there are variations in these guidelines, some of the common aspects to include are listed in Table 1.



Table 1: Common Guidelines for Bullying Prevention Efforts within Schools^{19, 20,21,23}

1. Collect reliable, valid data about the nature and extent of the problem in the school setting
2. Develop and implement an effective whole-school anti-bullying policy.
3. Emphasize personal, social, and conflict resolution skill development.
4. Increase awareness about bullying and how to prevent it by integrating this within the curriculum.
5. Increase supervision or restructure “hot spots” where bullying is most likely to occur.
6. Respond to incidents in a clear, fair, and appropriate manner within a continuum that recognizes the continuum of bullying behaviors.
7. Reach beyond the school to include parents.

To learn more about specific prevention efforts and programs, please refer to the publication entitled *Guide to School-Wide Bullying Prevention Programs* [ENREF 8](#)²⁴ posted on the Alberti Center website (gse.buffalo.edu/alberticenter/publications).



About the Toolkit

Purpose

The *Bullying Prevention Toolkit for Middle School Educators* is intended to provide educators with resources that support a positive learning environment and supplement comprehensive school-wide efforts to prevent bullying abuse and violence. It was created as a compendium of media that may assist educators in supplementing classroom instruction and to support individual and group counseling. Books and resources can be used to individualize instruction or as motivators prior and subsequent to lessons. This is by no means a static or comprehensive list but a resource that will be updated as additional publications and websites become available. The *Toolkit* includes book titles, videos, multi-media, and websites targeted to specific audiences including educators, parents, and students of all academic levels. Three separate documents are available for educators who service elementary, middle, and secondary levels.

Selection of Resources

The selection of resources for the *Toolkit* was based upon free and easily found materials available in schools and public libraries. In order to include a book, website or video in any of the toolkits, the resource needed to (a) be geared toward the population of PreK-12 students; and (b) include content focused mainly on the subjects of bullying prevention, character education, social emotional learning, or teaching tolerance. Books were vetted by using customer reviews of four or five stars from Amazon.com and reviews obtained from the *School Library Journal*. Websites were reviewed with regard to appropriate materials that could be shared in schools. Those websites that were primarily commercial in nature were not included.

Organization and Targeted Audiences

Resources listed in the *Toolkit* are detailed depending upon the media:

- The list of books include the following: title, descriptor, book type (fiction or nonfiction), subjects (e.g., bullies, behavior, character education), and interest and/or reading levels (as indicated in titlewave.com). Reading levels include the Lexile text measure and/or Fountas & Pinnell reading level. When available, links to the author's website or a website pertaining to the book are included.
- Video and multi-media resources are organized by the following: audience (educators, parents, elementary, middle, and/or high school students) media type (app, DVD, video), and subjects.
- Websites are organized by description, audience, content, and subjects.

We would be happy to accept additional resources and recommendations, which may be directed to the Alberti Center at alberticenter@buffalo.edu.



Legislation and the Use of the Toolkit

In New York State, the *Dignity for All Students Act* (Dignity Act) took effect on July 1, 2012. The intent of this legislation is to “promote civility in public schools and to prevent and prohibit conduct which is inconsistent with a school’s education mission.”²⁵ The Dignity Act includes, but is not limited to, acts of discrimination and harassment based on a student’s actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender (defined to include gender identify or expression), or sex. These eleven categories are referred to as protected classes.

As required by this legislation, employee training programs must be provided on an annual basis “to promote a positive school environment that is free from discrimination and harassment; and to discourage and respond to incidents of discrimination and/or harassment on school property or at a school function.”²⁶ Websites and videos found in this toolkit can assist in the development of such professional development.

The Dignity Act also dictates that educators must provide student instruction in the areas of civility, citizenship, and character education by documenting and tailoring lesson plans that address the eleven protected classes listed above. Resources found in the toolkit can be adapted for a variety of populations. Some materials are highlighted in order to address specific protected classes and can be searched by the individual protected class identified in the first paragraph of this section.

On July 9, 2012, Governor Cuomo signed a new law that expands the recently adopted provisions of the Dignity Act and requires schools to take immediate action to help protect students from incidents of cyberbullying, which will take effect on July 1, 2013. Cyberbullying has been defined as bullying through e-mail, instant messaging, in a chat room, on a Web site, or through digital messages or images sent through a cell phone.²⁷ Guidelines for professional development are explicitly required including the development of interventions that are age appropriate. Curriculum related to civility, citizenship, and character education must include an emphasis on discouraging acts of harassment, bullying, and discrimination. Resources that apply directly to cyberbullying are indicated under the descriptor of subject.

Disclaimer

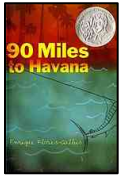
The books, websites, videos and other resources listed and described in this publication are intended as additional tools which educators, parents, care providers, and community-based organizations may find helpful. These resources are designed to teach children and teenagers about bullying, its effects, and the ways that students can work individually and with their families, teachers, counselors, and administrators to prevent and address bullying in a positive and proactive fashion. These tools, when used in combination with a comprehensive curriculum; personal and/or group discussions; and outreach and counseling services, are intended to help potential, current, and past victims of bullying, intimidation, or violence; and to help aid in efforts to decrease bullying behaviors.



However, these materials are listed herein for general information only and are not recommended for any specific situation or student. The listing of resources in this publication is not to be used or relied on for any diagnostic or treatment purposes and should not be used as a substitute for professional treatment or intervention. The University at Buffalo, its Alberti Center for Bullying Abuse Prevention, the UB Graduate School of Education, and the State University of New York (SUNY) and their officers and employees do not officially endorse specifically any of the resources found within this publication and expressly disclaim responsibility, and shall have no liability, for any damages, loss, injury, or liability whatsoever suffered as a result of relying on the information contained in this publication. For additional information and guidance on creating age-appropriate resources and curricula for students please contact us at: gse.buffalo.edu/alberticenter.



Book Titles for Middle School

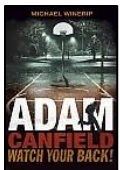


90 Miles to Havana

By Enrique Flores-Galbis

When unrest hits the streets of Havana, Cuba, Julian's parents must make the heartbreaking decision to send him and his two brothers away to Miami via the Pedro Pan operation. But when the boys get to Miami, they are thrust into a world where bullies seem to run rampant and it's not always clear how best to protect themselves.

Book Type Fiction
Subjects: Bullies, Tolerance
Reading Level: Interest Level: 5-8
Lexile: 790
F&P: W



Adam Canfield, Watch Your Back!

By Michael Winerip <http://michaelwinerip.com>

A much-welcomed snow day turns into an embarrassing nightmare for middle-grader Adam Canfield when, after being mugged by high school bullies for his snow-shoveling money, he becomes the focus of major media attention just as his co-editors at The Slash are launching a contest to out bullies at their school.

Book Type Fiction
Subjects: Bullies, Class, Racism
Reading Level: Interest Level: 3-6
Lexile: 730
F&P: U



Agnes Parker – Girl in Progress

By Kathleen O'Dell www.kathleenodell.com

As she starts in the sixth grade, Agnes faces challenges with her old best friend, a longtime bully, a wonderful new classmate and neighbor, and herself.

Book Type Fiction
Subjects: Bullies, Friendship
Reading Level: Interest Level: 5-8
Lexile: 660
F&P: T



Alabama Moon

By Watt Key <http://wattkey.com/alabama-moon.asp>

After the death of his father, ten-year-old Moon Blake is removed from the Alabama forest where he was raised and sent to a boy's home, where, for the first time, he has contact with the outside world and learns about friendship, love, and humanity.

Book Type Fiction
Subjects: Bullies
Reading Level: Interest Level: 5-8
Lexile: 720
F&P: W



Bad Girls

By Jacqueline Wilson <http://www.jacquelinewilson.co.uk/>

Ten-year-old Mandy must endure torment from three nasty bullies in school, but she finds solace in a new friendship with an older girl.

Book Type Fiction
Subjects: Bullies, Friendship
Reading Level: Interest Level: 3-6
Lexile: 550



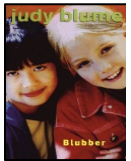


Beyond Bruises: the Truth About Teens and Abuse

By Sherri Mabry Gordon, <http://www.beyondbruises.blogspot.com/>

A teenage girl is slapped by her boyfriend. A middle schooler is approached by a pedophile. A mother beats her children for the slightest infraction of the rules. All these are young people who are being victimized by abuse. In *Beyond Bruises: The Truth About Teens and Abuse*, author Sherri Mabry Gordon looks at what constitutes abuse and what causes it. Gordon describes what teens can do if they are being abused or know someone who is and explores what communities can do to help end the violence.

Book Type Fiction
Subjects: Abuse, Violence Protection
Reading Level: Interest Level: YA



Blubber

By Judy Blume <http://judyblume.com>

Jill goes along with the rest of the fifth-grade class in tormenting a classmate and then finds out what it is like when she, too, becomes a target.

Book Type Fiction
Subjects: Bully Prevention, Character Education
Reading Level: Interest Level: 3-6



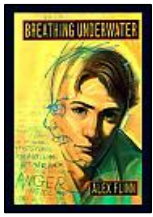
BMX Bully

By Jake Maddox

Eleven-year-old Matt wants to make the Evergreen Racing Team but his chances are seriously threatened when a new boy moves to town and resorts to cheating in order to win.

Book Type Fiction
Subjects: Bully, Cheating
Reading Level: Interest Level: 5-8
Lexile: 510



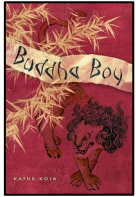


Breathing Underwater

By Alex Flinn <http://www.alexflinn.com/>

Breathing Underwater tells the fictional story of Nick Andreas, an abusive boyfriend, through his journal. The book reveals Nick's perspective during his turbulent relationship with his girlfriend, Caitlin, his abuse, a subsequent restraining order, and his journey through rehabilitation in a court-ordered family violence class. The book is unique in that it looks at teen violence through the eyes of the aggressor.

Book Type Fiction
Subjects: Anger, Dating Violence, Family
Reading Level: Interest Level: YA
Lexile: 510
F&P: Z+



Buddha Boy

By Kathe Koja <http://www.kathekoja.com/blog/ya-novels/>

Justin spends time with Jinsen, the unusual and artistic new student whom the school bullies torment and call Buddha Boy, and ends up making choices that impact Jinsen, himself, and the entire school.

Book Type Fiction
Subjects: Peer Pressure, Religion, Religious Practice
Reading Level: Interest Level: 5-8
Lexile: 1090
F&P: X



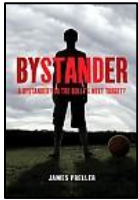
The Bully

By Paul Langan

Ninth-grader Darrell Mercer and his mother move to the Bluford area in the middle of the school year, where Darrell quickly becomes a target for Tyray Hobbs, the freshman class bully.

Book Type Fiction
Subjects: Bullies, Interpersonal Relationships
Reading Level: Interest Level: YA
F&P: Y



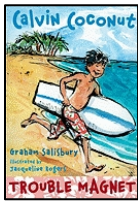


Bystander

By James Preller

Thirteen-year-old Eric discovers there are consequences to not standing by and watching as the bully at his new school hurts people, but although school officials are aware of the problem, Eric may be the one with a solution.

Book Type Fiction
Subjects: Bullies, Bystander, Family Life
Reading Level: Interest Level: 5-8
Lexile: 600
F&P: U

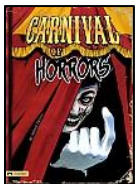


Calvin Coconut: Trouble Magnet

By Graham Salisbury; Jacqueline Rogers

Nine-year-old Calvin catches the attention of the school bully on the day before he starts fourth grade, while at home, the unfriendly, fifteen-year-old daughter of his mother's best friend has taken over his room.

Book Type Fiction
Subjects: Bullies, Family Life
Reading Level: Interest Level: 3-6
Lexile: 410
F&P: O



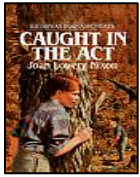
Carnival of Horrors

By Philip Preece

Ben finds a strange show called Dreamland at the carnival and signs a contract that is supposed to help him get the girl, do well on tests, and beat up bullies at school, but when everything starts to go wrong, he discovers that Dreamland may no longer exist.

Book Type Fiction
Subjects: Bullies, Family Life
Reading Level: Interest Level: 5-8
Lexile: 430





Caught in the Act

By Joan Lowery Nixon

Eleven-year-old Michael Patrick Kelly from New York City is sent to a foster home, a Missouri farm with a sadistic owner, a bullying son, and a number of secrets, one of which may be murder.

Book Type Fiction

Subjects: Bullies, Family Life

Reading Level: Interest Level: 5-8
Lexile: 800
F&P: W



Charlie's Story

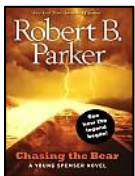
By Maeve Friel

After being abandoned by her mother at the age of four, living for ten years with her somewhat distracted father in Ireland, and being mercilessly bullied by her cruel classmates, Charlie Collins almost gives up on life.

Book Type Fiction

Subjects: Bullies, Family Life, Friendship

Reading Level: Interest Level: YA
Lexile: 500
F&P: W



Chasing the Bear: a Young Spenser Novel

By Robert Parker

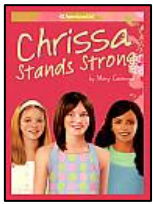
Spenser reflects back to when he was fourteen years old and how he helped his best friend Jeannie when she was abducted by her abusive father.

Book Type Fiction

Subjects: Bullies, Child Abuse, Friendship, Kidnapping

Reading Level: Interest Level: YA
Lexile: 500





Chrissa Stands Strong

By Mary Casanova

Chrissa is just starting to enjoy her summer, spending time with her new friends and practicing with the swim team, but when someone starts posting mean messages on the team's website, Chrissa wonders who she can trust and what she can do to stop the cyber-bullying.

Book Type Fiction

Subjects: Bullies, Cyberbullying

Reading Level: Interest Level: 3-6
Lexile: 680



Cliques

By Toney Allman

Discusses cliques and how they form, explains their dangerous influence in schools, and details how schools around the world try to discourage cliques and peer bullying.

Book Type Nonfiction

Subjects: Adolescence, Bullying, Cliques, Interpersonal Relationships, Peer Relationships, Violence

Reading Level: Interest Level: 5-8



Colder Than Ice

By David Patneaude

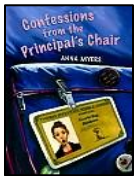
Josh Showalter, an insecure and overweight sixth-grader, hopes for a new start when he transfers to a school in northern Idaho, but he and his new friends are soon the target of a cold-hearted bully.

Book Type Fiction

Subjects: Asperger's Syndrome, Bullies, Obesity, Special Needs, Weight

Reading Level: Interest Level: 3-6
Lexile: 550





Confessions From the Principal's Chair

By Anna Myers

After participating in a cruel prank on a classmate, fourteen-year-old Robin and her mother move to Oklahoma, where Robin is mistaken for the substitute principal and receives a new perspective on bullying.

Book Type: Fiction
Subjects: Bullies, Cliques, Family, Friendship
Reading Level: Interest Level: 5-8
Lexile: 760

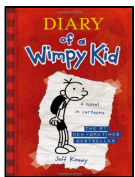


Danger on Midnight River

By Gary Paulsen

When his camp van crashes into a raging river, Daniel has to decide whether to help the bullies who call him dork breath and retard or to save himself.

Book Type: Fiction
Subjects: Bullies, Working Together
Reading Level: Interest Level: 3-6
Lexile: 600
F&P: O

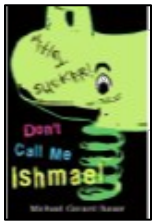


Diary of a Wimpy Kid

By Jeff Kinney <http://www.wimpykid.com/>

Presents the mundane life of a adolescent boy named Greg who wishes to do the right thing but is stymied by his quest for girls and status, his well-meaning parents, his brothers, and his friends.

Book Type: Fiction
Subjects: Adolescent Friendship
Reading Level: Interest Level: 5-8



Don't Call Me Ishmael

By Michael Gerard Bauer <http://michaelgerardbauer.wordpress.com/>

Fourteen-year-old Ishmael Leseur is certain that his name is the cause of his unhappy school life as the victim of the worst bully in his class, but when a new boy arrives, he shows Ishmael that things could be different.

Book Type Fiction
Subjects: Bullying
Reading Level: Interest Level: YA
Lexile: 890

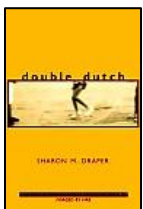


Don't Scream!

By R. L. Stine

Jack Harmon, who is bullied at school, finds a cell phone and hears a strange voice who wants him to do bad things.

Book Type Fiction
Subjects: Bullies
Reading Level: Interest Level: 5-8
Lexile: 330



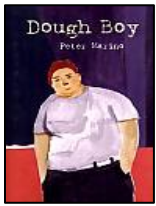
Double Dutch

By Sharon Draper <http://sharondraper.com/index.asp>

Three eighth-grade friends, preparing for the International Double Dutch Championship jump rope competition in their home town of Cincinnati, Ohio, cope with Randy's missing father, Delia's inability to read, and Yo Yo's encounter with the class bullies.

Book Type Fiction
Subjects: Bullies, Dyslexia, Special Needs
Reading Level: Interest Level: 6-8
Lexile: 760





Dough Boy

By Peter Marino

Overweight, fifteen-year-old Tristan, who lives happily with his divorced mother and her boyfriend Frank, suddenly finds that he must deal with intensified criticism about his weight and other aspects of his life when Frank's popular but troubled, nutrition-obsessed daughter moves in.

Book Type	Fiction
Subjects:	Bullies, Family Issues, Friendship, Weight
Reading Level:	Interest Level: YA Lexile: 820 F&P: Z+

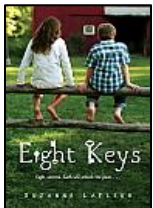


Dudes, the School is Haunted!

By R. L. Stine

When the most timid boy in Rotten School's fourth grade becomes the target of its biggest bully, Bernie Bridges decides to fight brawn with brains by convincing the bully that a ghost is out to get him.

Book Type	Fiction
Subjects:	Bullies
Reading Level:	Interest Level: 3-6



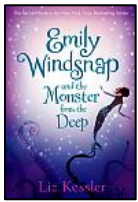
Eight Keys

By Suzanne LaFleur

When twelve-year-old Elise, orphaned since age three, becomes disheartened by middle school, with its bullies, changing relationships, and higher expectations, keys to long-locked rooms and messages from her late father help her cope.

Book Type	Fiction
Subjects:	Bullies, Family, Friendship, Self-Actualization
Reading Level:	Interest Level: 3-6 Lexile: 590





Emily Windsnap and the Monster From the Deep

By Liz Kessler

Reunited with her merman father and now living on an island located in the Bermuda Triangle, twelve-year-old Emily accidentally awakens the fearsome kraken and also faces a bully from her past.

Book Type Fiction
Subjects: Bullies
Reading Level: Interest Level: 3-6
F&P: T



Escaping the Giant Wave

By Peg Kehret <http://www.pegkehret.com/index.php/for-teachers>

When an earthquake creates a tsunami while thirteen-year-old Kyle is babysitting his sister during a family vacation at a Pacific Coast resort, he tries to save himself, his sister, and a boy who has bullied him for years. Includes an author's note which provides factual information on tsunamis.

Book Type Fiction
Subjects: Bullies
Reading Level: Interest Level: 5-8
Lexile: 750



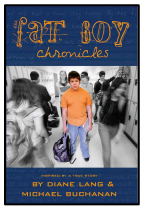
Exposure

By Patricia Murdoch

Julie, tired of being bullied and not fitting in, gets a chance for revenge when her brother captures her chief tormentor, Dana, in a compromising position, but she learns that getting even does not feel as good as she thought it would.

Book Type Fiction
Subjects: Bullies, Revenge, Self-Esteem, Self-Reliance
Reading Level: Interest Level: YA
Lexile: 510
F&P: Z+





The Fat Boy Chronicles

By Michael Buchanan <http://thefatboychronicles.com/>

Jimmy Winterpock, 187 pounds at the age of fourteen, finds the constant taunts over his weight difficult to bear, but his life changes when his friend Paul enlists him in helping solve a local murder case.

Book Type Fiction
Subjects: Bullying, Obesity, Weight
Reading Level: Interest Level: YA



The Fourth Stall

By Chris Rylander

Sixth-graders Mac and Vince operate a business charging schoolmates for protection from bullies and for help to negotiate conflicts peacefully, with amazing challenges and results.

Book Type Fiction
Subjects: Bullies, Conflict Management, Friendship
Reading Level: Interest Level: 3-6
Lexile: 760



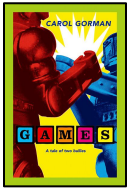
Freak

By Marcella Pixley

Twelve-year-old Miriam, poetic, smart, and quirky, is considered a freak by the popular girls at her middle school, and she eventually explodes in response to their bullying, revealing an inner strength she did not know she had.

Book Type Fiction
Subjects: Bullying, Family, Identity, Self-Esteem, Self-Reliance
Reading Level: Interest Level: YA
Lexile: 750





Games

By Carol Gorman

Fourteen-year-old rivals Boot Quinn and Mick Sullivan, in one fight too many, are sent to the new principal who devises the punishment of having to play games together at his office, where they learn which battles are worth fighting.

Book Type Fiction

Subjects: Bullying, Fighting, Respect

Reading Level: Interest Level: 3-6
Lexile: 660



Get That Ghost To Go!

By Catherine MacPhail

When a ghost begins haunting Duncan, turning his life upside down and ruining his cool image, he and his best friend Markie turn to the class "nerd," whose plan for getting rid of the ghost comes at a steep price.

Book Type Fiction

Subjects: Bullies, Popularity

Reading Level: Interest Level: 5-8
Lexile: 450
F&P: R



The Ghost in Allie's Pool

By Sari Bodi

Eighth-grader Allie Toth is visited by the ghost of a woman who committed suicide during the voyage of the Mayflower, while at the same time her best friend Marissa has dropped her for a more popular crowd. Includes facts about Dorothy May Bradford and other Mayflower passengers.

Book Type Fiction

Subjects: Bullies, Friendship, Popularity

Reading Level: Interest Level: 5-8





Gifted

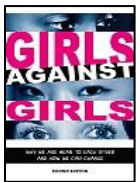
By Ruth Evangelista

Arrogant, mentally gifted George Clark has dreaded the eighth-grade class camping trip and its inevitable bullying, but a hurricane and a friend's loyalty make him realize what is important in life.

Book Type Fiction

Subjects: Bullying, Gifted, Friendship, Self-Perception, Special Needs

Reading Level: Interest Level: 5-8



Girls Against Girls:

Why We are Mean to Each other and How We Can Change

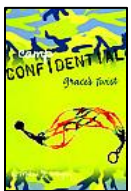
By Bonnie Burton

Examines the different ways girls can be cruel to one another and provides advice on dealing with abuse from another girl. You probably know what it's like to be on the receiving end of another girl's wrath. Most of us have been gossiped about, ignored, teased, taunted online, or even threatened by other girls. And you'll even realize - if you do some real soul-searching - that you too can be the mean girl from time to time. But why do we act this way? And what can we do about it?

Book Type Nonfiction

Subjects: Adolescence, Bullying, Self-Esteem, Self-Reliance
Values, Violence, Virtues

Reading Level: Interest Level: YA



Grace's Twist

By Melissa Morgan

During her second summer at camp, Grace tries to balance her enthusiasm for fun activities with her promise to her parents to read two books.

Book Type Fiction

Subjects: Bullies, Family, Friendship

Reading Level: Interest Level: 5-8
Lexile: 640





Hate List

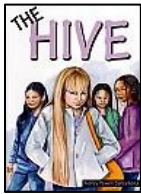
By Jennifer Brown

Valerie and her boyfriend were bullied and create a "Hate List" in retaliation. Valerie finds herself in turmoil after her boyfriend opens fire at their high school. After her boyfriend kills six students and a teacher and takes his own life, Valerie must deal with the guilt from making the list. The book follows her healing process and highlights the complicated dynamics of teenage relationships. It is geared toward high school students.

Book Type Fiction

Subjects: Family Issues, Feelings, Forgiveness, Emotional Problems, School Shootings

Reading Level: Interest Level: YA
Lexile: 760



The Hive

By Kelley Powell Barcellona

Barcellona, a former middle school teacher, sheds light on the inner workings of female cliques. The book follows members of "the hive," a group of four popular girls who torment other students. It is eventually revealed that Brook Stevens, the hive's leader, displays aggressive behavior due to a turbulent home life. The book is meant to explore possible motivations for bullying, provide support for victims, and expose the pain caused by bullying.

Book Type Fiction

Subjects: Bullies, Child Abuse, Cliques, Popularity

Reading Level: Interest Level: 5-8



Horns & Wrinkles

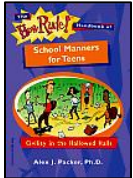
By Joseph Helgerson

Along a magic-saturated stretch of the Mississippi River near Blue Wing, Minnesota, twelve-year-old Claire and her bullying cousin Duke are drawn into an adventure involving Bodacious Deepthink the Great Rock Troll, a helpful fairy, and a group of trolls searching for their fathers.

Book Type Fiction

Subjects: Bullies, Family

Reading Level: Interest Level: 3-6
Lexile: 880



The How Rude! Handbook of School Manners for Teens: Civility in the Hallowed Halls

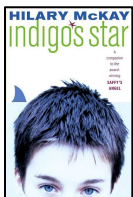
By Alex Packer

Presents lists of manners and rules of etiquette for students and teachers designed to make school a nicer place to spend time, covering classroom and locker-room etiquette, and offering advice on clothing, dealing with bullies, handling crushes on teachers, behaving at sports events and graduation, and other topics.

Book Type Nonfiction

Subjects: Bullies, Cheating, Ethics

Reading Level: Interest Level: YA



Indigo's Star

By Hilary McKay

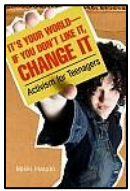
Spurred on by his youngest sister, Rose, twelve-year-old Indigo sticks up for himself and an American boy who has replaced him as the primary target of the school bullies.

Book Type Fiction

Subjects: Bullying, Family, Friendship

Reading Level: Interest Level: 3-6
Lexile: 740
F&P: W





It's Your World- If You Don't Like It, Change It: Activism for Teenagers

By Mikki Halpin

Presents advice for teenagers who desire to cultivate changes within their schools and communities and provides information on racism, animal and human rights, environmental issues, HIV/AIDS, school violence, and tolerance.

Book Type Nonfiction

Subjects: Actual or Perceived Race, Racism, School Violence, Social Change, Tolerance

Reading Level: Interest Level: YA



Jinx on the Divide

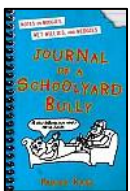
By Elizabeth Kay

Power from the Divide falls into the wrong hands when Rhino the class bully steals Felix's magical lamp and discovers the djinn and enchanted jinx box inside.

Book Type Fiction

Subjects: Bullies, Friendship, Morals

Reading Level: Interest Level: 5-8
Lexile: 790



Journal of a Schoolyard Bully: Notes on Noogies, Wet Willies, and Wedgies

By Farley Katz <http://farleykatz.com/>

Seventh-grade bully Niko Kaylor, forced to keep a journal as a form of therapy, instead creates a how-to guide while plotting a lesson in bullying for the entire middle school, including the teachers and Vice Principal Jones.

Book Type Fiction

Subjects: Bullies

Reading Level: Interest Level: 5-8





The Kidnappers: a Mystery

By Willo Davis Roberts

No one believes eleven-year-old Joey, who has a reputation for telling tall tales, when he claims to have witnessed the kidnapping of the class bully outside their expensive New York City private school.

Book Type Fiction
Subjects: Bullies, Kidnapping
Reading Level: Interest Level: 3-6; Lexile: 860

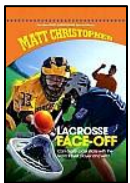


Kit Feeny. 1, On the Move

By Michael Townsend

When plucky Kit Feeny moves to a new town, he immediately makes an enemy of the sadistic school bully and must struggle to find friends who share his interests.

Book Type Fiction
Subjects: Bullies, Friendship
Reading Level: Interest Level: 3-6



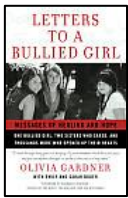
Lacrosse Face-Off

By Stephanie True Peters

Eleven-year-old Garry, embarrassed when his un-athletic brother joins his lacrosse team, faces a bigger problem when the team bully turns on both of them.

Book Type Fiction
Subjects: Bullies, Family, Sportsmanship
Reading Level: Interest Level: 3-6





Letters to a Bullied Girl: Messages of Healing and Hope

By Olivia Gardner

Presents a selection from the thousands of letters written to offer comfort and support to Olivia Gardner, a girl who became the victim of bullying after suffering an epileptic seizure in school, and whose story was heard by sisters Emily and Sarah Buder who took it upon themselves to start the letter writing campaign.

Book Type Nonfiction

Subjects: Bullying, Epileptic Seizure, Special Needs, Violence

Reading Level: Interest Level: YA



The Liberation of Gabriel King

By Kelly Going

Gabriel, a white boy who is being bullied, and Frita, an African-American girl facing prejudice, decide to overcome their many fears together as they enter fifth grade in Georgia in 1976.

Book Type Fiction

Subjects: Actual or Perceived Race, Bullying, Friendship, Prejudices, Race Relations, Self-Confidence

Reading Level: Interest Level: 5-8
Lexile: 780



The Misfits

By James Howe

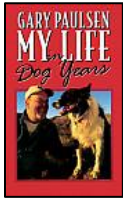
Four students who do not fit in at their small-town middle school decide to create a third party for the student council elections to represent all students who have ever been called names.

Book Type Fiction

Subjects: Bullying, Friendship, Teasing

Reading Level: Interest Level: 5-8
Lexile: 960
F&P: W



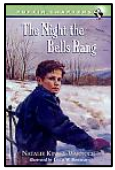


My Life in Dog Years

By Gary Paulsen

The author describes how dogs have impacted his life from childhood through the present day, recounting the stories of his first dog, Snowball, in the Philippines; Dirk, who protected him from bullies; and Cookie, who saved his life.

Book Type Fiction
Subjects: Bullies
Reading Level: Interest Level: 5-8
Lexile: 1150
F&P: S



The Night the Bells Rang

By Natalie Kinsey-Warnock

The last year of World War I is an eventful one for Vermont farm boy Mason as he helps with the chores, tries to get along with his little brother, and sees an older bully go off to the war.

Book Type Fiction
Subjects: Bully, Family Life
Reading Level: Interest Level: 3-6
Lexile: 790



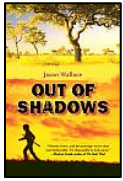
The Other Ones

By Jean Thesman

High school sophomore Bridget Raynes has to decide whether or not to accept her powers of witchcraft, or abandon them and try to fit in as an ordinary teenager. A quiet and thought-provoking coming-of-age story, delightfully flavored with touches of humor, romance, and teenage angst.

Book Type Fiction
Subjects: Bullies, Friendship, Extended Family
Reading Level: Interest Level: 5-8
Lexile: 710





Out of Shadows

By Jason Wallace

Robert Jacklin is thrown into the aftermath of war when his family moves from England to Zimbabwe in the 1980s, and when he is enrolled in a prestigious boarding school, he faces racism and violence and must make a difficult decision as a group of white boys decides to protest the country's new government.

Book Type Fiction
Subjects: Bullies, National Origin, Race Relations
Reading Level: Interest Level: YA
Lexile: 710



The Outcasts of 19 Shuyler Place

By E.L. Konigsburg

Upon leaving an oppressive summer camp, twelve-year-old Margaret Rose Kane spearheads a campaign to preserve three unique towers her great-uncles have been building in their backyard for more than forty years.

Book Type Fiction
Subjects: Cultural Heritage, Ethnic Group, Extended Family, Individuality
Reading Level: Interest Level: 5-8
Lexile: 840
F&P: W



Poison Ivy

By Amy Goldman Koss

In a government class three popular girls undergo a mock trial for their ruthless bullying of a classmate.

Book Type Fiction
Subjects: Bullies, Mock Trial, Morals, Revenge
Reading Level: Interest Level: 5-8
Lexile: 840
F&P: W





Powerless

By Matthew Cody

Twelve-year-old Daniel, the new kid in town, soon learns the truth about his nice--but odd--new friends: one can fly, another can turn invisible, yet another controls electricity. The superkids use their powers to secretly do good in the town, but the moment they turn 13, their abilities will disappear.

Book Type Fiction

Subjects: Bullies, Family Life, Extended Family

Reading Level: Interest Level: 5-8
Lexile: 800



The Present Tense of Prinny Murphy

By Jill MacLean

Prinny is struggling in school with reading, bullying, and friends plus an alcoholic mother at home.

Book Type Fiction

Subjects: Bullying, Family Issues, Remedial Reading

Reading Level: Interest Level: 5-8
Lexile: 700



Racing the Past

By Sis Boulous Deans

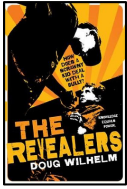
After the death of his abusive father, eleven-year-old Ricky tries to help his younger brother deal with his residual fears and discovers that running helps him deal with his own anger and the taunts of a bullying classmate.

Book Type Fiction

Subjects: Abuse, Bullying, Family Issues

Reading Level: Interest Level: 5-8
Lexile: 950
F&P: Y





The Revealers

By Doug Wilhelm

<http://www.the-revealers.com/using.html>

Tired of being bullied and picked on, three seventh-grade outcasts join forces and, using scientific methods and the power of the Internet, begin to create a new atmosphere at Parkland Middle School.

Book Type

Fiction

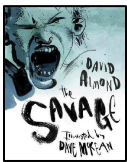
Subjects:

Bullying, Cyberbullying, Friendship

Reading Level:

Interest Level: 5-8

Lexile:580



The Savage

By David Almond

After his father dies and the town bully Hooper begins to target him, Blue starts to write and illustrate a graphic novel full of blood, guts, and adventures; but after one of Blue's characters pays Hooper a nighttime visit, Blue wonders if the lines of reality have blurred.

Book Type

Fiction

Subjects:

Bullying, Death in Family

Reading Level:

Interest Level: 5-8

Lexile: 730

F&P: Z+



Schooled

By Gordon Korman

Cap lives in isolation with his grandmother, a former hippie; but when she falls from a tree and breaks her hip, Cap is sent to a foster home where he has his first experience in a public school.

Book Type

Fiction

Subjects:

Extended Family, Popularity

Reading Level:

Interest Level: 5-8

Lexile: 740

F&P: V





Scrawl

By Mark Shulman

When eighth-grade school bully Tod and his friends get caught committing a crime on school property, his penalty--staying after school and writing in a journal under the eye of the school guidance counselor--reveals aspects of himself that he prefers to keep hidden.

Book Type Fiction

Subjects: Bullies, Homelessness, Poverty, Self-Perception

Reading Level: Interest Level: YA
Lexile: 650



September Surprises

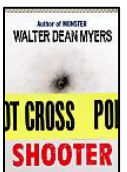
By Ann Martin

Olivia, having just started seventh grade, ends up becoming the target of bullies and a popular, older girl and has to find a way to grow up fast.

Book Type Fiction

Subjects: Bullies, Popularity

Reading Level: Interest Level: 3-6
Lexile: 810



Shooter

By Walter Dean Myers

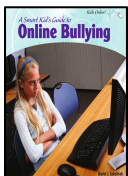
Written in the form of interviews, reports, and journal entries, the story of three troubled teenagers ends in a tragic school shooting.

Book Type Fiction

Subjects: Bullies, Family Issues, Emotional Issues, School Violence

Reading Level: Interest Level: YA
Lexile: 690





A Smart Kid's Guide to Online Bullying

By Jakubiak, David

What is an online bully? -- A cyberbully in your inbox -- Why cyberbullies bully -- Taking off the mask -- Making a case -- Getting help -- Shutting a cyberbully down -- Staying safe online -- Don't be a cyberbully -- Safety tips. Introduces the dangers of online bullying to young readers, discusses how and why bullies try to intimidate others on the Internet, and provides advice on how to avoid and thwart the negative aims of cyber bullies.

Book Type Nonfiction
Subjects: Bullies, Cyber-Bullies, Online Safety
Reading Level: Interest Level: 3-6

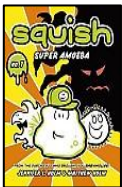


So You Want To Be a Wizard

By Diane Duane <http://www.youngwizards.com/>

Thirteen-year-old Nita, tormented by a gang of bullies because she won't fight back, finds the help she needs in a library book on wizardry which guides her into another dimension.

Book Type Fiction
Subjects: Bullies, Gangs
Reading Level: Interest Level: 5-8
 Lexile: 960



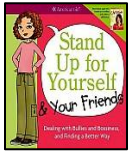
Squish. No. 1, Super Amoeba

By Jennifer Holm http://www.jenniferholm.com/p/squish_o2.html

The young amoeba Squish, inspired by his favorite comic book hero, Super Amoeba, tries to navigate his way through school and save his friends and the world from the evils that lurk in the halls.

Book Type Fiction
Subjects: Bullies, Courage
Reading Level: Interest Level: 3-6
 Lexile: 230





Stand Up for Yourself & Your Friends: Dealing With Bullies and Bossiness, and Finding a Better Way By Patti Kelley Criswell

Offers advice for young girls on dealing with bullies and bossiness, and includes self-assessment tools.

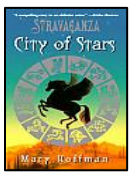
Book Type Fiction
Subjects: Assertiveness, Bullies, Conflict Management
Friendship, Interpersonal Relationships
Reading Level: Interest Level: 3-6
Lexile: 740



Stepping on the Cracks By Mary Downing Hahn

In 1944, while her brother is overseas fighting in World War II, eleven-year-old Margaret gets a new view of the school bully Gordy when she finds him hiding his own brother, an army deserter, and decides to help him.

Book Type Fiction
Subjects: Bullies, National Origin
Reading Level: Interest Level: 3-6
Lexile: 780
F&P: V



Stravaganza: City of Stars By Mary Hoffman

Fifteen-year-old Georgia, who loves horses as much as she hates her bullying stepbrother, buys a figurine of a winged horse and finds it has magical powers that transport her from present-day London to the sixteenth-century world of Talia where, in the city of Remora, similar to Sienna, Italy, she finds danger and intrigue as well as friendship and a chance to perfect her riding skills.

Book Type Fiction
Subjects: Bullies, Families, Self-Confidence
Reading Level: Interest Level: YA
Lexile: 890
F&P: X



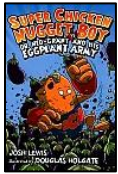


Stuck on Earth

By David Klass

On a secret mission to evaluate whether the human race should be annihilated, a space alien inhabits the body of a bullied fourteen-year-old boy.

Book Type Fiction
Subjects: Bullies
Reading Level: Interest Level: 5-8
Lexile: 740
F&P: X



Super Chicken Nugget Boy vs. Dr. Ned-Grant and His Eggplant Army

By Josh Lewis

Super Chicken Nugget Boy, normally a student at Bert Lahr Elementary School, must step in to save the day when an army of evil eggplants attacks after the school bully, Dirk Hamstone, makes fun of a mad food scientist named Dr. Myron Ned-Grant by calling him "eggplant."

Book Type Fiction
Subjects: Bullies
Reading Level: Interest Level: 3-6
Lexile: 690



Surviving Brick Johnson

By Laurie Myers

Afraid of getting maimed for making fun of Brick, the husky new kid in his fifth-grade class, Nick decides that even his baseball collection will not protect him so he signs up for karate class, despite his little brother's reassurances that Brick is not a bully.

Book Type Fiction
Subjects: Bullies, Family
Reading Level: Interest Level: 3-6
Lexile: 410





Surviving Gangs and Bullying

By Michaela Miller

Ancient legends are full of heroes. But heroes also exist in real life. They may not fight dragons, but their challenges can be just as awesome. In REAL LIFE HEROES, we look at true stories of courage and heroism in the face of persecution, disaster, addiction, and disease. Contains true stories of seventeen young people whose lives have been influenced by gangs or bullying, and offers related facts and advice.

Book Type Nonfiction
Subjects: Bullies, Gangs
Reading Level: Interest Level: 3-6



The Sweetheart of Prosper County

By Jill Alexander

In a small East Texas town largely ruled by prejudices and bullies, fourteen-year-old Austin sets out to win a ride in the next parade and, in the process, grows in her understanding of friendship and helps her widowed mother through her mourning.

Book Type Fiction
Subjects: Bullying, Family, Friendship, Grief, Prejudices, Self-Confidence
Reading Level: Interest Level: YA
Lexile: 710



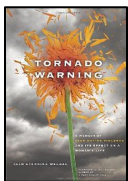
This is What I Did

By Anne Dee Ellis

Bullied because of an incident in his past, eighth-grader Logan is unhappy at his new school and has difficulty relating to others until he meets a quirky girl and a counselor who believe in him.

Book Type Fiction
Subjects: Abuse, Bullying, Interpersonal Relationships
Reading Level: Interest Level: YA
Lexile: 550
F&P: Z+





Tornado Warning: A Memoir of Teen Dating Violence and Its Effect on a Woman's Life

By Elin Stebbins Waldal <http://www.elinstebbinswaldal.com/about-the-book/>

Elin Stebbins Waldal presents a personal account of her involvement in an abusive relationship as a teenager. She recounts her experiences with her abusive ex-boyfriend, who damaged her both emotionally and physically. She talks about how she healed from the ordeal, and how she tries to help her own teenage children avoid similar fate.

Book Type Nonfiction
Subjects: Dating Violence Prevention
Reading Level: Interest Level: YA



Under the Blood-Red Sun

By Graham Salisbury

Tomikazu Nakaji's biggest concerns are baseball, homework, and a local bully, until life with his Japanese family in Hawaii changes drastically after the bombing of Pearl Harbor in December 1941.

Book Type Fiction
Subjects: Bullies, Family
Reading Level: Interest Level: 5-8
Lexile: 640
F&P: W



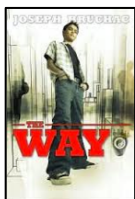
Vive la Paris

By Esme Raji Codell

Fifth-grader Paris learns some lessons about dealing with bullies of all kinds as she wonders how to stop a classmate from beating up her brother at school and as she learns about the Holocaust from her piano teacher, Mrs. Rosen.

Book Type Fiction
Subjects: Bullies, Family
Reading Level: Interest Level: 3-6



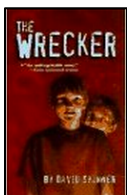


The Way

By Joseph Bruchac

Cody LeBeau, the new kid, becomes the new target for the bullies even though he is Abenaki like most of the school, but things begin to change when his uncle comes to town for a martial arts competition and he and Cody begin training together.

Book Type	Fiction
Subjects:	Bullies, Extended Family, Self-Confidence
Reading Level:	Interest Level: YA Lexile: 850



The Wrecker

By David Skinner

Theo, the boy genius, enlists Michael, the new kid, as his ally in a secret plan to "wreck" the bully of the eighth grade once and for all.

Book Type	Fiction
Subjects:	Bullies, Gifted
Reading Level:	Interest Level: 5-8



Young Samurai: the Way of the Warrior

By Chris Bradford <http://www.youngsamurai.com/site/YOUN/Templates/>

Orphaned by a ninja pirate attack off the coast of Japan in 1611, twelve-year-old English lad Jack Fletcher is determined to prove himself, despite the bullying of fellow students, when the legendary sword master who rescued him begins training him as a samurai warrior.

Book Type	Fiction
Subjects:	Bullying, National Origin
Reading Level:	Interest Level: 5-8 Lexile: 860



Websites



Born This Way Foundation

<http://bornthiswayfoundation.org>

Description: This website was founded by Lady Gaga and her mother Cynthia Germanotta in order “to foster a more accepting society, where differences are embraced and individuality is celebrated.”

The goals described include creating a safe and useful place to celebrate individuality, teaching advocacy and identifying ways to implement solutions to impact local communities. Teachers can use the *Stories of Bravery* to inspire students’ responses in writing or podcasts and adapt them for the elementary population. Students of middle and high school can share their ideas for actions and activities to impact their community.

Audience: Educators, Parents, Students (Middle and High)
Content: Blogs, Recommended Books, Videos
Subjects: Bullying Prevention, Character Education, Social Emotional Learning



Bully Bust: Promoting a Community of Upstanders

www.schoolclimate.org/bullybust

This program is sponsored by The National School Climate Center and includes a pledge to end bullying, activities, a partner school program, and an essay contest for teens. Helpful links, tips for responding to bullying, 10 ways to be an upstander, writing activities, a toolkit for organizing an Upstanders Alliance and creating a team project.

Audience: Educators, Parents, Students (Elementary, Middle, High),
Content: Blogs, information pertaining to all subject matters associated with bullying prevention, pledges, videos posted from a video contest and additional websites are posted.
Subjects: Bullying Prevention, Character Education, Social Emotional Learning, Upstanders



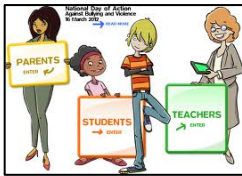


Bully Free: It Starts With Me

www.nea.org/home/BullyFreeSchools.html

This site was designed by the *National Education Association* and assists teachers and adults in helping students who have been bullied. A plethora of resources is available including a guide to start a bully free campaign in schools, lesson plans, an opportunity to pledge, a guide for the film *Bully*, and information pertaining to staff development with all employees. NEA policy briefs and research reports are posted under references.

Audience:	All employees of schools - Educators (including paraprofessionals), Clerical, Food Services Workers, School Bus Drivers
Content:	Blogs, PDFs for selected employees, PSA's and Videos
Subjects:	Bullying Prevention, Character Education, Social Emotional Learning



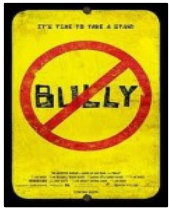
Bullying No Way!

www.bullyingnoway.gov.au

This comprehensive anti-bullying website is hosted by the Australian government. Specific recommendations for action are prescribed along with an interactive website which is targeted to specific audiences (teachers, parents or students). Also included are activities, tips, and worksheets to incorporate programs that support “student leaders” or mentors for younger students (ages 5-8).

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Interactive Computer Games, Videos (by function of audience and age), Avatars that students can build within the context of responding to bullying and bullying prevention
Subjects:	Bullying Prevention, Character Education, Cyberbullying, Social Emotional Learning





The Bully Project

<http://specialneeds.thebullyproject.com/educators>

This website includes a set of resources for confronting bullying of children with special needs from all angles (e.g., talking to children, knowing rights, teaching tolerance in schools). The toolkit includes the [Top Ten Facts](#) to know about bullying and children with special needs and the [unique challenges](#) children with special needs face when encountering bullying. Use the conversation starters, videos, and text resources for all levels and stakeholders. There site also includes a discussion on the movie *Bully*.

Audience:	Educators, Parents, Students (Intermediate Elementary, Middle, High)
Content:	Blogs, Videos, Resources
Subjects:	Ability Awareness, Bullying Prevention, Character Education, Social Emotional Learning, Special Needs,



Character Education Partnership

www.character.org

Character Education Partnership's mission is to help "create safe, caring, and respectful schools where students flourish academically and do the right thing." *Eleven Principles of Effective Character Education* are the cornerstone of CEP's philosophy. Activities can be searched by specific age ranges and include lesson plans and videos. Lesson plans can be found at www.character.org/lessons/lesson-plans/A. Examples about how schools across the country have responded to bullying are also included. (Note: Some information is sold on this site.)

Audience:	Educators, Parents, Students, (Elementary Middle, High)
Content:	Blogs, Lesson Plans, Videos
Subjects:	Bullying Prevention, Cyberbullying, Character Education, Social Emotional Learning



Committee for Children

www.cfchildren.org

The Committee for Children's research-based *Steps to Respect* program is geared for elementary students to recognize, refuse, and report bullying.

The program promotes assertive behaviors in response to bullying and how to build friendships. In addition to this program, there are free downloads of activities, music, and videos for educators and parents.

Audience:	Educators, Parents
Content:	Blogs, Videos (Pre-K and Elementary), Blogs, White Papers
Subjects:	Bullying Prevention, Character Education, Social Emotional Learning



Common Sense Media

www.commonsensemedia.org/cyberbullying

www.commonsensemedia.org/educators/cyberbullying-toolkit

Common Sense Media is dedicated to improving the lives of kids and families by providing the trustworthy information and education to thrive in a world of media and technology. Readers will find reviews of films and separate tabs for pre-k, elementary, preteens, teens, and older teens. A course for digital citizenship is also available.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Apps, Book titles, Games, Music by Topic, Videos, Websites, Toolkit for Cyberbullying
Subjects:	Bullying Prevention, Cyberbullying, Character Education, Social Emotional Learning



gse.buffalo.edu/alberticenter



Education.com

www.education.com/topic/school-bullying-teasing

This comprehensive website includes activities, worksheets, videos, and literature for educators and parents. Workbooks and webinars can be used to support classroom activities. Under “Just Ask” there are resources for tips about bullying. Examples of letters for teachers and administrators are also included. Factsheets, webinars, and research articles are also posted to this site.

Audience:	Educators, Parents
Content:	Blogs, Videos, Webinars
Subjects:	Bullying Prevention, Cyberbullying, Character Education, Social Emotional Learning



Gay, Lesbian and Straight Education Network (GLSEN)

www.glsen.org/cgi-bin/iowa/all/home/index.html

More than 4 out of 5 LGBT students frequently experience verbal, physical, and sexual-harassment in their schools. The GLSEN website includes information about how to address bullying and harassment. Resources include lesson plans, posters, campaign kits, and research related to bullying prevention. Instructions can also be on how to set up a Safe Space in your school with a *Guide to Being an Ally*, *Safe Space* stickers, and *Safe Space* poster. This website can be an instructional resource for all educators.

Audience:	Educators, Parents, Students (Middle and High)
Content:	Blogs, Information on Critical Topics, Videos
Subjects:	Bullying Prevention, Character Education, Social Emotional Learning





It Gets Better Project

www.itgetsbetter.org

This site includes references for help such as:

<http://www.itgetsbetter.org/pages/get-help/>. Videos and testimonials

have been posted by individuals in order to inspire and encourage LGBT youth who are struggling.

Audience:	Educators, Parents, Students (Middle and High)
Content:	Blogs, Videos
Subjects:	Bullying Prevention, Character Education, LGBT, Social Emotional Learning



Media Smarts

<http://mediasmarts.ca>

Media Smarts is a Canadian not-for-profit charitable organization for digital and media literacy. Digital issues are addressed with lesson plans, tip sheets for all subjects, and educational games.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	PDFs of researched topics associated with bullying prevention, digital literacy,
Subjects:	Body Image, Bullying Prevention, Cyberbullying, Gender Identification, Media Representation of Minorities, Online Hate



National Crime Prevention Council (McGruff)

www.mcgruff.org/#/Main

The National Crime Prevention Council's mission is to be the "nation's leader in helping people keep themselves, their families, and their communities safe from crime." Resources for internet safety and bullying prevention are provided along with separate videos geared for boys and girls. Training for crime prevention is also included.

Audience:	Educators, Law Enforcement, Parents, Students (Elementary)
Content:	Games, Videos
Subjects:	Bullying Prevention, Character Education, Cyberbullying, Social Emotional Learning, Media Literacy



National PTA Bullying: Connect to Respect

www.pta.org/bullying.asp

This website includes tips, references, and advice for educators, parents, and PTAs to develop a movement in preventing bullying abuse. This includes how to plan a *Connect to Respect* event.

Audience:	Educators, Parents
Content:	Organizational Strategies, Tip Sheets,
Subjects:	Bullying Prevention, Character Education, Social Emotional Learning



NetSmartz Teens

www.nsteens.org

The National Center for Missing and Exploited Children provides information on the topics of internet safety and cyberbullying. Select videos from one of three series in order to facilitate an internet safety discussion with students. The *Real-Life Stories* series covers complicated subject matter (review carefully before using with younger students). Each video is accompanied by activity cards which may be used to reinforce lessons.

Audience:	Educators, Parents, Students (Middle, High)
Content:	Activity Cards, Blogs, Comics, Videos, Video Games
Subjects:	Bullying Prevention, Cyberbullying, Character Education, Social Emotional Learning





Not in Our Town

www.niot.org

This site highlights communities working together to stop hate and intolerance. Categories include When Hate Comes to Your Town, Supporting Victims of Hate, Prevention and Community Engagement, Law Enforcement in the Fight Against Hate, Not in Our School & Youth Organizing. There are numerous free videos and some DVD's for sale.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Blogs, DVDs, Videos
Subjects:	Bullying Prevention, Character Education, Social Emotional Learning



PACER's

National Bullying Prevention Center

www.pacer.org/bullying; www.pacerkidsagainstabullying.org

Resources include videos including a puppet show, a 32 page [Peer Advocacy Guide](#) provided to address students with disabilities (grades 4 through High School), and information for LGBTQ Students and their families.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Games, Letters, Stories, Posters, Resources for All Audiences Listed on the Second Website, Videos
Subjects:	Bullying Prevention, Character Education, LGBTQ, Special Needs, Violence Prevention





A Parent's Guide for Internet Safety

www.fbi.gov/stats-services/publications/parent-guide/parent-guide

This website and parent guide cautions the following: "While on-line computer exploration opens a world of possibilities for children, expanding their horizons and exposing them to different cultures and ways of life, they can be exposed to dangers as they hit the road exploring the information highway." This site provides information for parents about internet safety and links to additional resources. Educators of every level will find this site useful for advising parents about internet safety.

Audience:	Educators, Parents
Content:	Advice about Child Exploitation, Hot Tip Line, Pamphlet
Subjects:	Internet Safety



PREVNet: Promoting Relationships and Preventing Violence

www.prevnet.ca

PREVNet is a coalition of Canadians concerned about bullying. The primary goal of PREVNet is to "translate and exchange knowledge about bullying to enhance awareness, to provide assessment and intervention tools, and to promote policy related to the problems of bullying." Lesson plans include materials, facts, resources and discussion questions; videos by level and audience.

Audience:	Educators, Bus Drivers, Parents, Students (Elementary, Middle, High)
Content:	Blogs, Lesson Plans, Tip Sheets, Videos,
Subjects:	Bullying Prevention, Cyberbullying, Character Education, Social Emotional Learning, Violence Prevention



gse.buffalo.edu/alberticenter



See a Bully, Stop a Bully: Make a Difference - American Federation of Teachers

www.aft.org/yourwork/tools4teachers/bullying/index.cfm

This is a multifaceted campaign to raise awareness and provide resources and training to educators. The site includes webinars, FAQs, creating safe learning environment, activities, and booklists.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Blogs, Videos, Webinars on all Topics
Subjects:	Bullying Prevention, Character Education, Cyberbullying, Social Emotional Learning, Violence Prevention



Speak Up, Stop Bullying – Cartoon Network

www.cartoonnetwork.com/promos/stopbullying/index.html

This website includes activities including teacher guides, tip sheets, and posters for educators. Additional resources include an educator's checklist, a timeline for short-term and long-term strategies, book lists, reading guides, video shorts, and comic strips.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Comics, Videos, Worksheets
Subjects:	Bullying Prevention, Cyberbullying, Character Education, Social Emotional Learning, Violence Prevention



Stop Bullying Now!

<http://ask.hrsa.gov/index.cfm>

This site is sponsored by the U.S. Department of Health and Human Services and provides information from various government agencies to prevent or stop bullying. Information on state laws and policies, videos, and practical strategies for schools and communities are posted to keep environments safe. Suggestions are made on how parents can discuss bullying and cyberbullying. Educators can also access tip sheets, mini units for addressing and responding to bullying, activities, guides, and posters.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Website, Webisodes, Factsheets, Videos, Blogs, 12 Animated Episodes for Elementary Students
Subjects:	Bullying Prevention, Cyberbullying, Character Education, Social Emotional Learning, Violence Prevention

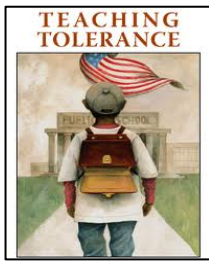


Striving to Reduce Youth Violence Everywhere (STRYVE)

www.safeyouth.gov

STRYVE is a national initiative led by the Centers for Disease Control and Prevention (CDC) that takes a public health approach to prevention of youth violence before it starts. A writing activity entitled “Success Story” can be used to document activities or interventions with violence prevention or abuse.

Audience:	Educators, School-Based Mental Health Professionals
Content:	Information pertaining to specific tiers of intervention in all areas of violence prevention
Subjects:	Child Maltreatment, Partner Violence, Sexual Violence, Suicide, Youth Violence,



Teaching Tolerance

www.tolerance.org; www.tolerance.org/print/activity/contract-bullying

This site provides support for schools about “diversity, equal opportunity, and respect for differences.” One can search the site by protected class and age range. A mini-unit entitled A Contract on Bullying involves four steps: identify the types of bullying; define the types of bullying; putting their knowledge to the test; and signing a contract.

Audience: Educators, Parents, Students (Elementary, Middle, High)

Content: Website, Videos, Blogs, Lesson Plans, Readings, Songs, *Bullied* DVD (one free copy per school; also available for purchase)

Subjects: Bullying Prevention, Character Education, Culturally-Responsive Teaching, Social Emotional Learning, Violence Prevention



Thinkfinity

www.thinkfinity.org

Verizon’s *Thinkfinity* offers comprehensive teaching and learning resources that are grade-specific and aligned with state standards for grades K-12. Use the search box with quotes to find specific resources. Educators will find literature-responsive activities, ideas to promote conversations, and ideas for student research projects. A PowerPoint on the topic of cyberbullying is available on the website and can be used as a classroom instructional tool.

Audience: Educators, Parents, Students (Pre-K, Elementary, Middle, High)

Content: PowerPoint, Activities, Lesson Plans, Audio, Videos

Subjects: Bullying Prevention, Character Education, Cyberbullying, Social Emotional Learning, Violence Prevention.





A Thin Line

www.athinline.org

This MTV site was developed “to empower youth to identify, respond to, and stop the spread of digital abuse.” Resources include videos, interviews, discussion points, and references to curricula such as the following: [Liz Claiborne- Love is not abuse](#) - for teaching high school students about the issue of dating violence; [Hazelden -- Cyber Bullying: A Prevention Curriculum for Grades 6-12](#); [Anti-Defamation League -- Cyberbullying and Online Cruelty: Challenging Social Norms](#).

Audience: Educators, Parents, Students (Middle and High)
Content: Website, Videos, Blogs, Lesson Plans
Subjects: Bullying Prevention, Character Education, Cyberbullying, Social Emotional Learning, Violence Prevention



WebWiseKids

www.webwisekids.org/about.html

Web Wise Kids (WWK) is a national non-profit organization dedicated “to promoting a culture of safety, respect, and responsibility for youth and families in this digital world.” Games for all ages and free apps are a central focus of this website. Resources with supporting documentation and information about cyberbullying are available for all audiences.

Audience: Educators, Parents, Students (Elementary, Middle, High)
Content: Apps, Games, Teacher Resources for K-3 and 4-6
Subjects: Internet Safety





The Whole Child

<http://whatworks.wholechildeducation.org/blog/tag/Bullying>

Supported by ASCD, this site provides information “to identify and address challenges in educating the whole child such as bullying and implement evidence-based practices such as arts integration.”

Audience:	Educators
Content:	Blogs, Podcasts, Webinars
Subjects:	Bullying Prevention, Character Education, Social Emotional Learning, Violence Prevention



The WITS Program

<http://witsprogram.ca/>

The WITS program includes resources for parents, educators, and children to help deal with bullying and peer victimization. The Primary Program is directed for students in K-3 and the Leads Program is directed for students in grades 4-6. Resource guides, lesson plans associated with book titles are also included.

Audience:	Educators, Parents, Students (Elementary, Middle, High)
Content:	Lesson Plans, On-line training, Pamphlets, Posters, Videos
Subjects:	Bullying Prevention, Character Education



Youth Voice Project

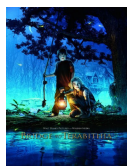
www.youthvoiceproject.com

The link provides findings from a study on students’ perceptions about strategy effectiveness to reduce peer mistreatment in schools. More than 13,000 teens in 31 schools completed the Youth Voice project survey. A PowerPoint summarizes the study – information can be abstracted for presentation to classrooms and for students’ research projects.

Audience:	Educators
Content:	PowerPoint, Research Findings
Subjects:	Bullying Prevention, Violence Prevention



Videos & Multi-Media Resources



Bridge to Terabithia

By Katherine Paterson and Gabor Csupo, Director

Based on the Book by Katherine Paterson, Jesse Aarons is in the 5th grade and has trained all summer to become the fastest runner in school. He becomes upset when new classmate Leslie Burke outruns him and everyone else. Despite this and some other striking differences, the two become fast friends. Together, they create Terabithia where they rule as king and queen and is a land filled with monsters, trolls, ogres, and giants. This friendship helps Jesse cope with a tragedy that makes him realize what Leslie taught him.

Audience: Students (Upper Elementary, Middle, High)
Type: DVD Video (2007), 96 min., Adventure, Drama, Family
Subjects: Bullying Prevention, Character Education, Student Perceptions, Violence Prevention



Bullied: A Student, a School and a Case That Made History Teaching Tolerance

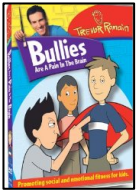
Southern Poverty Law Center

<http://www.splcenter.org/> ; <http://www.tolerance.org/bullied>

Bullied is a 40-minute documentary film that chronicles one student's ordeal at the hands of anti-gay bullies and offers an inspiring message of hope to those fighting harassment today. It can become a cornerstone of anti-bullying efforts in middle and high schools as it is designed to help administrators, teachers and counselors create a safer school. Includes two-part viewer's guide with lesson plans and activities. A two-part [viewer's guide](#) with standards-aligned lesson plans and activities for use in staff development is also available on the website.

Audience: Educators, Parents, Students (Middle and High)
Type: DVD Video (2010) 39 min. Documentary
Subjects: Bully Prevention, Character Education, Self-Perceptions, Tolerance, Violence Prevention



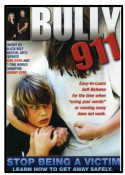


Bullies Are a Pain in the Brain

Trevor Romain

Offers kids practical, easy-to-implement solutions for dealing with their own bully problems such as work on building your confidence, staying calm, giving bullies lots of space, telling an adult, and more.

Audience: Students: Elementary (Intermediate Grades 3-6)
Type: DVD Video (2008) 30 min. Education
Subjects: Bullying, Conflict Management



Bully 911: Stop Being a Victim of Bullying

<http://bully911.com/>

Being bullied is a nightmare for a kid and how you handle it will make all the difference for your child. The first rule is to run away; the second rule is to use your words; the third...you learn Self-Defense. This empowering DVD is simple to learn, easy to use and designed to make children feel considerably more confident when coping with bullies by teaching them the tools to escape without getting hurt. This is why BULLY 911 is for you! The DVD includes a bonus feature with an extensive forum on bullies and bullying that addresses all issues of bullying with parents, kids, and child psychologists and provides defense techniques for victims to defend themselves from bullies, when all else fails.

Audience: Educators, Parents, Students (Middle and High)
Type: DVD Video (2007) 86 min. Education
Subjects: Bullying, Non-Violence, Self-Defense





Bully 911

<http://bully911.com/>

<http://itunes.apple.com/us/app/bully-911/id427873682?mt=8>

This App is a balanced look at bullying from all perspectives and provides practical advice covering the broad spectrum of solutions available to your child on a case-by-case basis. It is self-defense that is fun and easy to master. Easy-to-learn self-defense instructions for boys and girls.

Audience: Educators, Parents, Students (Middle and High)
Type: App (2011) FREE Education
Subjects: Bullying, Non-Violence, Self-Defense, Sportsmanship



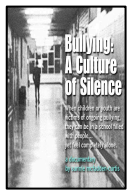
Bully Blaster

<http://itunes.apple.com/us/app/bully-blaster/id498281161?mt=8>

<http://abclocal.go.com/kfsn/story?section=news/education&id=8556096>

Have you ever been bullied? If yes, then this is the game for you! Fight your way through waves of positive and negative words as you help defeat bullying. Destroy all bad words, and collect good ones to achieve your highest score! The game was designed by teens from Center for Advanced Research and Technology (CART) for teens to increase awareness of the current issue of bullying.

Audience: Students (Elementary, Middle, High)
Type: App (2012) FREE Education, Games
Subjects: Bullying, Positive and Negative Words



Bullying: A Culture of Silence

Sunnie McFadden-Curtis

<http://benchboyproductions.com/index.htm>

Descriptor - Focuses on the victims and the profound and lasting consequences that bullying can have on families, friends, and bystanders. Investigates the rationale behind the silence that surrounds it with heartfelt accounts from victims and families along with gripping interviews with leading experts in the field. Viewer discretion is advised.

Audience: Educators, Parents
Type: DVD Video (2009) 52 min. Documentary
Subjects: Bullying, Bullying Prevention



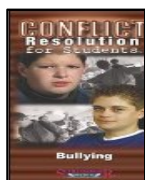


Bullying Behavior in Boys and What to Do About It

<http://www.acacamps.org/campmag/1105/bullying-behavior-in-boys>

The American Camping Association includes information and advice for summer camp personnel with regard to bullying behavior in boys and "how to respond to it in practical, effective ways." Contents: Bullying behavior in boys--what to do about it -- Introduction -- Bullying behavior in boys -- Three approaches: #1--Help the victim -- Three approaches: #2--Address the bully -- Three approaches: #3--Work with the other boys -- Use parents as allies -- Review.

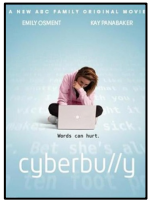
Audience: Educators, Parents
Type: DVD Video (2011) 30 min. Education
Subjects: Bullying, Bullying Prevention



Conflict Resolution for Students (Series)

Viewers examine two scenarios to gain a better understanding of the consequences of succumbing to peer pressure. In "Hacking, Cracking and Stealing," a student is cajoled by the star football player to hack into the school's computer system to amend a failing grade. In "With friends like these...," a new student is invited to a makeover party by the most popular girls, unwittingly joining them in a shoplifting spree. Teacher's guides include presentation suggestions, program summaries, discussion questions, suggested activities, and additional resources.

Audience: Educators, Parents, Students (Elementary, Middle, High)
Type: DVD Video 22 min. Education
Subjects: Bullying, Conflict with Authority, Crisis Intervention, Harassment, Peer Conflict, Peer Pressure, Public Performance Rights, Sexual Harassment, Student and Adult Conflict



Cyberbully: Words Can Hurt.

<http://www.imdb.com/title/tt1930315/>

Cyberbully follows Taylor Hillridge (Osment), a teenage girl who falls victim to online bullying, and the cost it takes on her as well as her friends and family.

Audience: Students (Middle and High), Parents
Type: DVD Video (2011) 87 min. Drama
Subjects: Bullying, Cyberbully, Internet Safety, LGBT, Friendship

Cyber safe: Identifying and Combating Cyber bullies

<http://trove.nla.gov.au/work/8451166?versionId=9753384>

Looks at what cyber bullying is and what students can do to protect themselves from this ever-increasing threat. Education for parents and school communities is also examined, with strategies on how to deal with cyber bullying and positive school wide solutions.

Audience: Educators, Parents, Students (Middle and High)
Type: DVD Video (2007) 26 min. Education
Subjects: Cyberbullying, Internet Safety



Cypress Ranch High School Anti Bullying Lip Dub “Who Do U Think U R?”

<http://www.youtube.com/watch?v=waAqJ6727Hk>

Students at Cypress Ranch High School came together to create an original Lip Dub video and to Stand Up to bullies by asking "Who Do U Think U R?" The entire project was created, filmed, sung, and performed by actual students.

Audience: Educators, Students (Middle and High), Parents
Type: Video (2012); 5 minutes, 26 seconds. Produced and directed by Triple Oswald, a Cypress Ranch Student
Subjects: Bullying, Friendship, Tolerance





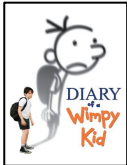
Destructive Issues

<http://www.destructiveissues.com/index.html>

<http://itunes.apple.com/us/app/destructive-issues/id402838694?mt=8>

Destructive Issues deals with the top 20 issues facing youth today. With current information and continually updated help resources this App will be the favorite help tool of anyone who works or cares about youth. From suicide to gangs, dropout to sexting this App is full of education, tell-tale signs, prevention tips, intervention tips, Q&A, scenarios, resources and more which will prove to be a game-changer. If you have ever felt alone in the battle of working with Destructive Issues, you cannot be without this App! Keep in mind this information is meant to be a help tool, not a substitute for medical or professional help. By downloading this App you agree not to hold Turning Point Experience liable for any negative results or misuse of the information.

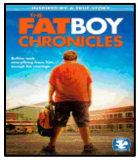
Audience: Educators, Parents
Type: App (2010) FREE Education
Subjects: Bullying, Cyber-Bullying, Gangs, Internet Safety, Peer Pressure, Self-Esteem



Diary of a Wimpy Kid

A live-action adaptation of Jeff Kinney's best-selling illustrated novel, Diary of a Wimpy Kid chronicles the adventures of skinny "middle child" Greg Heffley over the course of a school year, as told through his diary and hand-drawn cartoons.

Audience: Students (Upper Elementary and Middle Grades 5-8)
Type: DVD Video (2010) 93 min. Family
Subjects: Adolescent Behavior, Bullying, Friendship



The Fat Boy Chronicles

<http://thefatboychronicles.com/>

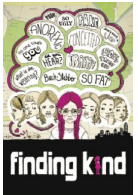
<http://www.imdb.com/title/tt1493243/>

Overweight outsider Jimmy Winterpock is subjected to cruel bullying from his high school classmates. Despite the constant teasing and torment, Jimmy's strength to never give up helps him focus on his goals to lose weight and win over the girl of his dreams.

Audience: Students (High School)

Type: DVD Video (2012) 78 min. Drama

Subjects: Bullying, Interpersonal Relationships, Obesity



Finding Kind

<http://www.imdb.com/title/tt1539991/>

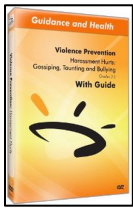
Lauren can still vividly recall the horrific experiences she went through with girls in middle school. She grew up well aware of the fact that females can be outright cruel to each other and the fact that society has done nothing to bring attention to the severity of this issue. If anything, society has glamorized, mocked and accepted the "mean girl" phenomenon. For the last ten years of her life she has wanted to change this phenomenon. Watch as Lauren and her best friend Molly combine their experiences and passion to uncover what is really going on within the "Girl World." The two girls packed their bags and traveled across America in a mini-van with both their mothers to interview hundreds of females around the country. The stories they found will shock you to your core. Watch as the girls embark on an emotional and revealing roller-coaster around the country, while finding kindness along the way.

Written by [Lauren Parsekian](#)

Audience: Students (High School)

Type: DVD Video (2012) 77 min. Documentary

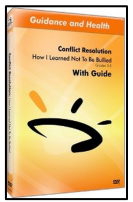
Subjects: Bullying in Schools, Interpersonal Relationships



Harassment Hurts Gossiping, Taunting and Bullying

This program gives youngsters the opportunity to consider and discuss strategies for coping with the effects of gossiping, taunting and bullying. What constitutes harassment? How does it make kids feel? What can they do to handle it? What should they do if they witness it? These are the questions that will be answered in this honest and highly effective program. With the encouragement of a school counselor, young teens share their own experiences coping with bullying, taunting and teasing. They view and react to dramatic vignettes that show realistic situations of harassment.

Audience: Students (Elementary Grades 3-6)
Type: DVD Video (2003) 23 min. Education
Subjects: Bullying, Gossip, Harassment, Teasing



How I Learned Not to Be Bullied

Presenting two children's first-person accounts of their success in learning how to deal with a bully, this program helps students understand how their behavior and attitudes affect how others treat them. Explains why bullies act the way they do and provides strategies for dealing with a bully.

Audience: Students (Elementary and Middle: Grades 3-6)
Type: DVD (2008) 14 min. Education
Subjects: Aggressiveness, Bullies



Let's Get Real

<http://groundspark.org/our-films-and-campaigns/lets-get-real>

This program includes a video and curriculum guide to allow children to speak about their own experiences with bullying; seeks to promote understanding and prevent prejudice by exploring awareness of a person's role in society. This program includes a video and curriculum guide

Audience: Educators (Upper Elementary, Middle, High: Grades 5-9), Parents
Type: DVD Video (2004) Documentary
Subjects: Bullying





Relational Aggression in Girls: Bullying Behavior and What to Do About It

Features a clear and powerful discussion of the complexities of relational aggression in girls and an overview of how to respond to it in practical, effective ways. The DVD reviews several of the factors that make bullying behavior so difficult in general and then thoughtfully clarifies the differences between girls and boys who intimidate or abuse others. The DVD also details a step-by-step process for responding to bullying behavior in girls, an approach that is essential for anyone working with children in groups, no matter what the setting. Among the topics covered: bullying behavior (relational aggression) in girls, bully behavior: two reasons, consequence: moving a dominant girl to another group, working with the parents of relationally aggressive girls.

Audience: Educators (Elementary, Middle, High), Parents
Type: DVD Video (2011) 37 min. Education
Subjects: Aggressiveness in Adolescence, Bullying Prevention, Conflict Management, Conduct Disorders and Interpersonal Relationships in Adolescence, Teenage Girls-Psychology



School 26 HD Free Version

<http://itunes.apple.com/us/app/school-26-hd-free-version/id461154956?mt=8>

School 26 follows Kate, a student whose nomadic family has made it difficult for her to maintain long-term friendships. As she enrolls at her 26th new school, she and her parents strike a deal: if Kate makes good friends here, the family will stay put. Now the player must help Kate use intuition, empathy, and strategy to build friendships and navigate the often-treacherous social hierarchies of high school in this unique game of social mastery.

Audience: Students (Middle and High)
Type: App (2012) Free Version Education Games
Subjects: Empathy, Friendship



Silent Witness: Bullying

Nearly 30 percent of teenagers are bullies or victims of bullying, and 88 percent of teenagers are bystanders who do not interfere. Several strides are being made in school districts across the country to encourage bystanders to stick up for people being bullied and report the bullying to an administrator.

Audience: Students (Middle and High)
Type: DVD Video (2010) 20 min.
Subjects: Bullying, Bullying Prevention, Bystander

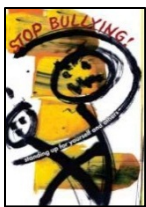


Stop Bullying Now Campaign Video Toolkit for 9-13 Year Olds

<http://www.stopbullying.gov/>

This video toolkit provides educators, administrators, health professionals, and parents campaign materials to promote bullying prevention in schools and communities. It includes 12 animated webisodes, firsthand bullying experiences in schools; video workshops developed for professionals in education, mental health, health and safety, law enforcement, and youth service fields; and radio and television public service announcements. Inv. Code: MCH00210

Audience: Educators, Students (Elementary and Middle), Parents
Type: DVD Kit (2006) education
Subjects: Bully Prevention, Character Education, Self-Perceptions, Violence Prevention

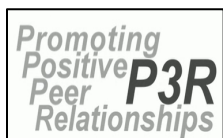


Stop bullying! Standing Up For Yourself and Others

Bullying is pervasive in our schools. Over 150,000 students stay home from school each day to avoid harassment from their peers. An estimated 1.6 million young people in grades six through ten are bullied at least once a week. Many young people feel helpless in these situations. They need to know what to do if they are bullied or if they are a witness to bullying. Through expert advice and students' real-life experiences, *Stop Bullying!* gives students concrete steps they can take to respond to bullying.

Audience: Students (Middle and High)
Type: DVD Video (2003) 20 min. Education
Subjects: Bully Prevention, Character Education, Self-Perceptions, Violence Prevention





Stories of Us: Promoting Positive Peer Relationships (P3R)

<http://www.storiesofus.com/>

P3R is a Bullying prevention curriculum that engages students in real work that is consistent with ELA and Health Education Standards. It is centered on highly authentic films made with students, for students. Lesson plans for creating movies can also be found on this site.

Audience: Middle School
Type: DVD Kit Education
Subjects: Attitudes, Bullying, Bullying Prevention, School Violence Prevention



Student Workshop: Stop Picking on Me!

http://www.kineticvideo.com/Bully_News_Can.pdf

From her command post at "Bully Control Center," Major Hassle uses realistic mini-dramas to show youngsters the do's and don'ts for dealing with bullies safely. Students learn the techniques that will help them contend with one of the most difficult problems facing them in schools.

Audience: Students (Elementary, Middle, High)
Type: Video Kit (2002) Education
Subjects: Bystander, Bullying, Character Development, Conflict Management, Violence Prevention



That's What I Am

Andy Nichol, 12, like most kids his age, will do anything to avoid conflict in fear of suffering overwhelming ridicule and punishment from his peers. Unfortunately for Andy, that's all about to change. Andy is put to the test when his English teacher, Mr. Simon (Ed Harris), pairs him up with the school's biggest outcast, Stanley. However, what Andy will soon learn is that there truly was a method behind Mr. Simon's madness as to why he teamed these two up... Not only does Andy discover that being different is acceptable in the end, but most importantly, he starts to understand the value of tolerance and culpability.

Audience: Students (Middle School)
Type: DVD Video (2011) 101 min. Drama
Subjects: Acceptance, Bullying, Tolerance





We are the Solution

<http://www.msnbc.msn.com/id/3032600/>

<http://www.youtube.com/watch?v=JyBTap2wudo>

My Kid Would Never Bully – Dateline episodes showing how kids react when put in situations with bullying.

Audience:	Educators, Students (Middle and High), Parents
Type:	Online video series - approx. 10 min. Education, News
Subjects:	Bullying, Obesity



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