Nation Wide Resources

National Suicide Prevention Lifeline:
- suicidepreventionlifeline.org
- 1-800-273-TALK (1-800-273-8255)

Crisis Text Line
- Text HOME to 741741

The Trevor Project: LGBTQ+ Youth Suicide Hotline
- thetrevorproject.org
- 1-866-4-U-TREVOR (1-866-488-7386)
- Text START to 678678

Suicide Hotline for Spanish Speakers
- 1-888-628-9454

Substance Abuse and Mental Health Services: Find a mental health provider near you
- findtreatment.samhsa.gov/locator
- 1-877-SAMHSA-7 (1-877-726-4187)

U.S. Department of Education Office for Civil Rights: Enforces several federal civil rights laws and assists in resolving complaints of discrimination
***If you have a complaint, please first talk to the DASA coordinator or a mental health professional at your school***
- ed.gov/about/offices/list/ocr
- 1-800-421-3481

U.S. Department of Justice Civil Rights Division: Enforces federal laws that protect students from harassment and discrimination and accepts complaints of potential violations
***If you have a complaint, please first talk to the DASA coordinator or a mental health professional at your school***
- justice.gov/crt
- 202-514-4609

ed.buffalo.edu/alberti | alberticenter@buffalo.edu | 716-645-1532

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Western New York Resources

BestSelf Behavioral Health: provides counseling and treatment services for parents, children, families, and adolescents
  • bestselfwny.org
  • 716-884-0888

Crisis Services Hotline
  • 24 Hour Crisis Hotline: 716-834-3131
  • Kids Help Line: 716-834-1144, or 1-877-KIDS-400 (1-877-543-1400)

Catholic Charities: provides emergency assistance, counseling, behavioral health, youth education, and more
  • ccwny.org
  • 716-856-4494

Child and Family Services: provides counseling, community based services, work-life support, education, mediation, and prevention for children, families, and individuals
  • cfsbny.org
  • 716-842-2750

Erie County Council for the Prevention of Alcohol and Substance Abuse: provides education, programs, and services for individuals and families on the prevention and intervention of alcohol and substance abuse
  • eccpasa.org
  • 716-831-2298

Every Person Influences Children: provides parents, teachers, and other educators with resources and programming on parent support, family literacy, character development in children, creating home school partnerships, and family engagement in education
  • epicforchildren.org
  • 1-888-819-EPIC (1-888-819-3742) or 716-332-4100

Family Help Center: links residents with human resources organizations and community resources to improve student achievement and behavior at school
  • familyhelpcenter.net
  • 716-892-2172

Mental Health Association of Erie County: provides support and advocacy for individuals and families living with mental illness
  • eriemha.org
  • 716-886-1242
  • For people under 18: 716-882-4357
  • Text MHA to 741-741

Prevention Focus/Teen Focus: provides programs and strategies proven to address problem behaviors and promote healthy choices for parents and children
  • preventionfocus.org
  • 716-884-3256

University at Buffalo Resources

Student Conduct & Advocacy
  • buffalo.edu/studentlife/who-we-are/departments/conduct.html
  • 716-645-6154

UB Counseling Center
  • buffalo.edu/studentlife/who-we-are/departments/counseling.html
  • 716-645-2720

UB Office of Equity, Diversity, and Inclusion
  • buffalo.edu/equity.html
  • 716-645-2266

University Police
  • buffalo.edu/police
  • Emergency Line: 716-645-2222
  • Non-Emergency Line: 716-645-2227