D University at Buffalo Alberti Center for Bullying Abuse Prevention Graduate School of Education

BULLYING ON COLLEGE CAMPUSES



Information for Parents and Educators

- Background
 - o Approximately 21% of college students report being current victims of bullying1
 - o Both male and female college students report experiencing bullying in college2
 - o Between 4.6 and 43% of college students report being cyberbullied in college1, with no significant differences across all gender and racial or ethnic groups3
 - o Over half of surveyed college students reported experiencing at least one hazing behavior (e.g., sleep deprivation, humiliation, drinking large amounts of alcohol)₄
- What are the Consequences?
 - o Studies have shown that current or past bullying victims may have significantly lower academic motivation₂
 - o The effects of bullying after high school can negatively impact life in college as well as educational outcomes even after the harassment has stopped₂
 - o Experiencing bullying in college has been linked to alcohol consumption and problematic drinking behavior_5

How to Help Students

- Share information regarding bullying/cyberbullying/hazing and how to report it with residents (especially Freshman), sororities, fraternities, etc.
- Educate students on how to use technology safely and effectively, such as:
 - o Changing passwords frequently
 - o Printing out evidence of cyberbullying as it happens
 - o Reporting incidents of bullying or hazing to proper authorities
- Encourage students to talk to someone they trust if they or someone they know is being bullied
- Be aware of campus policies or laws, and whether certain bullying acts violate these

ed.buffalo.edu/alberti | alberticenter@buffalo.edu | 716-645-1532 February 2020

Resources for More Information

StopHazing: Educating to Eliminate Hazing

stophazing.org

A Thin Line: Sexting and Cyberbullying:

athinline.org

U.S. Department of Justice Civil Rights Division

justice.gov/crt | 1-877-292-3804

REFERENCES

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Get Help Now



Within the University at Buffalo University Police: 716-645-2222 Office of Judicial Affairs: 716-645-6154 Counseling Center: 716-645-2720 Office of Equity, Diversity, and Inclusion: 716-645-2266

Within Western New York

Buffalo Crisis Services Hotline: 716-834-1144 or 1-877-KIDS-400 Catholic Charities for Therapeutic Support: 716-218-1400

Within the United States

National Suicide Prevention Helpline: 1-800-273-TALK Suicide Hotline for Spanish Speakers: 1-888-628-9454 Crisis Chat: crisischat.org