Supporting Schools in Times of Physical Distancing & Crisis

Jennifer Noe, LMSW
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Smallwood Drive Elementary School
Amherst Central Schools
Supporting...

Students

Teachers

Families
“THE TRUE IMPACT OF COVID-19 WILL NOT BE KNOWN FOR YEARS TO COME, BUT WE DO KNOW THAT THIS PANDEMIC HAS CAUSED CONCERN FOR WIDESPREAD TRAUMA IN THE LIVES OF CHILDREN.”

–The Washington Post
Supporting Students
Build a sense of community

* Find ways to connect school and home keep your PBIS ideas alive!

* Connect with students while they are at home or in school. Keep your in school traditions alive in remote learning!
Help students feel physically and emotionally safe

* Teach ways to stay physically safe during this time and create time to have conversations about safety.

* Talk to students about who to talk to when they have strong feelings.

* Create a safe and predictable atmosphere when in school and when remote.
Encourage students to express feelings and emotions.

*Incorporate Social Emotional Learning everyday during both in person and remote learning.*
Refer When Needed

*Help teachers understand mental health warning signs
*Develop a tiered support plan within school and in the community.
*Support parents with access to mental health services.
Celebrate Success

**MOVIN' AND GROOVIN'**

SMALLWOOD SPECIAL AREAS WEEKLY NEWSLETTER

Monday Morning “Virtual” TV Announcements here!

OUR STUDENTS OF THE MONTH FOR APRIL
Accepting Responsibility

#SmallwoodSchoolsGreat

**Teacher Appreciation**

Congratulations 5th Grade
Supporting Teachers
Social & Emotional Support for Teachers

- Allow for time to intentionally check in with teachers frequently.

- Find ways to connect while socially distantly or remote teaching.

- Encourage and provide ideas for personal self-care.
Teacher Morale Boosters!

* Find creative ways to come together

* Develop a culture that it is OK to not be OK

* Find creative ways to add encouragement and celebrate successes
Supporting Families

* Help families easily incorporate rules and structure at home.

* Help families stay connected to the school environment.
Supporting Families

Social and Emotional Health

MRS. NOE AND ROARY VIDEO SERIES
Click Below for another Video from Mrs. Noe and Roary

Roller coaster
Breaths!

This week, boys and girls, we are providing you with another segment of what we love to call “classic rewind.” In this video, Roary is having a bad day as he is struggling with not following the teacher’s directions (could this also be happening at home?). Mrs. Noe teaches Roary another technique to help get his emotions under control!

Practice being a friend
- Use kind words
- Share with everyone
- Include everyone
- Play fair

Always be respectful
- Follow your Parent’s directions to the tee
- Clean up after yourself
- Make sure to be kind to your Parents and siblings

Work to learn and grow
- Do your work packets
- Read
- Look for opportunities where learning is at home
- Practice daily

Safety First
- Wash your hands
- Stay with your family at home
- Drink plenty of water
- Use an inside voice

Social and Emotional Health

How to “Fill a Bucket” at Home

This is one of our favorite books and we are certain that many Smallwood children will be familiar with it! The concept of this book is that everyone is born with an invisible bucket and this bucket can be filled up with kindness, thoughtfulness and positive behavior, what we love about this book is that it teaches about the positive feelings we receive when people fill our buckets, and also the positive feelings we receive in return when we fill the buckets of others.

Examples of ways to fill someone else’s bucket from the book include smiling, sharing, playing together, listening to one another, and using kind manners and kind words. This is very similar to what we expect with our PAWS rules!

As we continue to navigate the global pandemic, including the need to social distance ourselves from others, we are aware that feelings are often changing. These strong feelings often impact our mood and the mood of our children. Reading this story together and creating your own buckets as a family can be a fantastic reminder of how we feel when someone fills our bucket and how we feel when we fill the bucket of someone else!

SMALLWOOD DRIVE
SCHOOL EVENT!

THE VIRTUAL
SING-OFF
(ON-LINE ONLY)

TONIGHT
6:30 P.M.

VISIT OUR TWITTER PAGE
@SMALLWOODDRIVE TO ENJOY
THE FAMILY-FUN EVENT!