The Prevention of School Violence

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Dr. Cornell has studied youth violence for nearly 30 years and has assisted numerous schools in the development of violence prevention programs. He has authored more than 200 publications in psychology and education, including: Guidelines for Responding to Student Threats of Violence and School Violence: Fears versus Facts.



Overview

- 1. Our schools are safe.
- 2. Prevention is effective
- 3. School climate is critical to bullying prevention.
- 4. Use threat assessment, not zero tolerance.

School shootings generate increased fear that can lead to over-reactions.

Sandy Hook Shooting Inspires Bulletproof Kids Clothing





Fear mongering

Zero Tolerance Suspensions





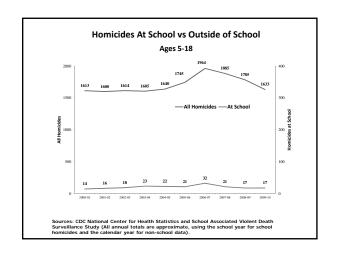


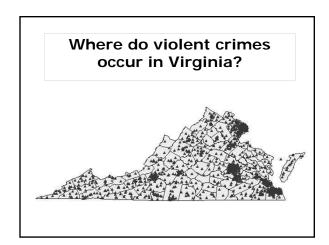
9 year old with toy gun

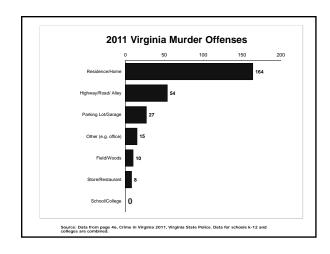
12 year old doodler

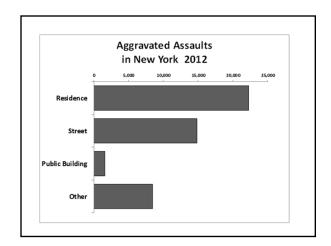
Poem about Sandy Hook, "I understand the killings..."

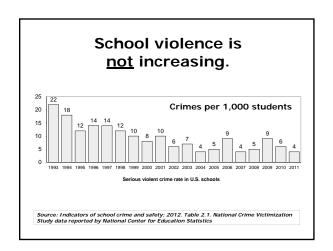
http://www.nydallynews.com/new-york/education/desk-doodling-toy-gun-incidents-clear-educators-lack-common-sense-article-1.194.105 http://www.nydallynews.com/news/national/california-teen-suspended-newtown-poem-article-1.1230655 Objectively, our schools are safe.

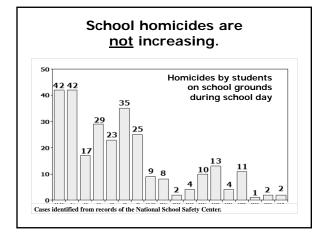












What is the likelihood of a student committing a homicide at your school?

- 93 student homicides cases in 10 years = 9.3/year
- 119,000 schools
- $119,000 \div 9.3/_{year} =$
- 1 case every 12,796 years

Where do we need police protection?

- Location A -- highest crime rate
- Location B -- medium crime rate
- Location C -- lowest crime rate

Unless we have unlimited police resources, we should place any additional officers in locations with the highest crime rates.

What if the media devotes 95% of its coverage to crime in Location C?

Location A -- highest crime rate

• Location B -- medium crime rate

• Location C -- lowest crime rate

Media coverage should not compromise an objective assessment of crime rates and security needs.

Arming our teachers is not that easy

Gun group offers training for Utah teachers



Prevention means "to keep something from happening"



Crisis response is not prevention.



A crisis occurs when prevention has failed.

Prevention must start before the gunman is at your door.



Critics say,
"We can't *predict* who
will be violent,
so prevention is not
possible."

However,....

Prevention does not require prediction.



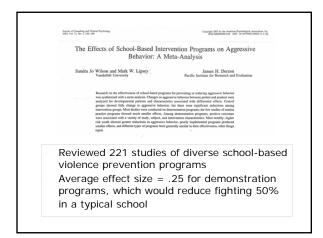
We cannot predict who will have an accident, but safety regulations make safer roads, cars, and drivers.

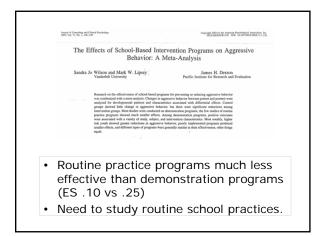
Prevention does not require prediction.



We cannot predict who will get cancer, but we can identify risk and protective factors that reduce cancer rates dramatically.

How do we know whether prevention works?

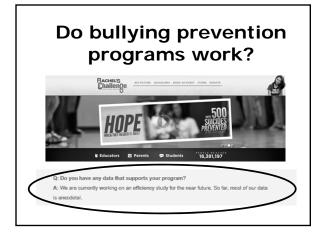




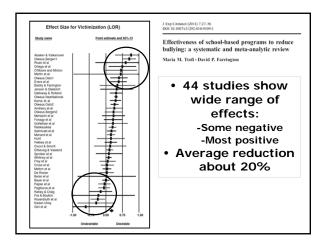
Numerous Effective Programs

- Anger management
- Bullying prevention NREPP SAMISA's National Registry of NATIONAL REGISTRY OF NREPP SAMISA'S NATIONAL REGISTRY OF NA
- Conflict resolution
- · Family therapy
- Parenting skills
- Problem-solving
- Social competence
- · Substance abuse resistance
- · Etc.

Many school-based prevention programs have not been evaluated.



Many school-based bullying prevention programs have yielded disappointing results.



Maybe formal programs alone are not enough.



You do not have to be a super-hero to stop bullying.

Nor should schools just rely on a super program.



Formal programs alone are not enough.

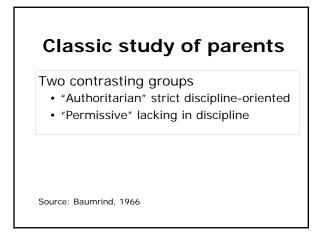
Schools need a school climate that encourages appropriate student behavior.

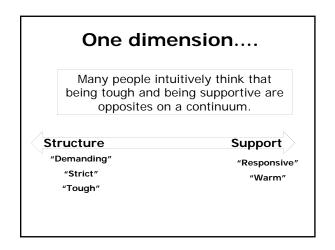
Survey of principals

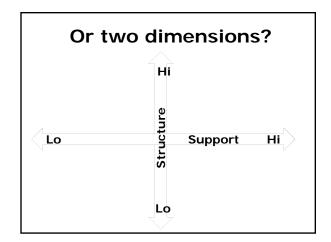
Two contrasting groups

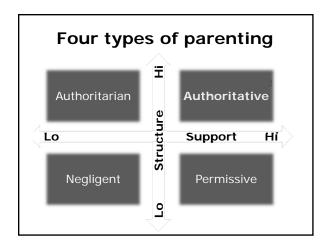
- "Get-tough" strict discipline-oriented
- $\bullet \ \hbox{\tt "Be supportive" prevention-oriented}$

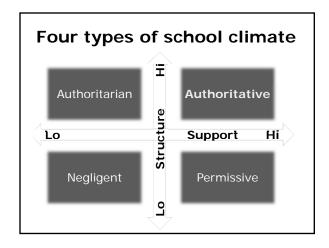
Source: Skiba & Edl, 2004

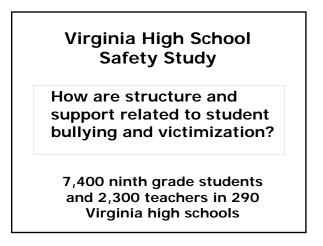


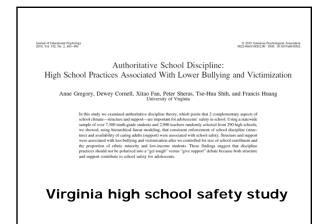






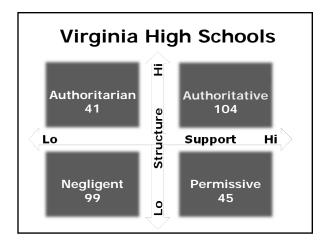






School Climate Scales

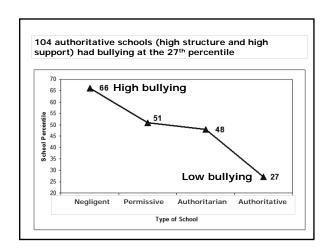
- 1. Structure
 - Rules are strictly enforced, but fair
- 2. Support
 - Teachers treat me with respect, willing to seek help from them.

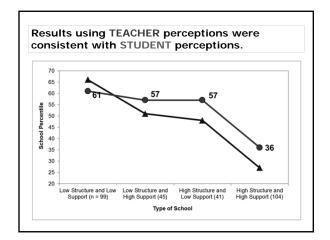


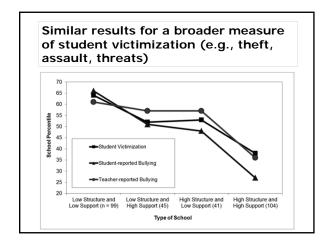
Bullying Climate Scale	Disagree/ Strongly Disagree	Agree/ Strongly Agree
Bullying is a problem at this school.	53	47
Students here often get teased about their clothing or physical appearance.	29	71
Students here often get put down because of their race or ethnicity.	65	35
There is a lot of teasing about sexual topics at this school.	45	55

- Stable factor structure
- Works for males and females, grades 6-12, white and minority students
- · Teacher and student versions

Victimization		True
This year in school have any of the following happened to you personally in the school?	False	
Damage to personal property worth more than \$10.	85	15
Theft of personal property worth more than \$10.	80	20
Was physically attacked and had to see a doctor	96	4
Was physically attacked, but not serious enough to see a doctor.	87	13
Received obscene remarks or gestures from a student.	49	51
Was threatened in remarks by a student.	72	28
Had a weapon pulled on me.	96	4







Virginia High School

Safety Study

supportive" policies, but should strive for both. However, rules

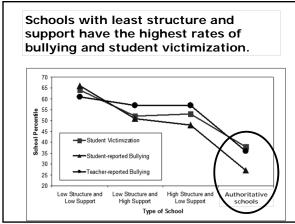
must be enforced in a fair and

http://curry.virginia.edu/research/projects/virginiasecondary-school-climate-study

consistent manner that respects

Schools do not have to choose between "get tough" and "be

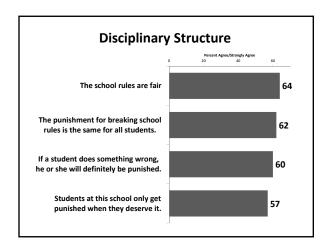
and supports students.

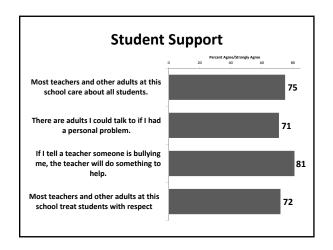


Would results from

high schools extend to middle schools?

Virginia Middle School **Climate Survey** 423 Schools (98%) 9,134 Teachers (79%) 43,805 Students 7-8 (85%)



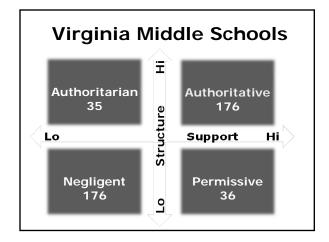


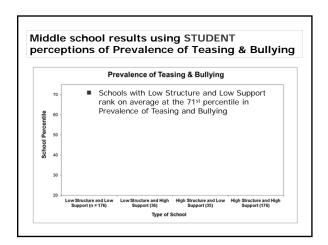
Prevalence of Teasing and Bullying Scale	
Bullying is a problem at this school.	53
Students here often get teased about their clothing or physical appearance.	71
Students here often get put down because of their race or ethnicity.	37
There is a lot of teasing about sexual topics at this school.	54
Students here get teased or put down about their sexual orientation.	40
Students get teased or put down about their religion at this school.	22
Students treat one another with respect in this school (reverse scored for scale)	46

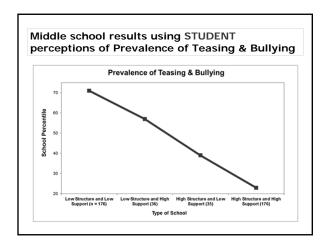
Schools with high structure and high support:

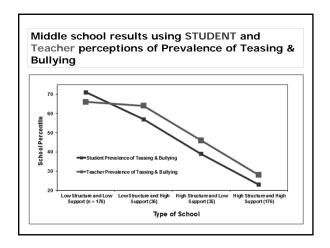
Findings are consistent across schools regardless of:

- School size
- Student poverty %
- Minority students %
- Urbanicity

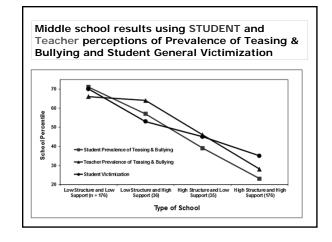


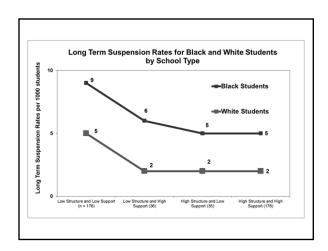


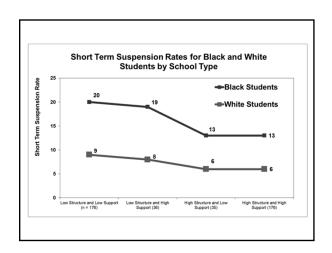




Middle School General Victimization Have any of the following happened to you personally at school this year? This includes while you are going to or	One or
from school. This also includes school events like field trips, school dances, and sports events.	times
A student stole my personal property.	42
A student physically attack, pushed, or hit me.	36
A student threatened to hurt me.	34
A student threatened me with a weapon.	9
A student said mean or insulting things to me.	63

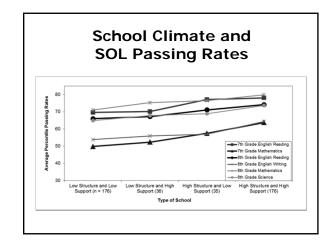






How is school climate related to school performance on statemandated testing?







Case example: How schools permit and even promote bullying

- · School newspaper
- · Rest room monitoring
- · Hallway teasing
- · Classroom mischief
- · Uneven enforcement
- · Marching band initiation
- · Gym class humiliation
- Group rivalry

Contributing Factors

Bullying Mental Illness Peer Influences Access to guns



Prevention Opportunities

Bullying Mental Illness Peer Influences Access to guns



Why is snitching so reviled?

Snitch: blabbermouth, canary, fink, narc, rat, sneak, squealer, stoolie, stoolpigeon, tattletale, etc.



Teach students to distinguish snitching from seeking help

Snitching: informing on someone

for personal gain

Seeking help: attempting to stop

someone from being hurt



FBI Recommendations on School Violence



Download at www.fbi.gov "Although the risk of an actual shooting incident at any one school is very low, threats of violence are potentially a problem at any school. Once a threat is made, having a fair, rational, and standardized method of evaluating and responding to threats is critically important." (FBI report p 1)



Download at: www.secretservice.gov

Secret Service/DOE Recommendations:

- Create a planning team to develop a threat assessment program.
- Identify roles for school personnel.
- Clarify role of law enforcement.
- Conduct threat assessments of students who make threats of violence.

What is Threat Assessment?

Threat assessment is a problemsolving approach to violence prevention that involves assessment and intervention with students who have threatened violence in some way.

Threat Assessment

- 1. Identification of threats made by students.
- Evaluation of seriousness of threat and danger it poses to others, recognizing that all threats are not the same (e.g., toy guns are not dangerous).
- 3. Intervention to reduce risk of violence.
- 4. Follow-up to assess intervention results.



Threat assessment is not designed to determine whether a student has MADE a threat, but whether a student POSES a threat.

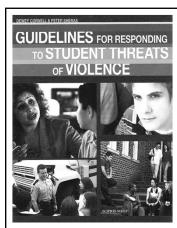




Guidelines for Responding to Student Threats of Violence

A collaborative project of:
University of Virginia Curry School of Education
Albemarle County Public Schools
Charlottesville City Public Schools

Funded by the Jessie Ball duPont Fund



- Legally defensible procedures for responding to student threats
- Step-by-step guidelines and decision-tree
- Research-based and field-tested
- Covers K-12, regular and special education

Available from sopriswest.com

Goals of Threat Assessment

- 1. Prevent violence.
- 2. Address problems such as bullying before they escalate.
- 3. Reduce use of school suspension
- 4. Improve student trust in staff.

Team roles

Principal or Assistant Principal	Leads team, conducts Step 1.
School Resource Officer	Advises team, responds to illegal actions and emergencies.
Mental Health Staff (School counselors, psychologists, social workers)	Team member to conduct mental health assessments.
	Team member to take lead role in follow-up interventions.
Not required to serve on team Teachers, aides, other staff	Report threats, provide input to team. No additional workload.

School divisions may further specify team roles and include other staff to meet local needs.

No Magic Formula or Crystal Ball

There is no formula, prescription, or checklist that will predict or prevent all violent acts. School authorities must make reasoned judgments based on the facts of each individual situation, and monitor situations over time.



What is a threat?

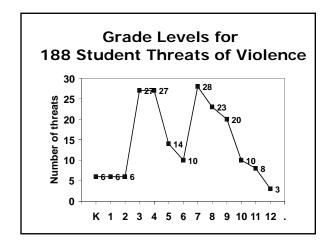
A threat is an expression of intent to harm someone.

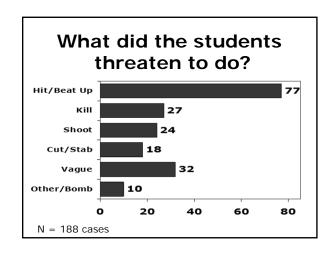
Threats may be spoken, written, or gestured.

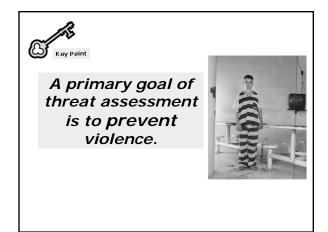
Threats may be direct or indirect, and need not be communicated to the intended victim or victims. ("I'm going to get him.")

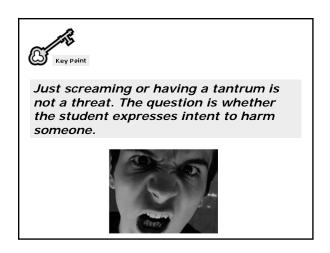
Weapon possession is presumed to be a threat unless circumstances clearly indicate otherwise. ("I forgot my knife was in my backpack.")

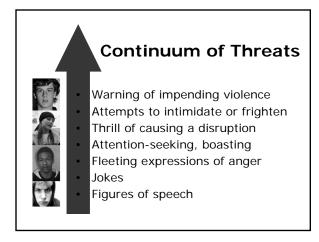
When in doubt, assume it is a threat.

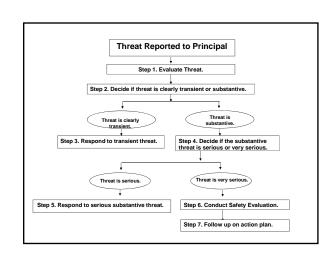












Step 1. Evaluate the threat.

- Obtain an account of the threat and the context from the student and witnesses.
- · Write down the exact threat.
- Obtain student's explanation of the threat's meaning and his/her intentions.
- Obtain witness perceptions of the threat's meaning.

Document your evaluation.

Typical Questions

- 1. Do you know why I wanted to talk to you?
- 2. What happened today when you were [place of incident]?
- 3. What exactly did you say and do?
- 4. What did you mean when you said/did that?
- 5. How do you think [person threatened] feels about what you said?
- 6. What was the reason you said that?
- 7. What you going to do now?

Witness Questions

- 1. What happened today when you were [place of incident]?
- 2. What exactly did [student who made threat] say and do?
- 3. What do you think he/she meant?
- 4. How do you feel about what he/she said?
- 5. Why did he/she say that?

All threats are not the same.

- "I could just kill you for that!" (laughing)
- "I'm gonna kick your butt."
- "There's a bomb in the school."
- "Wait until I get my gun!"
- "Let's really make them pay for what they did."

Context matters...

Step 2. Transient or Substantive?

- Determine whether the threat is transient or substantive.
- The critical issue is not what the student threatened to do, but whether the student intends to carry out the threat.
- When in doubt, treat a threat as substantive.

Transient versus substantive threats Substantive Threats Transient Threats

Transient threats

- Often are rhetorical remarks, not genuine expressions of intent to harm.
- At worst, express temporary feelings of anger or frustration.
- Usually can be resolved on the scene or in the office.
- · After resolution, the threat no longer exists.
- · Usually end with an apology or clarification.

Substantive threats

- Express intent to physically injure someone beyond the immediate situation.
- There is at least some risk the student will carry out the threat.
- Require that you take protective action, including warning intended victims and parents.
- May be legal violations and require police consultation.
- · When in doubt, treat threats as substantive.

Substantive threats: Factors to consider

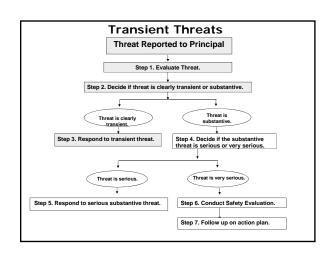
- Age of student
- · Capability of student to carry out the threat
- · Student's discipline history
- Credibility of student and willingness to acknowledge his or her behavior
- Credibility of witness accounts
- · When in doubt, treat threats as substantive.

Presumptive indicators of substantive threats

- Specific, plausible details. ("I am going to blast Mr. Johnson with my pistol.")
- Threat has been repeated over time. ("He's been telling everyone he is going to get you.")
- Threat reported as a plan ("Wait until you see what happens next Tuesday in the library.")
- · Accomplices or recruitment of accomplices.
- Physical evidence of intent (written plans, lists of victims, bomb materials, etc.)

Case examples: Transient or substantive threat?

- Two elementary students to throw paper wads pretending to bomb one another.
- Two middle school students get in a shoving match. One says, "I'm gonna bust you up."
- 3. A boy turns in an English essay that describes an especially violent scene from a war.
- 4. Two students get into a fight. After they are separated, both are sullen and quiet.
- A student says he is being bullied. He was warned that if he told anyone, they would beat him up.



Step 3. Responses to a transient threat.

- · No need to take safety precautions.
- See that threat is resolved through explanation, apology, making amends.
- Provide counseling and education where appropriate.
- · Administer discipline if appropriate.



Students DO NOT have to be suspended for making a threatening statement.

Many threats can be resolved without suspension.



Zero Tolerance

A policy that mandates a severe punishment that is applied to all violations regardless of the circumstances.

From APA Zero Tolerance Task Force Report, 2006

The *Expansion* of Zero Tolerance



From No Guns to

- No Toy Guns
- No Nail clippers
- No Plastic utensils
- No Finger-pointing
- No Jokes
- No Drawings
- No Rubber band shooting

No Accidental violations

Nervous Officials No Longer Ignoring Threats by Students

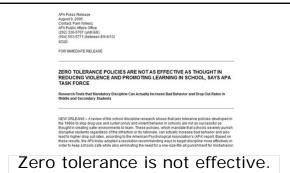
Around the Country, Children Are Being Arrested

- 4 Kindergarten students suspended for playing cops and robbers during recess.
- New Jersey district zero tolerance policy resulted in 50 suspensions in 6 weeks, mostly in kindergarten and 3rd grade for verbal threats.
- 8 yr old suspended for pointing a chicken finger at a teacher, saying pow-pow
- 10 yr old expelled for a 1" GI Joe toy gun
- 14 yr old convicted of felony for e-mail threat
- 17 yr old arrested & expelled for shooting a paper clip with a rubber band

The disconnect between youth violence and school safety practices Cub Scout utensil gets boy, 6, school suspension First-grader brought it to eat his lunch with; now he's facing reform school by this claus: TODAY/Bho. come contributor updated 38 minutes ago Drassed in a button-down shirt and his and speaking calmly and articulately, first-grader Zachary Christe hardly looks or acts like the sort of kid who should be spending 45 days in reform school, flut, thanks to a zero-tolkrance pokey, that's where Zachary's Delaware school system wants him to go after he made the mistake of taking his favorite camping uternal to

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e 6-year-old's
)AY's Meredith

Co First-grader suspended over camping utensili.
Oct. 13: 6-year-old Zachary Christie was suspended after he brought a camping utensil to school. TODAY's Meredith Viera tals to Zachary, him other, Debble, and her fance, Lee irving, about the incident.

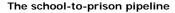


Suspension associated with poorer outcomes for students.

Suspension Practices

Suspension is a practice that has more negative than positive effects on students:

- · Fall behind in their classes
- · Feel alienated and rejected
- · Continue to misbehave and be suspended
- · Drop out of school
- · Juvenile court involvement







Zero tolerance is not needed for student threats of violence. Threat assessment is a more flexible and effective alternative.

Transient Case Steps

Step 1. Evaluate the threat.

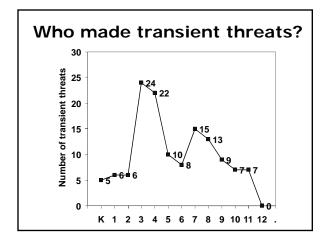
- Obtain a specific account of the threat by interviewing the student who made threat, the intended victim, and other witnesses.
- Write down the exact content of threat and statements by each party.
- Consider the circumstances in which the threat was made and the student's intentions.

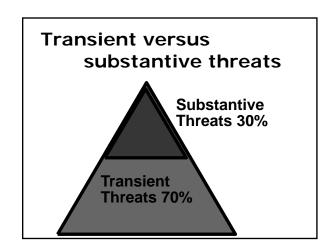
Step 2. Decide whether the threat is transient or substantive. Consider criteria for transient versus substantive threats.

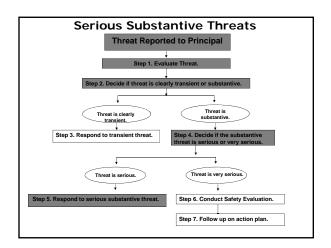
- Consider student's age, credibility, and previous discipline history.

Step 3. Respond to transient threat.

- Typical responses may include reprimand, parental notification, or other disciplinary action.
- Student may need to make amends and attend mediation or

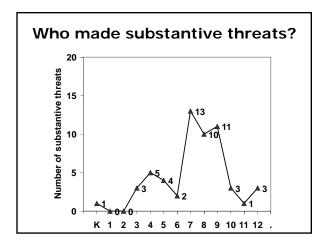






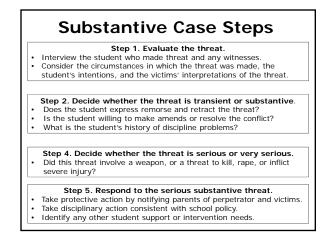
Step 4. Serious or very serious substantive threat?

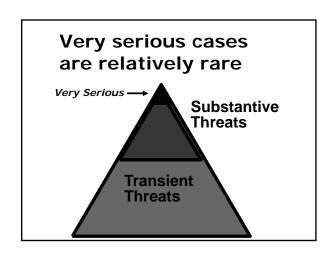
- Substantive assault threats are classified serious. ("I'm gonna beat him up.")
- Substantive threats to kill, rape, or inflict very serious injury are classified very serious.
 ("I'm gonna break his arm.")
- Substantive threats involving a weapon are classified very serious.

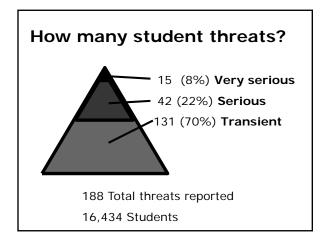


Step 5. Respond to serious substantive threat.

- Take precautions to protect potential victims.
 May consult with law enforcement.
- Notify intended victim and victim's parents.
- · Notify student's parents.
- · Discipline student for threat.
- Determine appropriate intervention for student, such as counseling or dispute mediation.
- Follow up to verify that threat has been resolved and interventions in progress.









Step 6. Conduct a Safety Evaluation for a Very Serious Substantive Threat.

Safety Evaluation conducted by a team.

- · Principal leads the team.
- School psychologist or other mental health professional conducts Mental Health Assessment.
- School resource officer consults on legal issues.
- School counselor leads intervention planning.



In a threat assessment, we try to determine **Why** a student made a threat, and therefore how we can **prevent** the threat from being carried out.

Very Serious Substantive Threat: Case Example of 8th Grade John

- 8th grade John reported by another student to have a hit list.
- Tells former girlfriend, "I'm gonna get even with you and all your friends by blowing you all away with a shotgun."
- John denies hit list or threatening statement. Later acknowledges anger at several classmates and at Alice, his former girlfriend.

Immediate responses to a Very Serious Substantive Threat

- Take precautions to protect potential victims.
- Consult with law enforcement promptly.
- Notify intended victim and victim's parents.
- · Notify student's parents.
- Begin Mental Health Assessment.
- · Determine safety during suspension.

Very Serious Substantive Threat: Case Example of 8th Grade John

- Principal contacted SRO. They inquire about John's access to firearms.
- Parents summoned to school. John is suspended, referred for evaluation.
- Parents of victims are informed of threat, reassured about school's actions.

Law Enforcement Investigation of Very Serious Substantive Threats

- Interview suspects and witnesses.
- Conduct searches for weapons and other evidence of planning.
- Serve as a resource for students with fears or information to share
- Take appropriate protective action.

Mental Health Assessment

- Not a prediction model.
- Identify any mental health needs.
- Identify reasons why threat was made.
- Propose strategies for reducing risk.





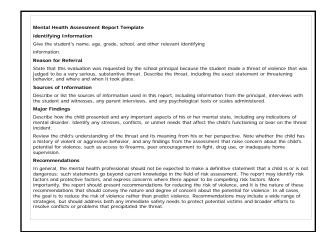
Our mental health assessments are not designed to PREDICT violence, but to find ways to PREVENT violence.

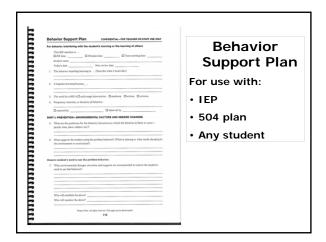
Very Serious Substantive Threat: Case Example of 8th Grade John

- John describes feeling rejected by Alice, teased by other boys.
- John admits hit list. Denies intent to hurt anyone. "They was messing with me and I was messing back."
- John is willing to attend mediation sessions.

Very Serious Substantive Threat: Case Example of 8th Grade John

- John's mother reports that John was treated for depression, stopped his medication a few months ago.
- John is stressed over parental separation and conflict.
- John does not have history of violence, does not have ready access to firearms.





Step 7. Follow up with action plan.

- · Determine action plan to reduce risk of violence.
- · Identify appropriate interventions for student.
- Schedule follow-up contact with student to assess current risk and update plan.
- Document plan in Safety Evaluation Report.

Very Serious Substantive Threat: Case Example of 8th Grade John

- John returns to outpatient treatment.
 Parents recognize impact of their conflict on John.
- Dispute with boys is investigated. John attends mediation sessions with other students. Mutual apologies are given.
- John meets with SRO, agrees to report further problems to him. School counselor establishes relationship.



Typical Threat 1

- An angry student says "I'm gonna kill you" to a classmate.
- What do you do?

Typical Threat 1

- On interview, the student says he has no plans to harm the classmate and that he just lost his temper. He offers to apologize.
- What kind of threat?

Typical Threat 2

- A student tells a friend that he is going to beat up Joe in the back parking lot after school today. The friend tells you.
- What do you do?

Typical Threat 2

- On interview, the student denies making such a statement. He says that what he does after school is his own business.
- What kind of threat?

Typical Threat 3

- A student sends an email threatening to "blow away the preps" at school. When interviewed, the boy says he has a right to free speech. He has a history of discipline problems and students say they are worried.
- · What kind of threat?
- What do you do?

Typical Threat 3

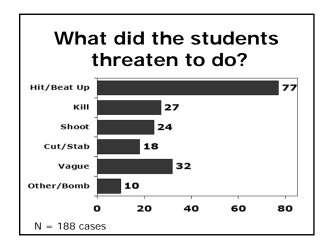
- A student sends an email threatening to "blow away the preps" at school. When interviewed, the boy says he has a right to free speech. He has a history of discipline problems and students say they are worried.
- This threat is substantive because it cannot be easily resolved. It is very serious because it involves a threat to kill.

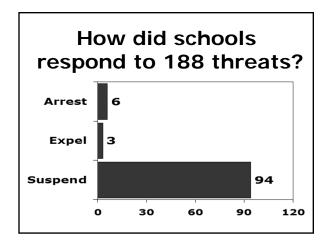


Research on Threat Assessment

- 1. Initial field-test study
- 2. Memphis field test
- 3. High school climate study
- 4. High school suspension study
- 5. Randomized controlled trial

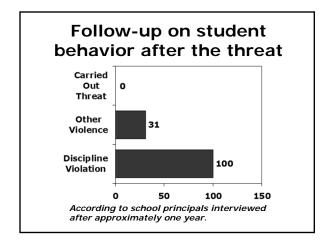






Follow-up interviews on student threats

- Interviews conducted with school principals at end of school year and again the following fall.
- Follow-up time periods averaged 148 days until end of school year.
- Four students did not return to school after the threat, 17 left within 30 days after threat.







Virginia High School Threat Assessment Study

- 95 high schools using the UVA threat assessment model
- 131 using locally developed models
- 54 not using threat assessment

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